Dear AAFA-STL Supporter:

The Asthma and Allergy Foundation of America, St. Louis Chapter (AAFA-STL) continued on an upward trajectory in 2015, reaching more individuals and schools in the community, and growing our programs and services geographically. With the guidance and leadership of a strong, diverse Board of Directors, a savvy and resourceful staff, a legion of community partners, and sustained corporate and individual supporters, AAFA-STL truly had a remarkable year.

Nationally, 1 in 10 kids has asthma, which translates to a staggering 14 million missed school days. Our RESCUE program (Resources for Every School Confronting Unexpected Emergencies) exists to ensure that kids with asthma are able to be treated in the school setting, resulting in fewer missed school days, ER visits, and hospital stays. We saw a 35% increase in the schools served through this program in 2015, with 238 area schools receiving asthma equipment. 85% of the kids who used this equipment (and asthma rescue medicine supplied by Beverly Hills Pharmacy), were able to return to the classroom after being treated by a school nurse or other trained professional at the school.

Through BREATH (Bridging Resources to Encourage Asthma Treatment and Health), AAFA-STL’s flagship program, 1881 asthma and allergy prescriptions were filled, 192 pieces of asthma equipment were provided, and 720 allergic bed encasings were supplied to client families last year – yet another incredible feat for the agency. The healthy homes and asthma education component of BREATH gives AAFA-STL’s clients more support and a holistic approach to managing their asthma and allergies inside the home, and 19 client families received healthy home visits in 2015. In all, 584 children were served by BREATH.

Finally, AAFA-STL staff and committees continued to stay honed in on policy and advocacy issues affecting those we serve and the community at large, at the local, state, and national levels. In addition to this important work, the agency was able to reach nearly 3,100 people in the community through our outreach efforts, including health fairs, educational classes, and large community seminars.

This Annual Report will outline additional program outcomes, financial information, and valuable community partnerships. Thank you for taking a moment to review this information, and thank you for helping a child breathe easier!

Sincerely,
Sue Berdy, M.D.
AAFA-STL Board President

Mission: The Asthma and Allergy Foundation of America, St. Louis Chapter serves those affected by asthma and allergies through education, support and resources.
Thank you, community partners!

American Lung Association
Asthma Ready Communities
Advocates for Family Health
Cardinal Glennon Health Care Center
Cardinals Care Redbird Rookies Program
Christian Hospital Asthma Center
City of St. Louis Department of Health, Children's Environmental Health, Asthma Friendly St. Louis
Gateway FEAST
Kid Friendly Network (IL)
Illinois Department of Public Health, Illinois Asthma Partnership
Mercy Medical Center
Missouri Association of School Nurses
Missouri Asthma Coalition
Missouri Asthma Prevention & Control Program
Missouri Department of Health & Senior Services
Missouri Foundation for Health
Missouri Primary Care Association
Schnucks eScrip Program
Smoke Free St. Louis City
Southeast Missouri State University’s Center for Environmental Analysis
Southwestern Illinois Asthma Coalition
St. Louis Children's Hospital, Healthy Kids Express Asthma Program & Food Allergy Management and Education Program (FAME)
St. Louis County Department of Health
St. Louis Integrated Health Network
St. Louis Regional Clean Air Coalition
St. Louis Regional Health Commission
St. Louis Lead Prevention Coalition
Tobacco Free Missouri
University of Missouri Health Systems

2015 Financials

Special Events $276,037 (38.5%)
Contributions $117,975 (16.5%)
United Way $138,666 (19.3%)
Grants $183,009 (25.5%)
Misc. $1,115 (0.2%)

Total Revenue: $716,802
Total Expenses: $647,837

“Working at St. Louis Children’s Hospital has provided me the opportunity to directly work with families who have barriers to getting their children their asthma medication. **Asthma and Allergy Foundation’s BREATH program saves children’s lives.** When families are first told about the BREATH program, they are completely shocked that someone is willing to help in such a monumental way. When the families understand how we are trying to help them, I have seen how it strengthens their resolve.”

-Melissa Korenblat-Hanin, ACSW, LCSW
St. Louis Children’s Hospital
The Asthma and Allergy Foundation of America, St. Louis Chapter (AAFA-STL) serves those affected by asthma and allergies through education, support and resources.

Asthma is a chronic disease that affects your lungs.

