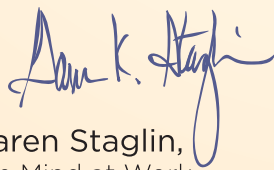


— Bangalore Statement —

COMMIT TO MENTAL HEALTH IN THE WORKPLACE

India is home to over 1 billion people, with over 66% of the population of working age. Research by the World Health Organization estimates that one in five Indians may suffer from depression in their lifetimes, equivalent to 200 million people affected. As one of the most common mental health conditions globally, depression represents only a fragment of the mental health challenges that can reduce employee productivity and otherwise interfere with the ability of individuals to meet their full potential in the workforce. In India, stigma remains prevalent, despite increasing awareness, making it critical that business leaders drive the conversation on promoting mental health for all.

Today, One Mind at Work and Arogya World declare that we are committed to working in partnership to recognize and promote companies in India that are changing workplace approaches to mental health. One Mind at Work has encouraged dozens of companies to sign on to its Charter to Transform Workplace Mental Health around the world, and Arogya World has captured examples of good practice through its Healthy Workplaces program in India. We are encouraged that companies in India and the rest of the world are beginning to come forward to openly share the ways they are prioritizing mental health. One Mind at Work and Arogya World believe that it is the role of employers to transform the environment for those affected by mental health conditions, and leadership from the C-Suite is the catalyst for change. Join One Mind at Work and Arogya World in a collaboration across sectors, industries, and national boundaries to transform workplace health. Today in Bangalore we call on multiple stakeholders, especially business and policy leaders, to demonstrate their commitment to creating workplaces that support mental health, improving the lives of working people everywhere. If we all join hands, we can, together, augment India's workforce of the future and ensure that the world meets Sustainable Development Goal #3 delivering on health and well-being for all.



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Arogya Worlds 2018 Healthy Workplace Conference Nov 14-15, 2018, Bangalore, India

¹World Bank staff estimates based on age/sex distributions of United Nations Population Division's World Population Prospects: 2017 Revision. <https://data.worldbank.org/indicator/SP.POP.1564.TO.ZS?view=chart>

²World Economic Forum 5 charts that reveal how India sees mental health. 2018.
<https://www.weforum.org/agenda/2018/04/5-charts-that-reveal-how-india-sees-mental-health/>