

# LRS DOWALT - 1/4 Marathon

## Overall Male Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1083	Brian Walker	00:35:16.78		Runner	Winnipeg, CAN	3:22/K	17.9kph	1	35	
2.	1011	John-Peter De Jong	00:45:26.99		Runner	La Broquerie, MB	4:20/K	13.9kph	2	20	
3.	1004	Heriberto Ayala	00:47:20.45		Runner	Mitchell, MB	4:30/K	13.3kph	3	36	

## Overall Female Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1017	Catherine Engel	00:47:57.29		Runner	Steinbach, MB	4:34/K	13.1kph	7	41	
2.	1062	Jaala Ross	00:48:55.51		Runner	La Broquerie, MB	4:40/K	12.9kph	8	36	
3.	1085	Merideth Froese	00:51:23.09		Runner	Steinbach, CAN	4:54/K	12.3kph	14	38	

## Male 0 - 9

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1001	Lucas Adrian	00:56:11.83		Runner	Mitchell, MB	5:21/K	11.2kph	33	9	
2.	1024	Dylan Godlewski	00:56:14.19		Runner	Mitchell, MB	5:21/K	11.2kph	35	9	

## Female 0 - 9

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1097	Natalie Vermette	00:53:18.44		Runner	Ste. Anne, MB	5:05/K	11.8kph	24	0	

## Male 10 - 14

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1007	Jeremy Borsch	00:53:25.69		Runner	Kleefeld, MB	5:05/K	11.8kph	25	13	
2.	1079	Trent Wight	00:59:57.23		Runner	Steinbach, MB	5:43/K	10.5kph	51	12	
3.	1025	Noah Godlewski	01:03:23.58		Runner	Mitchell, MB	6:02/K	9.9kph	58	11	
4.	1054	Jude Plett	01:08:55.54		Runner	Steinbach, MB	6:34/K	9.1kph	73	11	

## Female 10 - 14

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1077	Amanda Wiewel	01:05:31.22		Runner	Steinbach, MB	6:14/K	9.6kph	64	13	

## Male 15 - 19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1010	Nico Chiasson	00:49:56.16		Runner	Steinbach, MB	4:45/K	12.6kph	10	17	

## Female 15 - 19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1022	Miriam Ghebray	01:06:32.32		Runner	Steinbach, MB	6:20/K	9.5kph	68	17	
2.	1086	Esfir Goncharova	01:06:40.35		Runner	Steinbach, MB	6:21/K	9.4kph	69	17	

## Male 20 - 24

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1011	John-Peter De Jong	00:45:26.99		Runner	La Broquerie, MB	4:20/K	13.9kph	2	20	
2.	1068	Kyle Suebzon	00:53:44.82		Runner	Steinbach, MB	5:07/K	11.7kph	26	21	

## Female 20 - 24

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1036	Emma Laferriere	00:52:06.93		Runner	Mitchell, MB	4:58/K	12.1kph	18	22	

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2.	1043	Brittany Penner	00:55:10.42	Runner	Blumenort, MB	5:15/K	11.4kph	28	23
3.	1050	Jordyn Perrin	00:56:21.73	Runner	Ste. Anne, MB	5:22/K	11.2kph	38	24

## Male 25 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1081	Matthew Woodmass	00:47:20.59		Runner	Steinbach, MB	4:30/K	13.3kph	4	29	
2.	1049	Trenton Penner	00:47:53.54		Runner	Winnipeg, MB	4:34/K	13.2kph	6	29	
3.	1089	Leonid Goncharov	00:51:19.13		Runner	Steinbach, MB	4:53/K	12.3kph	13	26	
4.	1065	Marc Ste Marie	00:52:08.22		Runner	Ste. Anne, MB	4:58/K	12.1kph	19	28	

## Female 25 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1060	Meaghan Rempel	00:59:30.13		Runner	Winnipeg, MB	5:40/K	10.6kph	49	26	
2.	1045	Hillari Penner	01:05:17.19		Runner	Lorette, MB	6:13/K	9.7kph	62	27	
3.	1059	Jamie Reimer	01:05:18.21		Runner	Steinbach, MB	6:13/K	9.6kph	63	27	
4.	1076	Geralyn Wichers	01:06:22.28		Runner	STEINBACH, MB	6:19/K	9.5kph	67	26	
5.	1051	Diana Peters	01:09:29.50		Runner	Steinbach, MB	6:37/K	9.1kph	75	27	
6.	1023	Angela Godlewski	01:09:41.68		Runner	Mitchell, MB	6:38/K	9.0kph	76	29	
7.	1073	Jessica Van Der Breggen	01:15:06.57		Runner	La Broquerie, MB	7:09/K	8.4kph	77	29	
8.	1027	Heather Hildebrand	01:15:59.44		Runner	Steinbach, MB	7:14/K	8.3kph	79	27	

