

LifeTown Virtual Village Worksheet

Welcome to virtual LifeTown! Use this worksheet as you explore the village. Have fun!

Like your usual visits to LifeTown, you will receive \$12.00. Make sure you fill out your withdrawal slip before you get started. Once you have completed your slip- the bank should be your first stop. After that, you are free to explore!

HINT: There is an example of the withdrawal slip on the "Click Here to Start" topic of the village!



Savings Withdrawal

Date: _____

Name: (Please Print)

School: (Please Print)

\$

■| 00123456789 ■|

Amount of Withdrawal

Now that you have completed your withdrawal slip, you will need to keep track of how you spend your \$12.00. As you explore, refer back to this sheet to write down how much you spent at each shop in the village.

	LifeTown Shop	Amount Spent
1		
2		
3		
4		
5		
6		FREE
7		
Total Spent		\$

Stopping through the **Library**? Make sure you fill out your library card application! Having a library card is a big responsibility and it is important to take good care of the books that you borrow.



LifeTown Library Card Application

CONTACT INFORMATION

Name _____

Gender Male Female

Date of Birth: _____

School Name _____

Teacher Name _____

I certify that the above information is correct. I accept responsibility for materials borrowed on the library card issued from this application.

Signature _____

Date: _____

Which book did you virtually read at the library?

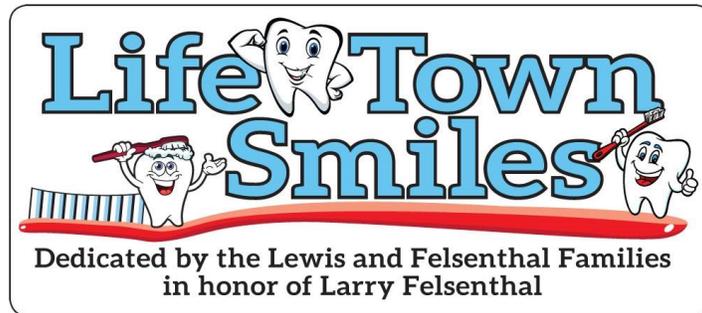
The Doctor and Dentist are excited to see you! Fill out the questions below and compare your answers to see if you are taking the right steps to good health!



1. What are some ways you can be more active?
2. Do you eat 3 meals per day?
3. What are some healthy food options?
4. How much sleep should you be getting?

Answers:

1. Increasing your activity is fun! Take a walk with a grown-up, try rollerblading or riding your bike! Make sure you are safe and always have adult supervision. If you are inside, you could make up your very own dance or exercise routine!
2. Eating 3 meals a day is very important. Many people skip breakfast, but it is vital for your energy throughout the day!
3. Vegetables, healthy grains, fruits, and meat/dairy should take up your plate in that order! Be mindful of sugar!
4. People between the ages of 6-18 need anywhere from 8-11 hours of sleep per night!



1. How many times per day should you brush your teeth?
2. What are some good and bad things related to oral health?
3. Do you know how to floss?

Answers:

1. You should brush your teeth 2x per day. Most people brush in the morning when they wake up and before they go to bed for best results!
2. Good: Brushing 2x per day, flossing, chewing sugar-free gum.
Bad: Eating lots of sugar and drinking sugary drinks, not brushing teeth, not flossing.
3. Learning to floss is fun! There are many of great videos to help you learn or you can ask the dentist next time!

Welcome to the Deli! Enjoy you a snack or drink!



Can you name the 5 food groups from biggest to smallest?

- 1.
- 2.
- 3.
- 4.
- 5.

If you need help, watch the videos in the Deli!

Answers:

1. Healthy Grains
2. Fruits & Vegetables
3. Dairy
4. Meat
5. Sugars



Did you get a manicure or hair style today?

If you click on the hair style- you can play a game and be your own stylist. Answer the questions below:

What are the 4 steps that happen before the stylist cuts hair?

- 1.
- 2.
- 3.
- 4.

Answers:

1. Wash
2. Rinse
3. Dry
4. Brush

You're a pro!

How cute are the animals?

They miss you!



Click through the animals to learn about them so you can answer the questions!

1. Who is your favorite animal?

2. Which animal has a lifespan of 50 years?

3. Do rabbits or guinea pigs typically live longer?

4. Which animal doesn't have any legs?

Answers:

2. Cici the Russian Tortoise
3. Rabbits. They live 7-10 years!
4. Kurt Russell because he is a snake!



The Art Studio is a favorite at LifeTown!

I hope you are staying creative!

Draw a picture below that reminds you of LifeTown!



Welcome to the Rite Rug Movie Theatre!

We hope you enjoyed some popcorn and screen time.

Since we can't watch movies at LifeTown, put on a movie-night for your family! Here is a checklist!

Prepare

- Schedule ahead
- Get kids excited
- Consider movie length
- Fresh Diaper
- Blankets
- Popcorn
- Movie-themed treats
- Use Potty
- Answer movie-related questions

Get Comfy

- Stuffed Animals
- Warm PJs
- Pillows
- Turn off distractions
- Milk
- Water
- Stretch & recharge
- Read a book

Snacks

Breaks

Learn

- Make a craft
- Share movie takeaways

Disney

The Marketplace

The Marketplace is a great place to shop for yourself and your family/friends.

Circle some of your favorite places to shop!

Grocery Store

Clothing Store

Pet Store

Home Goods Store

Farmers Market

Shoe Store

Office Supply Store

Sporting Goods Store

Jewelry Store

Book Store

Don't forget to explore the Park!

Thank you for enjoying Virtual LifeTown!

See you soon!

