



# Journey INTO MANHOOD

A N E X P E R I E N T I A L W E E K E N D

Men supporting each other in addressing our same-sex attractions in affirming ways that align with our faith, values, morals, & life goals.

## ► What is Journey Into Manhood?

Journey Into Manhood is our peer-led, 48-hour experiential weekend of self-exploration, brotherhood, personal growth and inner healing.

It is designed especially for men to address distress over their same-sex attractions (SSA) — specifically, feelings or behaviors that are out of alignment with their faith, values, morals, self-identity or life goals.

But Journey Into Manhood is also appropriate for any man, regardless of his sexuality, who wants to address unresolved issues around men and masculinity.

## ► Who Is Brothers Road?

We are international, diverse, interfaith and faith-affirming. We are peer-led, non-profit, and volunteer-based. We are men on a journey of self-discovery to explore and address underlying issues and embrace our authentic masculinity.

## ► Core Principles: A M.A.N.S. Journey

**Masculinity**—You are man enough. You belong among the men.

**Authenticity**—Get real. Feel your feelings. Heal old wounds.

**Needs Fulfillment**—Authentic core needs include brotherly love, affirmation, community, and self-acceptance. (Sex can be a strong drive or urge, but it's not a core need!)

**Surrender**—Let go of harmful beliefs and behaviors, past hurts and resentments. Become willing to turn your life and your will over to God.

► It is not enough to repress strong feelings. Willpower can't work forever. Shame is harmful and never motivates lasting change.

Instead, we help you uncover underlying issues or unmet needs that may be driving you toward unwanted or unhealthy thoughts, feelings or behaviors. We introduce you to meeting core needs in healthy, non-sexual—and even life-changing—ways.

We affirm that you are good and valuable just as you are—AND you can become the man you feel called to be and live the life you feel called to live.



## JIM Weekends:

[Click here to learn more about upcoming events in the U.S., Europe, Israel and Mexico.](#)

A Woman WHO LOVES

See also our program for wives and other women.

[www.brothersroad.org/wwl](http://www.brothersroad.org/wwl)