## Male 30 - 34

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1038	Brent Manke	00:52:33.20		Runner	Steinbach, MB	5:00/K	12.0kph	22	32	
2.	1012	Darren Decock	00:54:48.69		Runner	Winnipeg, MB	5:13/K	11.5kph	27	33	
3.	1013	Craig Desautels	00:56:14.19		Runner	Steinbach, MB	5:21/K	11.2kph	36	34	
4.	1067	Brian Stover	00:58:53.55		Runner	Winnipeg, MB	5:36/K	10.7kph	45	33	
5.	1033	Alan Klippenstein	01:01:06.08		Runner	Steinbach, MB	5:49/K	10.3kph	55	31	
6.	1080	Christopher Wilchuk	01:02:14.10		Runner	Steinbach, MB	5:56/K	10.1kph	56	32	
7.	1021	Kevin Geisheimer	01:04:30.16		Runner	Steinbach, MB	6:09/K	9.8kph	60	31	

## Female 30 - 34

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1042	Heidi Newman	00:52:18.68		Runner	Steinbach, MB	4:59/K	12.0kph	21	32	
2.	1009	Sandra Castillo San Juan	00:59:30.27		Runner	Winnipeg, MB	5:40/K	10.6kph	50	31	
3.	1018	Janell Fast	01:02:28.11		Runner	Steinbach, MB	5:57/K	10.1kph	57	34	
4.	1040	Heather Messner	01:04:59.18		Runner	Blumenort, MB	6:11/K	9.7kph	61	32	

## Male 35 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1083	Brian Walker	00:35:16.78		Runner	Winnipeg, CAN	3:22/K	17.9kph	1	35	
2.	1004	Heriberto Ayala	00:47:20.45		Runner	Mitchell, MB	4:30/K	13.3kph	3	36	
3.	1034	Matthew Krahn	00:49:34.78		Runner	Steinbach, MB	4:43/K	12.7kph	9	38	
4.	1014	Dave Driedger	00:51:00.00		Runner	Mitchell, MB	4:51/K	12.4kph	12	35	
5.	1048	Roland Penner	00:51:24.95		Runner	Steinbach, MB	4:54/K	12.3kph	16	37	
6.	1070	Elmer Tobias	00:59:28.01		Runner	Steinbach, MB	5:40/K	10.6kph	48	38	

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7. 1029 Ray Hildebrand 01:00:51.07 Runner Steinbach, MB 5:48/K 10.4kph 54 35

## Female 35 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1062	Jaala Ross	00:48:55.51		Runner	La Broquerie, MB	4:40/K	12.9kph	8	36	
2.	1085	Merideth Froese	00:51:23.09		Runner	Steinbach, CAN	4:54/K	12.3kph	14	38	
3.	1035	Jenn Kulpa	00:51:57.23		Runner	Steinbach, MB	4:57/K	12.1kph	17	39	
4.	1026	Lynette Hebert	01:00:03.75		Runner	Lorette, MB	5:43/K	10.5kph	52	39	
5.	1006	Julia Bewernick	01:05:59.28		Runner	Steinbach, MB	6:17/K	9.5kph	66	38	
6.	1031	Kathleen Keating-Toews	01:06:49.38		Runner	Kleefeld, MB	6:22/K	9.4kph	70	35	
7.	1039	Kara Mantie	01:08:23.84		Runner	Steinbach, MB	6:31/K	9.2kph	72	37	
8.	1052	Amy Plett	01:09:08.36		Runner	Steinbach, MB	6:35/K	9.1kph	74	35	

