



**Create 'Sunshine' cards  
for older adults that  
will bring joy and  
brighten their day.**



**jfs**  **Older Adult  
Initiatives**  
**Sunshine cards**

**Brighten someone's day with a handmade card!**

1. Use a 9" by 12" piece of construction paper and fold in half. The card can be created horizontally or vertically.
2. Use large block print so it is easy for older adults to read.
3. On the front, please write "Thinking of You" or "Hope you are doing well" and draw pictures, make a collage or provide some sort of artwork.
4. Inside the card, write a simple greeting or poem.
5. Optional, sign the back of the card by printing the first name only and if you would like, the age of the card maker.
6. Most importantly, take your time and make the cards thoughtful and personal.

What to do once the cards are done:

1. Mail cards and attached form to JFS attn.: Volunteer Department 5801 W. 115th St. Suite 103, Overland Park, KS 66211
2. Drop off cards in JFS bins labeled Sunshine cards at the front entrance of the J or JFS Brookside (E-mail [volunteer@jfskc.org](mailto:volunteer@jfskc.org) to confirm that offices are open and to notify that you will be dropping off)
3. We encourage volunteers to include stamps that will be used to mail the cards to the recipients.

---

**Card Information Form**

**Contact Information:**

Group/Organization Name (if applicable): \_\_\_\_\_ Date: \_\_\_\_\_

Name (Individual or Family): \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

How many participants/students/children participated? \_\_\_\_\_

What were the ages and/or grade levels (if applicable)? \_\_\_\_\_

How much time did you spend creating the cards? \_\_\_\_\_

Other comments/suggestions: \_\_\_\_\_

**Thank you for your participation!**