

Time	Monday	Tuesday	Wednesday	Thursday	Friday	CLOSED
9:00 AM		<b><i>Cardio Pump Express</i></b>		<b><i>Cardio Pump Express</i></b>		
10:00AM	<b><i>Online ZOOM Classes</i></b>		<b><i>Online ZOOM Classes</i></b>		<b><i>Online ZOOM Classes</i></b>	
10:30AM		<b><i>Fit In 55</i></b>		<b><i>Fit In 55</i></b>		
1:00PM		<b><i>Fit In 55</i></b>		<b><i>Fit In 55</i></b>		
4:00PM						