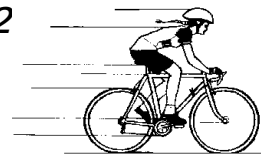
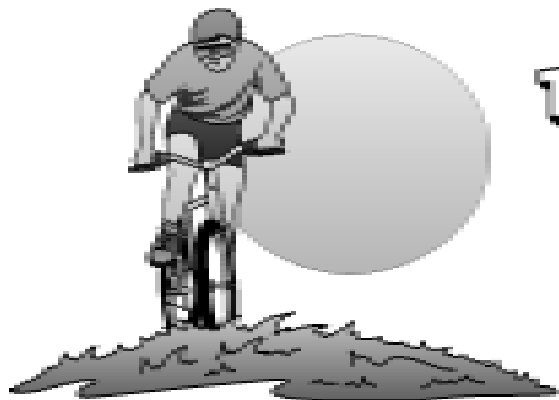


Spokes

April 2002



The Newsletter of the Edmonton Bicycle & Touring Club



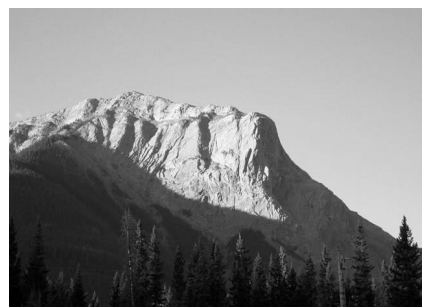
Time to Renew! for the new season

Application form and waiver (overleaf) must be filled out and mailed with full payment.

You will receive a membership card.

The Mountain Parks Tour June 28 - July 14

See page 6 for registration information



EBTC BAD (Bring a Dish) Event

Our annual BAD (bring a dish event) Bring a potluck item to share with your. Come out and meet other members of the club, tell us your cycling stories.

Contact: Nadine at 438-1987

Saturday, April 20th., 2002, 6:00 -12:00 PM.
International Youth Hostel, (Lower level)
10647 - 81 Ave.

**Monthly Executive Meeting
Monday, 6:30 p.m., April 8, 2002
Members meeting 7:45 p.m.**

Location: Edmonton International Hostel
10647 - 81 Ave

The EBTC Come-One, Come-All Annual Charity Fun Ride

The Bow Valley Parkway between Banff and
Lake Louise

See page 6 for registration information



The Golden Triangle

Golden Triangle
2002
May 17th. - 20th.

EBTC Hotline Recording: 424-2453 (424-BIKE)

E-mail: bikeclub@ecn.ab.ca

WWW: <http://www.ecn.ab.ca/bicycle/>



Edmonton Bicycle and Touring Club Membership Application Form

First Name _____ Last Name _____ Spouse/Partner _____
 Address _____ City _____ Province _____ Postal Code _____
 Home Phone _____ Work Phone _____ Spouse/Partner Phone _____ / _____
 Additional Household Member(s) _____ Under (18) _____
 Do you wish to receive EBTC Email: Yes No E-mail _____
 Membership Type Single Couple Family Do you have a current First Aid Certificate: Yes No
 Are you interested in: being a leader of a day or weekend trip being a driver of a support vehicle being a volunteer
 Do you wish to have your name and phone number made available to other EBTC members? Yes No
 Do you wish to receive the club newsletter by: Regular Mail Print the newsletter directly from the club website

Yearly Membership April 1 - March 31
 Single \$30.00 - Couple \$50.00
 \$10.00 For Additional Family Member Under Eighteen Years of Age

Half Yearly Membership October 1 - March 31
 Single \$15.00 - Couple \$25.00
 \$5.00 For Additional Family Member Under Eighteen Years of Age

Release, Waiver And Assumption of Risk

I hereby acknowledge and agree that in consideration of being permitted to participate in cycling, skiing or other programs or activities organized or operated by the Edmonton Bicycle and Touring Club or its agents (hereinafter called "EBTC"):

