



Myra Strand, MA, is the president and sole owner of Strand² Squared LLC where she provides training and education, both in person and through the online academy and consultation and agency support services.

Myra began working with people who have trauma in 1995. She has experience with youth with complex trauma and serious mental illness, people with developmental disabilities, youth in competing war zones, county inmates, in the area of death notification and with victims of all crime types.

In her previous position as CEO at Victim Witness Services (VWS) for Coconino County, Under her lead, she more than doubled- *nearly tripled*- the operating budget, she tripled the number of victims served during immediate crisis, she increased services to rural areas of the county and opened two satellite offices and establishing funds for “pop-up services”. She added new services including counseling, trauma sensitive yoga, emergency financial assistance, and a K-9 advocacy program. In 2013, when she started, there were nine staff members, when she left in 2018 there were nearly 30 people on payroll.

Myra has had success in improving the systems response. She co-founded the County Domestic Violence fatality review board. She assisted in the process that lead to DV risk assessments being used by local law enforcement and by the hospital, she assisted in establishing strangulation exams in her area.

Prior to her work at VWS, Myra was the Director of Community Based Services for Northland Family Help Center (NFHC). During her eight years at NFHC, she provided legal advocacy as a legal document preparer. She created two sexual violence prevention programs and supervised the runaway/homeless youth outreach program.

For over a decade, Myra was faculty member at Northern Arizona University, and Coconino Community College. She has also taught social justice classes in the Coconino County Detention Center working with men on issues of violence and healing.