



## MONDAY

5:30am  
Unit 2 

6:00am  
Unit 3 

7:00am  
Unit 2 

9:15am  
Unit 2 (45) 

9:30am  
Unit 3 

## TUESDAY

5:30am  
Unit 3 

6:00am  
Unit 3 

6:00am  
Unit 2 

9:00am  
Unit 3 

9:30am  
Unit 2 (45) 


## WEDNESDAY

6:00am  
Unit 2 

6:15am  
Unit 3 


7:00am  
Unit 3 

9:00am  
Unit 2 

9:30am  
Unit 3 (45) 

## THURSDAY

5:30am  
Unit 3 

6:00am  
Unit 2 (45) 


6:00am  
Unit 3 

9:00am  
Unit 3 

9:30am  
Unit 2 (45) 


## FRIDAY


5:30am  
Unit 2 

5:30am  
Unit 3 (45) 

6:05am  
Unit 2 

7:00am  
Unit 2 

9:15am  
Unit 3 (45) 

9:30am  
Unit 2 (45) 


## SATURDAY


7:00am  
Unit 2 


7:30am  
Unit 3 


8:00am  
Unit 2 (45) 

8:45am  
Unit 3 (45) 

9:00am  
Unit 2 (45) 


10:00am  
Unit 2 (45) 


4:45pm  
Unit 2 (45) 

6:00pm  
Unit 2 (45) 

6:30pm  
Unit 3 


4:15pm  
Unit 2 


5:00pm  
Unit 2 (45) 

6:00pm  
Unit 2 (45) 

7:00pm  
Unit 2 

5:00pm  
Unit 3 

5:30pm  
Unit 2 (45) 

6:30pm  
Unit 2 (45) 

4:30pm  
Unit 2 (45) 

5:30pm  
Unit 2 

6:00pm  
Unit 3 

6:45pm  
Unit 2 

5:30pm  
Unit 2 