1. that I acknowledge that the sports of cycling and skiing and some of the other programs and activities of EBTC are dangerous, exposing participants to many risks and hazards, some of which are inherent in the nature of the sports themselves, and others which results from human error and negligence on the part of persons involved in preparing and organizing cycling and skiing programs, and other activities.
 - a) that as a result of the aforementioned risks and hazards, I as a participant may suffer serious personal injury, even death, as well as property loss;
 - b) that some of the aforesaid risks and hazards are foreseeable and others are not;
 - c) that I nevertheless freely and voluntarily assume all the aforesaid risks and hazards and that accordingly my preparation for and participation in the aforesaid cycling, skiing and other programs and activities shall be entirely at my own risk;
 - d) that I understand that neither EBTC nor any of their members, officers, directors, employees, contractors or agents assume any responsibility whatsoever for my safety during the course of my preparation for or participation in the aforesaid cycling, skiing or other programs or activities;
2. I understand that cycling is an activity that is governed by the terms and conditions of the Motor Vehicle Act, and I agree that I will obey the laws and regulations set out in the Act;
3. I agree to always wear a safety helmet which meets current cycling safety standards when cycling in activities sponsored by EBTC;
4. that I have been given the opportunity and been encouraged to seek independent legal advice prior to signing this agreement;
5. I do hereby release EBTC, their members, officers, directors, employees, contractors and agents from all liability, and do hereby waive as against EBTC, their members, officers, directors, employees, contractors, and agents, all recourses, proceedings, claims, and causes of action of any kind whatsoever, in respect of all personal injuries or property losses which I may sustain arising out of, or connected with, my preparation for or participation in the aforesaid cycling, skiing or other programs or activities, notwithstanding that such injuries or losses may have been caused solely or partly by the negligence of EBTC or any of their members, officers, directors, employees, contractors or agents;
6. that this agreement need not be brought to my attention each time I participate in any EBTC event or activity in order for the agreement to be effective;
7. that I have carefully read this RELEASE, WAIVER AND ASSUMPTION OF RISK agreement; that I fully understand the same; and that I am freely and voluntarily executing the same;
8. that this RELEASE, WAIVER AND ASSUMPTION OF RISK agreement is binding on myself, my heirs, my executors, administrators, personal representatives and assigns.

DATED AT _____ ALBERTA, THIS _____ DAY OF _____

The following information is required for insurance purposes

Print Name _____	Date of Birth _____ / _____ / _____	Signature _____
Print Name _____	Date of Birth _____ / _____ / _____	Signature _____
Print Name _____	Date of Birth _____ / _____ / _____	Signature _____
Print Name _____	Date of Birth _____ / _____ / _____ <small>mm dd yy</small>	Signature _____

All household members must sign - If under age 18, parent or guardian signature is also required

Helmets: Cyclists are required to wear bicycle helmets while riding under the auspices of the EBTC. Helmets must meet current safety requirements.

Please Enclose Membership Fee With Application Form

(For Club use) Member Card Number

Amount Enclosed _____ Date _____

Club members receive a membership card

EBTC Executive Members

President	Al Carlson	458-1471
Past President	Richard Williams	419-6240
Vice President/Touring Coordinator	Neil Morrison	466-3550
Treasurer	Maureen Lanuke	436-9004
Secretary	Vacant	481-4460
Publicity Coordinator	Vacant	
Social Coordinator	Nadine Leenders	438-1987
Newsletter Editor	Gord Charles	487-0206
Supplies & Equipment Coordinator	Ernie Mah	988-8322
Education & Safety Coordinator	Vacant	
Membership Coordinator	Angela Ziemann	469-0328
Volunteer Coordinator	Vacant	
Librarian	Vacant	

Newsletter Enquiries & Submissions

The submission deadline for the May newsletter is April 22, 2002

Enquiries, articles and photos can be delivered on 3.5" IBM formatted diskettes, or on paper addressed to the EBTC Newsletter Editor, P.O. Box 52017, Garneau Postal Station, Edmonton, Alberta, T6G 2T5

To arrange for alternate delivery of submissions, the Newsletter Editor can be contacted at (487-0206). Short submissions can be faxed to 443-2004. Submissions can also be sent via e-mail addressed to: bikeclub@ecn.ab.ca or directly to: grcharle@telusplanet.net

— these can be included within the body of the e-mail message or as attached word processing and graphics files. Most popular word processor and graphic file formats are acceptable.

...or, bring your articles to the monthly member's meeting.

Spokes is the newsletter of the all-volunteer Edmonton Bicycle & Touring Club. It is published monthly in the summer and bi-monthly in the winter months. Excerpts may be used, without permission, provided the source is acknowledged.

Opinions expressed in **Spokes** are those of the author or contributor and are not necessarily shared by the Edmonton Bicycle and Touring Club. The editor reserves the right to edit for clarity, brevity, and content. The editor, is the sole judge of suitability for publication of all articles or advertisements.

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Edmonton Bicycle and Touring Club
P.O. Box 52017
Garneau Postal Station
Edmonton, Alberta
T6G 2T5

Moving?

If you're moving, please give your name, old address, new address and new phone numbers to the "Membership Coordinator" noted above. This information will ensure that you receive your new EBTC newsletters.

E-Mail ??

The EBTC maintains an e-mail directory of members. Occasionally, e-mail or other items received by EBTC that are considered to be of interest to the membership are forwarded via E-mail to the members listed in this directory. If you wish to be added to this mailing list please send a request via e-mail to bikeclub@ecn.ab.ca



Golden Triangle 2002 May 17 - 20

Plans are underway for the EBTC 2002 Golden Triangle trip on the weekend of May 17 - 20, 2002. While all details are not yet finalized, we are planning a hostel/motel weekend. We'll leave for Castle Mountain Junction on Friday night, May 17th. and complete the trip Monday, May 20th.

