



4th ANNUAL ONE MIND AT WORK GLOBAL FORUM
EMPOWERING EMPLOYERS: ADVANCING BRAIN HEALTH IN THE WORKPLACE

September 9-10, 2020

***All times in Pacific Time**

DAY 1 | September 9th

All sessions will be hosted virtually. Details about how to join virtually will be sent closer to the event to all confirmed participants. All times in Pacific time.

8:15-8:30am

Welcome Remarks

Garen Staglin, Co-Founder, One Mind at Work

8:30-9:15am

Panel Discussion: Fostering Connection and Relational Wellbeing

Emotional intelligence and relational wellbeing are two topics increasingly discussed in the workplace, and both refer to the way individuals relate to their challenges, successes, and people around them. Factors such as reliance on technology, the impulse to drive productivity, and the rise of remote work have created barriers to personal connection in the workplace, while loneliness is gaining attention as a serious issue, especially in the U.S. What can employers do to foster personal connection, emotional intelligence and relational wellbeing in the workplace?

Moderator:

Ian Shea, Founder and CEO, I M Human

Speakers:

Paul Farmer, CEO, Mind

Dr. Stuart Lustig, National Medical Executive, Behavioral Health, Cigna

Dr. Aiysha Malik, Mental Health Expert, World Health Organization

Stephen Parker, Chief Human Resources Officer, A.T. Kearney

9:15-9:25am

Digital Health Showcase: Unmind

9:25-9:40am

Presentation by Metlife

Susan Podlogar, Executive Vice President and Chief Human Resources Officer, Metlife

9:40-10:25am

Panel Discussion: Building a Trauma-Informed Workplace

The COVID-19 pandemic represented a trauma for many – especially workers on the frontlines in essential positions, including healthcare and retail. Trauma impacts how a person responds to stress, how they think and feel, and of course, productivity. What does it mean to build a trauma-informed



workplace, and how are employers across sectors augmenting their resources and methods in the wake of an unprecedented global pandemic?

Moderator: **Mara Madrigal-Weiss**, Student Wellness & Positive School Climate and Foster and Homeless Youth Education Services, SDCOE

Speakers: **Eric Eversole**, Vice President, U.S. Chamber of Commerce & President, Hiring our Heroes
Candace Jodice, Vice President, Benefits, CVS Health
Dr. Samuel McLean, MD, MPH, Research Vice Chair, Attending Physician, UNC School of Medicine
Dr. Annelle Primm, Senior Medical Adviser, the Steve Fund

10:25-10:35 **Break**

10:35-10:50am **Fireside Chat**
John Thompson, Chairman, Microsoft
Garen Staglin, Co-Founder, One Mind at Work

10:50-11:35am **Panel Discussion: Caring for a Neurodiverse Employee Population**
The number of workplace issues percolating today can be overwhelming, especially in relation to diversity and inclusion and employee wellness. One issue that must be at the forefront for organizations focused on D&I is neurodiversity - or, as One Mind at Work refers to in a 2018 white paper, "[Invisible Diversity](#)." Understanding the needs of neurodiverse individuals – including those with autism, dyslexia and ADHA – can unlock significant advantages in terms of talent. As we think about supporting people with neurodiverse capabilities, employers can provide accommodation, or they can go a step further in celebrating diversity by ensuring that neuro atypical people feel valued and barriers have been addressed that would keep them from working to their full potential.

Moderator: **Garen Staglin**, Co-Founder, One Mind at Work

Speakers: **Rebecca Beam**, President, Auticon
Maggie Merritt, Executive Director, Steinberg Institute
Jamell G. Mitchell, MBA, NCoE Chief Talent/Strategy Leader, Ernst & Young

11:35-11:45am **Digital Health Showcase: Happify Health**



11:45-12:00pm **Presentation by Wellcome Trust**

12:00-12:15pm **Digital Health and the Employer Response to COVID-19**
Megan Jones Bell, Chief Strategy and Science Officer, Headspace
Stephen Schueller, Executive Director, One Mind PsyberGuide

12:15-12:25 **Break**

12:25-1:10pm **Panel Discussion: Meeting the Needs of a Multi-Generational Workforce**
Employers today must consider the needs of four generations. Generation Z is just beginning to enter the workforce, while millennials are maturing in their careers and Gen X are assuming leadership roles. Meanwhile, many Boomers are delaying retirement. Employers across industries are shifting benefits and wellness programs to build a culture that accommodates the diversity of ideas that accompanies a multi-generational workforce. What do employers need to understand about meeting mental health needs across generations?

