



Ridge Explorers 2019 – Useful Information

NJA Summer Camp at the Appalachian Mountain Club Mohican Outdoor Center

Camp Address

Delaware Water Gap National Recreation Area
50 Camp Mohican Road
Blairstown, NJ 07825-9655
(908) 362-5670 (emergencies only)
mohican@mindspring.com
<http://www.outdoors.org/lodging/lodges/mohican/index.cfm>

Directions

From New York City, Eastern Connecticut and points north

1. New York thruway south to 287 West to Route I-80
2. Take I-80 west to Exit 12 (NJ 521), take right fork in exit, follow signs for Blairstown
3. Take NJ 521 north to NJ 94, turn left (south)
4. Take NJ 94 south for 1.1 miles through Blairstown to Mohican Rd. (If you get to the A&P shopping center you have gone too far.)
5. Turn Right onto Mohican Road (At end of golf course/at large wooden Blairstown Fire Hall sign)
6. Follow directions below from Mohican Road

From Central New Jersey

1. Take Rt. 31 north until it ends
2. Go left on NJ 46 west, approx. 1 mile to NJ 519
3. Take NJ 519 north to NJ 521 in Hope, NJ
4. Take NJ 521 north to NJ 94, turn left (south)
5. Take NJ 94 south for 1.1 miles through Blairstown to Mohican Rd. (If you get to the A&P shopping center you have gone too far.)
6. Turn Right onto Mohican Road (At end of golf course/at large wooden Blairstown Fire Hall sign)
7. Follow directions below from Mohican Road

From Pennsylvania & Philadelphia

1. Take NE extension of PA Turnpike to US 22 East (Lehigh Valley exit #56)
2. Take US 22 east to PA 33 North
3. Take PA 33 North to I-80 East
4. Take I-80 East to exit 4C for NJ 94
5. Take NJ 94 north approx. 7 miles (go through traffic light at A&P shopping center)
6. Approx. 1 mile past light, turn left onto Mohican Road (At start of golf course/at large wooden Blairstown Fire Hall sign)
7. Follow directions below from Mohican Road
8. **From Mohican Road**
 1. Follow Mohican Road 3 1/2 miles to Gaisler Road (where road comes to a T-intersection). **CAUTION:** This is a steep and winding road.
 2. Turn left on Gaisler Road and go 1/2 mile

3. Turn right on Camp Mohican Road (just before *Children Playing* sign). This road will turn into a dirt road after ¼ mile
4. Proceed past the sign for the Appalachian Trail and through the open gate.
5. When you see the Lodge on the left and a double garage on the right, stop, park and come into the Lodge to register.

Public Transportation

Lakeland Bus Lines, Inc. (201 366-0660) serves Newton, NJ. Call Newton Cab to arrange for ride to Mohican from bus stop 973-579-4807.

Carpooling

We do our best to help arrange rides to and from MOC. Please let us know if you are in need of a ride or are willing to bring others.

Arrival

Ridge Explorers Session 1 – Meet Sunday, July 14, 2019 at 3:00 pm.

Ridge Explorers Session 2 – Meet Sunday, August 11, 2019 at 3:00 pm.

Meet at the Mohican Outdoor Center. We will be in the Lodge to the right of the parking area.

Departure

Both camps will end at 12:00 noon on Friday. For your convenience campers can be picked up later in the day. Please let us know in advance when you expect to arrive. Messages about last minute changes can be left for Mike Anderson at the Scherman Hoffman Wildlife Sanctuary: 908-396-6638.

The Ridge Explorers Experience

We will be staying in one large cabin at the Appalachian Mountain Club's Mohican Outdoor Center in Blairstown, NJ. The Center is located on the Appalachian Trail in the Delaware Water Gap National Recreation Area, on top of the Kittatinny Ridge. Campers will visit the Delaware Gap National Wildlife Reserve, Crater Lake, Van Campen Glen, Tillman Ravine, Spray Falls, and Buttermilk Falls. Activities include swimming, fossil hunts, stream and waterfall exploration, canoeing and kayaking at Catfish Pond, and special programs by NJ Fish and Wildlife and the NJ Forest Service.

Life in the cabin is rustic. Campers will stay in four, gender-separated rooms, that each sleep four (on two bunk beds). There is a full kitchen, two full indoor bathrooms, as well as one half bathroom. There is also a common area and a covered porch.