## Male 40 - 44

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1082	Abe Nuefeld	00:50:43.78		Runner	Steinbach, CAN	4:50/K	12.4kph	11	40	
2.	1069	Alex Tamayo	00:55:14.86		Runner	Steinbach, MB	5:16/K	11.4kph	29	43	
3.	1053	Greg Plett	00:55:37.34		Runner	Mitchell, MB	5:18/K	11.3kph	30	43	
4.	1063	Patrick Siemens	00:56:10.14		Runner	Steinbach, MB	5:21/K	11.2kph	32	43	
5.	1002	Marlin Adrian	00:56:12.35		Runner	Mitchell, MB	5:21/K	11.2kph	34	42	
6.	1064	Neil Spears	01:07:00.41		Runner	Winnipeg, MB	6:23/K	9.4kph	71	40	
7.	1005	Allan Balajadia	01:16:30.82		Runner	Steinbach, MB	7:17/K	8.2kph	80	43	

## Female 40 - 44

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1017	Catherine Engel	00:47:57.29		Runner	Steinbach, MB	4:34/K	13.1kph	7	41	
2.	1056	Leah Read-Schroeder	00:55:46.01		Runner	Steinbach, MB	5:19/K	11.3kph	31	40	
3.	1016	Elisha Duester	00:58:11.48		Runner	Steinbach, MB	5:32/K	10.8kph	43	40	
4.	1019	Michelle Fehr	01:00:13.22		Runner	Steinbach, MB	5:44/K	10.5kph	53	42	

## Male 45 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1032	Keith Klassen	00:53:13.75		Runner	Blumenort, MB	5:04/K	11.8kph	23	47	
2.	1057	Curt Reimer	00:56:22.34		Runner	Blumenort, MB	5:22/K	11.2kph	39	48	
3.	1047	Kenton Penner	00:57:19.76		Runner	Steinbach, MB	5:28/K	11.0kph	41	46	
4.	1061	Rene Ritchot	01:26:48.26		Runner	Kleefeld, MB	8:16/K	7.3kph	81	45	

## Male 50 - 54

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1044	Gord Penner	00:51:24.90		Runner	Steinbach, MB	4:54/K	12.3kph	15	53	
2.	1058	Dan Reimer	00:56:21.44		Runner	Randolph, MB	5:22/K	11.2kph	37	54	
3.	1046	Kelly Penner	00:57:46.00		Runner	Steinbach, MB	5:30/K	10.9kph	42	50	
4.	1055	John Prevost	01:03:46.44		Runner	South Junction, MB	6:04/K	9.9kph	59	54	

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## Female 50 - 54

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1074	Elena Warkentin	00:56:57.71		Runner	Steinbach, MB	5:25/K	11.1kph	40	52	
2.	1084	Michelle Wendley	00:59:05.23		Runner	Steinbach, CAN	5:38/K	10.7kph	46	52	

## Male 55 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1003	Khalid Ahmad	00:47:46.63		Runner	Winnipeg, MB	4:33/K	13.2kph	5	55	
2.	1008	Jim Campbell	00:52:10.15		Runner	Winnipeg, MB	4:58/K	12.1kph	20	59	
3.	1020	Ken Friesen	00:58:36.14		Runner	Steinbach, MB	5:35/K	10.8kph	44	58	
4.	1066	James Stobbe	00:59:21.03		Runner	Steinbach, MB	5:39/K	10.6kph	47	55	
5.	1078	Michael Wiewel	01:05:33.14		Runner	Steinbach, MB	6:15/K	9.6kph	65	55	

## Female 55 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1072	Carla Van Der Breggen	01:15:07.10		Runner	Steinbach, MB	7:09/K	8.4kph	78	57	

## Youth Top 3 Male

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1010	Nico Chiasson	00:49:56.16		Runner	Steinbach, MB	4:45/K	12.6kph	10	17	
2.	1007	Jeremy Borsch	00:53:25.69		Runner	Kleefeld, MB	5:05/K	11.8kph	25	13	
3.	1001	Lucas Adrian	00:56:11.83		Runner	Mitchell, MB	5:21/K	11.2kph	33	9	

## Youth Top 3 Female

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1097	Natalie Vermette	00:53:18.44		Runner	Ste. Anne, MB	5:05/K	11.8kph	24	0	
2.	1077	Amanda Wiewel	01:05:31.22		Runner	Steinbach, MB	6:14/K	9.6kph	64	13	
3.	1022	Miriam Ghebray	01:06:32.32		Runner	Steinbach, MB	6:20/K	9.5kph	68	17	