

PROJECT
PLOUGHSHARES
CALGARY

Peace News

JULY/AUGUST 2012



We are located:

Parkdale United
Church
2919 8th Ave NW
T2N 1C8

403-270-7366

Office hours:

Mon Tues & Thurs
10:30 am - 3 pm

Wed 2 - 6 pm

The Calgary Peace Walk & Run
Celebrating the International Day of Peace
A collaborative event organized by:

Project Ploughshares Calgary, The Consortium for
Peace Studies, cdpeace in Sierra Leone.

Sunday September 23, 2012

Race Starts at the Running Room in Eau Claire Market
8:30 am Zumba Warm-up / 9:00 am Race Start
5K and 10K run or walk - all timed events



DONATE to the Calgary Peace Run (100% tax deductible):

<https://netcommunity.ucalgary.ca/peacerundonation>

SPONSOR the Calgary Peace Run: <https://netcommunity.ucalgary.ca/peacerunsponsorship>

100% of your donations and sponsorships go to support our programs!

In less than three months, the first-ever Calgary Peace Run will be taking place! We still need to expand in the areas of sponsors, donors, and registered walkers and runners.

We are requesting that all Project Ploughshares Calgary members register for the walk and run, as well as to commit to asking 3 - 5 of your friends, relatives and colleagues to sign up! This race is all about peace, harmony and good health - so remember that you don't have to be an Olympic athlete to participate! Walkers and runners are encouraged to participate, and to collect donations from their friends and family that will ultimately support the cause of peace!

[Click here to register as a runner or walker for this event through the Running Room.](#)

Additionally, there will be prizes for walkers and runners who bring in the greatest amount of money from people who sponsor them personally - the link to a printable pledge form is [here](#), and also attached to the end of this newsletter. We will give first, second and third place prizes to those individuals who collect the highest total of donations!

Be an Event Sponsor!

We are still in need of sponsors for the Calgary Peace Run! Our total budget for expenses related to organizing and putting on the Peace Run comes to approximately \$17,500. To date, we have received sponsorships totalling \$1500. **SPONSORS** receive advertising in exchange for their dollars. **DONORS** receive a tax receipt. If each of our members contributed just \$50 or \$100 to the Peace Run, that would make a huge difference! Please consider sending whatever you can to help us defray the costs associated with the run - any amount is most welcome! You can pay on-line (see link above) or write a cheque to the University of Calgary or Project Ploughshares.

Race Directors:

Saima Jamal (peaceuc@ucalgary.ca, 403-220-2136)

Karen Huggins (office@ploughsharescalgary.ca, 403-270-7366)

Wednesday, June 13, 2012, 7:30 pm
Parkdale United Church, 2919 - 8 Avenue NW
Conflict Transformation and Inner Peace

Martha McManus, M.A., MPhil, Rotary WORLD Peace Scholar

Martha's lively and passionate presentation was well-received by an audience of about 30 people. She talked about her work with UNICEF in Iraq, Sri Lanka, Colombia as well as in Canadian school settings, and stressed the importance of dealing with the whole child, which takes into account the child's home environment and other factors.



Martha's workshops help conflict resolution specialists expand their work to include the roles of preventing, resolving and containing conflict as provider, teacher, bridge-builder, mediator, arbiter, equalizer, healer, witness, referee and peacekeeper. Martha's light hearted, common sense approach and examples remind us of our own commitment to work toward peace and violence prevention.



Hiroshima/Nagasaki Memorial Event

Thursday August 9, 2012, 7 - 8:30PM

Calgary Area Outdoor Council - 1111 Memorial Drive (access from east)

Excerpts from the film 'The Last Atomic Bomb', which tells the life of a survivor, will be shown; visual and auditory reflection time; paper crane making - cranes to be sent to the Hiroshima Museum. All welcome! If you would like to volunteer for this, call Sally at 403-247-1653.

Upcoming Event - Fall 2012

Project Ploughshares Calgary's 30th Anniversary!

October 12 - Anniversary Dinner, Danish Canadian Club

October 13 - Seminar with Ernie Regehr, O.C.,

Founder of Project Ploughshares

Save the date for this incredible weekend! Friday evening there is a dinner for Ploughshares members to commemorate our 30th Anniversary (\$50 per person), and on Saturday there will be a special workshop presented by Ernie Regehr at Parkdale United Church. Further details will be posted in August.



Project Ploughshares Annual Peace Fair

Saturday November 3, 2012 at St. David's United Church

Save the Date!

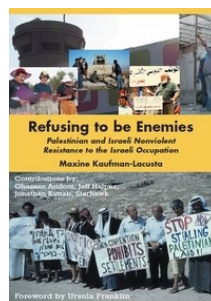
The Annual Peace Fair is always a crowd-pleasing event! Come do your holiday shopping with free-trade, environmentally friendly products! Let us know of any groups who might be part of the Peace Fair.

Upcoming Monthly Presentation

November 21, 2012 - 7:30 pm

Maxine Kaufman-Lacusta

Maxine will talk about her experiences living and working in Jerusalem, and will be promoting her new book, Refusing to be Enemies. She is a Quaker who believes greed is the biggest obstacle for peace with fear being "a close second, often based on past experience inflated to paranoid dimensions by power-hungry leaders."



Ploughshares Calgary News



Volunteers Needed!

Please visit our website www.ploughsharescalgary.ca. We can always use a helping hand! In addition to all our regular volunteer opportunities, we can use a few more hands to ensure the smooth running of the Calgary Peace Run! Please email Karen at office@ploughsharescalgary.ca, or phone her at [403-270-7366](tel:403-270-7366).



Donations Needed!