Moderator: **Diana Fischer**, Director, Global Impact and Employee Programs, Workday

Speakers: **Tammy Fennessy**, Director of Benefits, American Eagle Outfitters, Inc.
Amit Paley, CEO and Executive Director, The Trevor Project
Rebecca Whiting-Holliday, Program Manager, Mental Health Specialist, Google

1:10-1:20pm **Digital Health Showcase: Sondermind**

1:20-1:30pm **Break**

1:30-1:45pm **Closing Keynote**
Stephen Liptrap, CEO, Morneau Shepell

1:45-2:45pm **Open Forum Discussion**
Moderator: **Garen Staglin**

We invite all participants to share comments, reactions and questions.



DAY 2 | September 10th

8:30-8:45am **Opening Remarks**
Patrick J. Kennedy

8:45-9:15am **Fireside Chat: Engaging the Global Medical Community to Address Mental Health Challenges**

The medical community has a crucial role to play in ensuring that mental health is a consistent and important element of conversations around overall health. How can medical doctors engage on the issue of mental health, both in the U.S. and internationally?

Moderator: **Gene Block**, Chancellor, UCLA

Speakers: **Dr. Victor Dzau**, President, National Academy of Medicine
Dr. Vikram Patel, MBBS, PhD, Blavatnik Institute Department of Global Health and Social Medicine, Harvard Medical School

9:15-9:25am **The World Economic Forum Perspective on Workplace Mental Health**
Arnaud Bernaert, Head of Global Health and Healthcare Industries and Systems, World Economic Forum

9:25-9:35am **Digital Health Showcase: StigmaZero**

9:35-9:45am **Break**

9:45-10:45am **Panel Discussion: Evidence and Interventions**

Identification of more evidence-based interventions is crucial to improving outcomes for individuals experiencing ill mental health. At the same time, identifying interventions that are effective and targeted is a crucial business decision for many employers. Hear about current research around the many forms that a successful workplace mental health intervention can take.

Moderator: **Anne Oxrider**, Senior Vice President, Bank of America

Speakers: **Obi Felten**, Head of getting moonshots ready for contact with the real world, X (Alphabet)
Jodi Frey, Professor, University of Maryland, Baltimore



Debra Lerner, Director, Program on Health, Work and Productivity, Tufts Medical Center
Michael Weiner, Director, Ernst & Young

10:45-10:55am **Digital Health Showcase: Headspace**

10:55-11:05am **Break**

11:05-11:50pm **Panel Discussion: Building a Federal Employer Coalition**

The U.S. government is the largest employer in the nation; the Department of Defense alone employs 1.4 million people. Government-run organizations operate differently than private companies in many ways, and there is a need to define and communicate best practices for workplace mental health that are specific to the needs of the sector. Additionally, many (sometimes conflicting) cultures can exist within a single department, so approaches to mental health have to recognize and address these different attitudes. Hear from an influential group of government leaders on progress developing a federal employer coalition for workplace mental health best practices.

Moderator: **Russ Deyo**, Former Deputy Secretary, Department of Homeland Security

Speakers: **Dr. Carolyn Clancy**, Deputy Under Secretary for Health, DEAN, Veterans Health Administration
Captain Scott Salvatore, PsyD, ABPP, Lead, Psychological Health, Workforce Health & Safety Directorate, Office of the Chief of Human Capital Officer, Department of Homeland Security
Jennifer Sheehy, Deputy Assistant Secretary, ODEP
Dr. Tracy Weistreich, PhD, RN, NEA-BC, NPD-BC, VHA-CM, Nurse Executive, Office of Community Engagement, Department of Veterans Affairs

11:50-12:05pm **Presentation of Milliman Report**

12:05-12:20pm **Implementing Voluntary Workplace Mental Health Standards in California**

Toby Ewing, Executive Director, California Mental Health Services and Oversight Commission

12:20-12:30pm **Digital Health Showcase: Neuropeak Pro**

12:30-12:40pm **Break**

12:40-12:55 **Keynote**
Nancy Brown, CEO of the American Heart Association

12:55-1:25pm **Fireside Chat: Empowering Employees to be Individual Agents of Change**
Whether an employer is just beginning its workplace mental health journey or is an established leader, lasting change can only be made if every employee feels empowered and included. How can individuals act as agents of change to bring to life workplace mental health programs?

Moderator: **Mary Michael**, Vice President, Patient Advocacy and Stakeholder Management, Otsuka

Speakers: **Cathryn Gunther**, Vice President, Global Population Health, Merck
Craig Kramer, Mental Health Ambassador, Johnson & Johnson

1:25-1:40 **Closing Keynote**
Anthea Ong, Founder, WorkWell Leaders Workgroup

1:40-2:10pm **Presentation of the 2020 Salus Award for Workplace Mental Health and the 2020 Salus Award for Individual Voices in Workplace Mental Health**

2:10-2:20pm **Closing Remarks**
Garen Staglin, Co-Founder, One Mind at Work