What to Bring

Campers will be outdoors much of the time, including spending time in and around water. A packing list follows, but please be aware that NJA will provide sunscreen, bug spray, field guides, loaner binoculars, and a spotting scope.

- Flashlight
- 1 pair long pants and long sleeved shirt (for sun and insect protection)
- Warm sweatshirt or equivalent
- 1 or 2 pairs of shorts and several t-shirts
- Rain coat or windbreaker
- Bathing suit and towel
- Tooth brush, toothpaste, floss, soap, shampoo
- Sleeping bag and sheet or blanket and two sheets
- Pillow and pillowcase
- Sleepwear
- 1 liter reusable water bottle (unbreakable)

- Closed-toe water shoes for water activities (please note Crocs are *not* acceptable footwear)
- Hat with visor and sunglasses with lanyard (for sun protection)
- Closed toe walking shoes/boots and several pairs of socks
- Day pack or fanny pack

Optional Personal Items

- Camera
- Binoculars
- Fishing rod and tackle
- Snacks
- Pocket money for ice cream and postcards

What not to bring

- Portable listening devices including: iPod, smart speaker, boom box etc
- Cell phone (cell phones do not work here)
- Jewelry, watch, or other expensive items
- Anything that would be ruined if it gets wet

Staffing

Staff are drawn from the following pool of educators (there will be two adults present at all times):

Robin Anderson, NJ Audubon Lead Summer Camp Educator

Robin has many years of middle school Earth Science teaching experience, as well as extensive experience in Environmental Education. Robin has taught our overnight campers for the past 10 years and enjoys sharing the out of doors with students.

Robin Anderson's cell phone: 973-454-7950 (emergencies only).

Patrice Kealy

Patrice worked for a number of years at the Hackensack Meadowlands Environmental Center as an educator, naturalist and staff artist. She also worked as an interpreter for the National Park Service in the Delaware Water Gap National Recreation area. Patrice is an accomplished artist and illustrator. Patrice and her family have lived in northern Sussex County for over 25 years.

Mike Anderson

Mike is the Sanctuary Director of NJA Scherman Hoffman Wildlife Sanctuary. He has worked for NJ Audubon for over 20 years. Mike first visited the Delaware River National Recreation Area when MOC was a Scout Camp in the mid 1960's. He first paddled the Delaware River on a YMCA camp canoe trip in 1967. He has logged thousands of hours guiding river trips and hiking in the Delaware River Area over the past 30 years.

Mike Anderson's cell phone: 973-216-2049.

Scherman Hoffman Wildlife Sanctuary Contacts

If you have any general questions about the program, please:

Email Stephanie Punnett, Program Director: stephanie.punnett@njudubon.org

Call Stephanie: 908-396-6594

Email Mike Skagerlind, Admin: mike.skagerlind@njudubon.org

Call Mike: 917-763-4342

Typical Menu*

	Breakfast	Lunch	Dinner	Snacks
Sunday	N/A	N/A	Cheese or Meat Cheese Tortellini Pasta Salad Bread Juice/Cookies	Pretzels Watermelon
Monday	Bagels Hard boiled eggs Cold Cereal Bananas Milk/Juice	Cold Cuts PB&J Pita Pockets Bread/Veggie Sticks Apples	Grilled Chicken Strips Pasta Baked Potato Grilled Veggies Salad Juice/Brownies	Chips Watermelon
Tuesday	Scrambled Eggs Cold Cereal Oranges Juice	Chicken & Bacon Wraps Fruit PB&J	Burgers/Dogs Pasta Corn on Cob Sliced Tomato Baked Beans Cookies	Veggie Sticks with PB
Wednesday	French Toast Cold Cereal Fruit Milk/Juice	Cold Cuts PB&J Pita Pockets Bread	Soft Shell Tacos with Meat Rice/Beans/Corn with seasoning Brownies	Granola Bars
Thursday	Pancakes Cold Cereal Juice	Cold Cuts Cookies Fruit Water	Homemade pizza/stromboli Fries Salad Leftovers	Trail Mix
Friday	Fresh Baked Muffins	N/A	N/A	N/A

* This is an indicative menu only – food items may change depending on availability. Please inform us of any food allergies/special dietary requirements *no later than* the Friday morning before Camp which is when food shopping begins.