Monthly donations in June from individuals were \$175. Please remember your local peace education organization when you are considering giving money to a worthwhile cause. Our annual giving time is spring. Did you respond? We envision and are building a peaceful world. Please give generously!



Calgary Peace Run ~ Two Important Summer Events!

The Calgary Peace Run is planning to host two incredibly exciting events to raise awareness of and promote participation in the run and walk! Details below, with more info forthcoming:



July - (Date TBA) Dance Walk

This high-energy, fun-filled event will feature 30 - 50 people dance-walking through a location yet to be determined. The dance walk will feature peace quotes as well as LOTS of enthusiasm! Notices will be sent out via email, or you can check our website at www.ploughsharescalgary.ca. We will have volunteers on hand at this event to register anyone interested in the Calgary Peace Run.

August 23 - Yoga for Peace - Olympic Plaza

Instructor: Kelly Dowdell of Kula Yoga

Olympic Plaza, 12 - 1 PM

Everyone is invited to join us for this **free** yoga session designed to promote healthy, peaceful lifestyles. Bring your friends and register for the Calgary Peace Run after an energizing and relaxing yoga session!



UN Peacekeeping needs Canada's help

Ottawa - Canada's contribution to UN peace operations currently ranks 55th in the world, with 160 persons deployed (30 military personnel and 130 police, as of 30 April 2012). Canada's commitment to peacekeeping is declining, at a time when UN operations have increased and the need is greater than ever. Multidimensional peace operations today require military and civilian teams with diverse capabilities to co-ordinate humanitarian aid, protect civilians, disarm and reintegrate former combatants, strengthen state structures and arrest indicted war criminals. Regional organizations such as NATO and the EU cannot match the range of civilian and military services that the UN can provide.

At the time of last week's NATO Summit, Prime Minister Harper declared that no Canadian military personnel - troops, trainers or special forces would remain in Afghanistan after 2014. "Now is the time for Canada to start re-engaging in United Nations peacekeeping," says Warren Allmand, former cabinet minister and current President of the World Federalist Movement - Canada. "The winding down of Canada's mission in Afghanistan provides an opportunity for us to direct our military leadership and expertise to UN missions, where they are urgently needed by the world community."

According to Dr. Walter Dorn, a professor at the Canadian Forces Staff College, UN peace operations provide unparalleled legitimacy to international efforts. That's why Canadians, as shown in many polls, continue to support peacekeeping, even when Canada is at an all time low in contributions of personnel.

In the Cold War period and up to 1995, Canada was a participant in every UN peacekeeping mission, though our leading role in the blue berets has been in decline since then. FOR MORE INFORMATION: Canada and UN Peacekeeping Fact Sheet, August 2011

Warren Allmand, WFM - Canada National President, (514) 262-5623

(mobile) Walter Dorn, Canadian Forces Staff College, (416) 348-0997

Carolyn McAskie, former United Nations Assistant Secretary-General, C/O (613) 232-0647



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Special thanks to Karen Huggins & Sally Hodges for their work writing and editing this issue of the newsletter.

Calgary Peace Events



Women in Black Calgary Silent Vigil each 2nd and 4th Friday of the month, 12:00 - 12:45 pm

Everyone is welcome to join Women in Black in an oasis of peace at Olympic Plaza, downtown Calgary, standing amongst the statues of the Famous Five Women. Standing for a World without Violence

The Art of Peace: A Camp for Kids

August 13 -17, 8:30 am - 4:00 pm

1703—1 Street NW

This camp is a space for children 8—12 and artists, musicians actors and writers to explore peace through the arts. The concept is simple: We work and play together, share stories of peace and peacemakers, knowing that no one has all the answers, but everyone has ideas and hope to share! Peace is explored in 4 directions: 1) Personal Peace; 2) Peace with Nature; 3) Peace in Family and Community; and 4) Peace in the World.

Activities include painting, clay work, drama, dancing, drumming, writing, singing and more! Cost for the week, including healthy snacks, is \$200.00. Scholarships available. Contact: nancynourse@shaw.ca



Yes! I want to become a Project Ploughshares Calgary donor and partner in building peace.

Name: _____

Address: _____

Phone: _____

E-mail: _____

Here is my donation for 2012 of:

\$35 \$50 \$100 \$500 \$_____

(donations of \$10 or more will receive a tax receipt)

I'd like to become a Friend of Ploughshares and give a monthly pre-authorized debit donation, please send me an application form:

I'd like to receive the monthly newsletter by:

Email (recommended) Mail (with \$35 donation)



Summer of Peace Calgary 2012 is a local grassroots movement whose aim is to catalyze positive action towards peace, to inspire a shift in our collective efforts to create a culture where peace is the cornerstone of our individual and community endeavours to build a more caring, kind and compassionate world. Their overarching goal is to act locally in support of

the largest global commitment to peace in the history of humankind. It is part of a global celebration of and a call to action for inner and outer peace. It will begin with the arrival of summer on June 22, 2012 and continue through to the International Day of Peace on September 21, 2012 and beyond, and will include a variety of peace and reconciliation events, seminars and workshops, as well as an initiative to designate Calgary as an International City of Peace.

Summer of Peace Calgary aims to encourage Calgarians to embody personal peace, to create acts of peace and compassion in their homes, schools, communities, workplaces, and for the environment, and is planning to launch a campaign to inspire A Million Acts of Peace. Visit the website at <http://summerofpeacecalgary.com/>



"The first peace, which is the most important, is that which comes within the souls of people when they realize their relationship, their oneness with the universe and all its powers, and when they realize at the center of the universe dwells the Great Spirit, and that its center is really everywhere, it is within each of us." ~ Black Elk

