

Stop taxing mental health care!



*HST makes psychotherapy **13% more expensive** and **13% less accessible***

Remove the final tax barrier to mental health services!

Did you know that **only Registered Psychotherapists are STILL forced to charge HST**, unlike Psychologists, Social Workers, Doctors, Nurses, Psychiatrists and Occupational Therapists?

How can we make mental health accessible by removing the HST?

- * An average of \$16.95 HST per session is an unfair barrier to mental health services
- * After 9 sessions, most clients will have spent enough on HST to pay for a 10th!
- * HST creates one more financial burden for clients, especially for those without insurance coverage

How many Canadians need mental health care?

- * 1 in 5 Canadians experience a mental illness or addiction problems
- * **This number has now increased to 1 in 4 due to the economic and mental health impact of the Covid-19 pandemic**

What's the mental health burden on our health care system now?

- * Mental illness is the leading cause of disability in Canada, creating an economic burden of **\$51 billion annually** (including health care costs, hospitalizations, and lost productivity)
- * The cost of a disability leave for a mental illness is about **double the cost** of a leave due to physical illness
- * **Promotion, prevention and early intervention** create positive returns on investment!

#stoptaxingmytherapy

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Sources for statistics used on this factsheet available at stoptaxingmytherapy.com