

# LANARK LIFESTYLES NEWSLETTER

February 2019

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## INFORMATION

### February 4th was World cancer day.

#### *Key Cancer Facts*

- 9.6 million people die from cancer each year
- At least one third of common cancers are preventable
- Cancer is the second-leading cause of death worldwide
- 70% of cancer deaths occur in low-to-middle income countries
- Up to 3.7 million lives could be saved each year by implementing resource appropriate strategies for prevention, early detection and treatment

#### **How to donate:**

<https://www.worldcancerday.org/donate-today>



## OUR STORY

### Featured Manager

**Our Life Enrichment Manager, Karen Wilson, was spotted volunteering at the blood donor clinic located at the Civitan on February 4th.**



## EVENTS

Upcoming information session- Sunday April 14th at 2:30 pm at the Best Western Perth, located at 82 Peter St.

RSVP to [info@lanarklifestyles.ca](mailto:info@lanarklifestyles.ca) as there are limited spaces available.

VIP meet and greet for our residents, on Sunday, April 14th at 1:00 pm at the Best Western Perth, located at 82 Peter St.

**Our blood pressure clinic on March 25th at the Perth Pharmasave has been canceled. Thank you to all who came out and participated.**

## SALES CENTRE OPENING SPRING SPRING

*Look for a special invite heading your way by mail!*

**Patti Jordan** ★★★★★

Perth Downtown Pharmasave's staff are very excited to be working with Dr. Chadha and the Lanark Lifestyles team. We look forward to providing services to the residents of this beautiful new retirement residence in Perth!



**LANARK LIFESTYLES**  
— RETIREMENT RESIDENCE —