Main Goal:
Provide improved interconception care for women to reduce prematurity birth rates in the Sarasota, Florida community.

Methods:
Mothers of children two and under attending their well-child visit were offered a screen to assess their risk. If risky behaviors were identified, a brief education, intervention, or referral was offered.

Problem Statement:
In 2017, 8.9% of babies were born premature (<37 weeks gestation) in Sarasota County, but this rate increases to 13.8% for black residents indicating a large racial disparity.

Smoking:
- 12% of those screened smoked tobacco
- 30% (18) of those who reported smoking were referred for cessation services

Depression:
- 11% of those screened had a PHQ-2 score of 2 or greater
- 84% (49) of those who screened positive were referred or given counseling options

Birth Control:
- 52% of those screened did not use birth control
- 47% (121) of those not using birth control were given birth control information or referred to Family Planning

Folic Acid:
- 42% of those screened moms did not take a folic acid supplement
- 48% (98) of those not taking folic acid were given information and talked to about the importance of prenatal vitamins

Lessons Learned:
- Challenges with electronic screening necessitated paper screen and locating a method to track data
- Closing the gap for seamless referral transitions
- Staff buy-in and time restraints during well-child visits
- Challenges with providing multivitamins to clients due to funds and policies
- Inconsistent messaging from staff required clinic champion and training

Impact:
173 positive lifestyle changes were observed during follow-up screening (494 women screened):
- 69 women began using birth control
- 36 had lower depression score (PHQ-2)
- 11 women verbally confirmed participating in counseling
- 44 women began taking prenatal vitamins
- 13 women quit smoking

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