- Asthma causes frequent periods of wheezing (a whistling sound when you breathe), chest tightness, shortness of breath, and coughing.

Nationally, 1 in 10 kids has asthma

- 14 million missed school days

Effective asthma care is expensive

- 2 in 5 uninsured people with asthma can not afford their prescription medicines
- $154 average monthly cost for preventative asthma medication - without insurance

2015 Program Results

**B.R.E.A.T.H.**

Bridging Resources to Encourage Asthma Treatment and Health

AAFA-STL's comprehensive asthma and allergy management program provides prescription assistance, asthma equipment, education, and support to eligible children that are uninsured or underinsured.

<table>
<thead>
<tr>
<th>1881</th>
<th>720</th>
<th>192</th>
<th>37</th>
<th>65</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asthma and Allergy Prescriptions Filled</td>
<td>Allergic Bed Encasings Provided</td>
<td>Pieces of Asthma Equipment Provided</td>
<td>Referrals to Other Social Service Agencies in St. Louis</td>
<td>Percent of Clients Who Had Prescription Coverage Upon Exit</td>
</tr>
</tbody>
</table>

**2012 - HB1188 Passes in Missouri!**

School nurses can stock asthma rescue medication. The medicine can be used on any child experiencing an asthma attack.

***AAFA-STL’s R.E.S.C.U.E. Program Grows in 2015!***

<table>
<thead>
<tr>
<th>238</th>
<th>1149</th>
<th>120</th>
<th>626</th>
<th>85</th>
</tr>
</thead>
<tbody>
<tr>
<td>Schools Received Equipment</td>
<td>Nebulizer Attachments</td>
<td>Nebulizer Machines</td>
<td>Spacers</td>
<td>Percent of Kids Who Were Able to Return to the Classroom After Using a Piece of AAFA-STL Equipment</td>
</tr>
</tbody>
</table>

**R.E.S.C.U.E.**

Resources for Every School Confronting Unexpected Emergencies

AAFA-STL’s school nurse asthma equipment program that provides school nurses the vital tools generally necessary during asthma emergencies.

**AAFA-STL Out in the Community**

- St. Louis Children's Hospital - Cardinal Glennon Hospital - United Way of Greater St. Louis - Healthy Kids Express - Gateway FEAST - Asthma Coalition Members - Variety: A Children's Charity -

**People reached through our community outreach efforts**

- Education Classes Taught to School Nurses & Daycare Providers
100+ Project
AAFA National
Allergy, Asthma & Immunology Center
Allergy, Asthma & Sinus Care Center
Allergy Consultants
Ameren
Anheuser-Busch
ARJ Infusion Services
AT&T Corporation
Baker Family Trust
Bank of America
Barnes Jewish Hospital
BDO
Beverly Hills Pharmacy
BJC Health System
Blues14 Fund
Bluetail Medical Group LLC
Bristol Elementary School
Butler Family Foundation
Cardinal Health Foundation, Inc.
Cardinals Care
Clean, the Uniform Company
Clifford Willard Gaylord Foundation
Coldwell Banker Gundaker
Combined Federal Campaign
Conference Technologies
Consumer Healthcare Products
Association (CHPA)
David’s in Clayton Salon
Deloitte
Desales Community Housing Corp.
Drury Hotels
Edward & Thea Lawton Foundation
EMD Consulting
Emerson Charitable Trust
Episcopal Presbyterian Charitable Trust
Esse Health Foundation
Express Scripts
Feed Your Vitality
Gabbit
Gene Del Printing
Genentech
GlaxoSmithKline
Glazer’s
Green Pines Elementary School
Herman T. and Phenie R. Pott Foundation
Hewlett-Packard
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Home State Health Plan-Centene Mgmt. Co.
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Insurance Source
Jacob's Engineering
Jefferson Memorial Community Foundation
Johnson & Johnson Services, Inc.
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The Lawrence Group
The Stevens Foundation
Travelers Support Center
Trio Foundation of St. Louis
United Health Group
UnitedHealthcare
United Way of Greater St. Louis
Variety The Children’s Charity
Walter Knoll Florist
Washington University Division of Allergy & Immunology
Washington University School of Medicine
Wellbridge Athletic Club
Wells Fargo Advisors LLC
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Youthbridge Community Foundation

For information on corporate support, monthly giving, volunteering, estate planning or AAFA-STL’s programs and services, email aafa@aafastl.org or call 314-645-2422

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