

Katia Fredriksen, Ph.D.

Licensed Psychologist, MD & MA

Clinical Experience and Training

- 9/2010-present **Stixrud Neuropsychology Group**
Developmental neuropsychologist
Individual neuropsychological assessment with children, adolescents, and college students with developmental, learning, attention, and psychiatric issues.
- 9/2008-8/2010 **Integrated Center for Child Development (ICCD; MA)**
Pediatric neuropsychologist
Individual neuropsychological assessment and multi-disciplinary team evaluations with children and adolescents, primarily aged 5-18, with developmental, learning, attention, and psychiatric issues. Attendance at IEP meetings, completion of school visits and program evaluations, presentations to parent advisory committees, participation as an expert witness, and report editing.
- 8/2006-8/2008 **ICCD; Children's Evaluation Center(MA)**
Post-doctoral fellowship in pediatric neuropsychology
Supervisors:Rafael Castro, Ph.D., Joseph Moldover, Psy.D.
Neuropsychological assessment with similar population to above.
- 7/2005-6/2006 **Cambridge Health Alliance(MA)**
Pre-doctoral psychology intern
Supervisors: Ronald Siegel, Psy.D., Stephanie Smith, Ph.D., David Power, Ph.D., Rita Teusch, Ph.D., XiaoluHsi, Ph.D., DorcasLiriano, Ph.D., Silvia Halperin, Ph.D.
Outpatient psychotherapy and neuropsychological/projective assessments with: children and families at Cambridge Youth Guidance Center, a community mental health center; adults at Central Street Health Clinic/CHA Adult Outpatient Department.
- 9/2004-5/2005 **Child Development Center, Cambridge Health Alliance**
Half time neuropsychology testing apprentice
Supervisors:David Dinklage, Ph.D., DorcasLiriano, Ph.D.
Neuropsychological, cognitive, and projective testing with inpatient and outpatient children and adolescents.
- 9/2003-6/2004 **Child Assessment Unit, Cambridge Health Alliance**
Half time psychology trainee
Supervisors:Christopher Pagano, Ph.D., David Smith, Psy.D.
Individual/family therapy and psychological/cognitive testing as part of a multidisciplinary team working with inpatient children.
- 9/2002-5/2003 **University of Massachusetts Boston Counseling Center**
Half time psychology trainee

Supervisors: Joan Liem, Ph.D., Deborah Cohen, LIC.S.W.
Individual psychotherapy for a diverse student population.

Education

- 2001-2006 **University of Massachusetts Boston**
Ph.D. in Clinical Psychology May 2006
Dissertation title: The gateway theory and adolescent substance use
M.A. in Psychology June 2003
Masters title: The importance of getting a good night's sleep: Tracking
the effects of varying sleep patterns during the middle school years
- Spring 2001 **University of Bergen, Norway**
- 1996-2000 **Princeton University**
B.A. in Psychology, certificate in French language and culture, cum
laude
- Spring 1998 **University of St. Andrews, Scotland**

Publications, Presentations, and Posters

Papers:

Fredriksen, K., & Rhodes, J. (2004). My favorite teacher: The role of teacher relationships in the lives of children and adolescents. *New Directions in Youth Development*, 103, 45-54.

Rhodes, J., Roffman, J., Reddy, R., **Fredriksen, K.**, & Way, N. (2004). Changes in self-esteem during the middle school years: A latent growth curve study of individual and contextual influences. *Journal of School Psychology*, 42, 243-261.

Fredriksen, K., Rhodes, J., Reddy, R., & Way, N. (2004). Sleepless in Chicago: Tracking the effects of adolescent sleep patterns during the middle school years. *Child Development*, 75(1), 84-95. Covered by various media, including National Public Radio, ABC News, WebMD, the New York Times, and Boston Parents' Magazine.

Presentations:

Fredriksen, K., Rhodes, J., & Reddy, R. (2006). Sleepless in Chicago: Tracking the effects of adolescent sleep patterns during the middle school years. Paper presented to the Providence Sleep Research Interest Group at Brown Medical School, January 2006.

Fredriksen, K., Rhodes, J., & Reddy, R. (2004). Adolescent sleepiness: Gender differences and the impact of sleep on mood, self-esteem, and grades. Paper presented at The Learning & the Brain Conference in Cambridge, MA, April 2004.

Posters:

Fredriksen, K., Reddy, R., & Rhodes, J. (2003). The importance of getting a good night's sleep: tracking the effects of varying sleep patterns during the middle school years. Poster presented at Society for Research in Child Development in Tampa, FL, April 2003; at Society for Research on Adolescence in Baltimore, MD, March 2004; at American Psychology Association's annual convention in Hawaii, July 2004; and at European Society for Research in Sleep in Prague, October 2004.

Other Professional Experience

- 9/2004-5/2005 **Clinical Psychology doctoral program, University of Massachusetts Boston**
Research assistant, Jean Rhodes, Ph.D.
- 6/2004-10/2004 **Big Sister Association of Greater Boston**
Research associate, research project on gender-specific services
- 9/2001-5/2002 **Department of Psychology, University of Massachusetts Boston**
Teaching assistant, Introductory Psychology

Awards

- 2004 Craig R. Bollinger Memorial Research Grant
- 2003 Maxwell J. Schleifer Memorial Prize in Child Clinical Psychology
- 1996 Robert C. Byrd Honors Scholarship

Language Abilities

Proficient French and Norwegian