Exciting
Challenging
Satisfying

Registration opens April 1, 2002,
please register ASAP. See Tour
Registration Form and Policy on Page 6
For further information, please
call Neil at 466-3550.



The Mountain Parks Tour

June 28 - July 14, 2002

The Mountain Parks Tour -Jasper to Banff - Banff to Waterton Waterton to St. Mary (Montana)

This is a spectacular trip for mountain scenery .It traverses through four National Parks (Jasper, Banff, Waterton and Glacier-Montana) and two provincial parks (Kananaskis and Chain Lakes). You will climb and descend many hills and 5 major passes; Sunwapta, Bow, Highwood, Logan and Marias. Daily cycling distance varies between 45 km and 110 km and averages about 80 km per day. There are two scheduled rest days, one in Banff on day 5 and one in Waterton on day 11. Our accommodations will be a combination of hostels and camping. This sort of trip is not for everyone. It requires endurance, persistence, and patience with yourself and your fellow riders and drivers. However, if you are willing to accept the challenge, you will reap the rewards of an adventure.



The tour is divided into 3 parts. We will start in Jasper with three support vehicles and 33 people. When we arrive in Banff, one van will take 11 people back to Edmonton and the remaining 22 continue to Waterton. When we arrive in Waterton, the second van will take another 11 people back to Edmonton and the final 11 continue to St. Mary.

Therefore you can register for a portion of the tour or the entire trip. You may register for Jasper to Banff (June 28 to July 1) or Jasper to Waterton (June 28 to July 8) or Jasper to St. Mary (June 28 to July 14)

Please be specific on your registration form. The cost of the trip has not been finalized, please stay tuned to next months newsletter for the final numbers. Want more information? Call Neil @ 466-3550.

Registration for this trip OPENS APRIL 1, 2002 and deposit for the trip will be \$ 100.00.

The EBTC Come-One, Come-All Annual Charity Fun Ride

The Bow Valley Parkway between Banff and Lake Louise

Regarded by many as one of the most beautiful rides in Alberta, this one day metric Century (100kms, 50 each way) is a shorter and easier alternative to the Golden Triangle. You will see spectacular scenery and wildlife. We'll ride the Bow Valley Parkway (Hwy 1A) from just west of Banff on the uphill leg to Lake Louise (50 kms) and lunch at the famous Laggin's Bakery (perhaps on their world renowned cinnamon buns), and then reverse our route on the Parkway downhill back to Banff. Following the ride you can enjoy (and may need?) the soothing Banff Upper Hot Springs (remember to bring your bathing suit and extra funds for the Hot Spring with you to the ride).



We'll meet at 9:00 am Saturday, May 18th, at the first junction on the Parkway (Hwy 1A), just off Hwy 1, west of Banff and will depart at 9:30 am sharp. Be sure to bring a rain shell, water for the first 50 km (we can refill at Louise), snacks and money for lunch.

All participants should be capable of fixing their own flats and be equipped to do so. This is an intermediate ride and not recommended as your first long ride of the season. It is 100 km in all, with uphill sections.

The cost of the ride is a donation of \$15.00, which will be collected at the start and donated this year on behalf of the EBTC to Breast Cancer Research.

Organize your own transportation and accommodations, but reserve early as it's the first long weekend of the summer and places tend to get booked up months in advance. (The number of the Banff Hostel is (403) 762-4122).

Non-members are welcome and helmets are mandatory. Ride rain date: May 19th.

Volunteer drivers with support vehicles urgently needed.

If you are planning to join the ride please advice Bob prior to May 15th at 482-5403. No pre-registration or deposit required

Edmonton Bicycle and Touring Club Tour Calendar - Summer 2002



FOR ALL OVERNIGHT TOURS, REGISTRATION OPEN FROM MAY 1, 2002 or April 1, 2002 if Noted

** The schedule is subject to ongoing changes, corrections, additions etc. Always refer to the most recent issue of the newsletter and check with tour coordinators for latest information.

Saturday, April 20th, 2002 ***Our Annual BAD******* (Bring a Dish Event)

Contact: Nadine at 438-1987

Description: Bring a potluck item to share with your. Come out and meet other members of the club, tell us your cycling stories. 6:00 -12:00 PM. Edmonton International Youth Hostel (Lower level) 10647 - 81 Ave.

Sunday, April 28 2002 FORT SASKATCHEWAN BRUNCH RIDE

Dist/Rating: 50 km return, Novice, easy

Coordinator: Maureen Lanuke (436-9004),

Cost: \$10.00 est. for brunch

Description: A fun ride for the novice cyclist or anyone who likes to cycle and EAT! Meet at Hermitage Plaza (127 Ave. & 50 St.) at 9:15 AM. - leave 9:30 SHARP and cycle to the Fort for Brunch at Paul's Family Restaurant in the new Fort Inn.

Sunday, May 5, 2002 BEAUMONT - LEDUC RIDE Cost: free (\$ for snacks if you want to buy them in Beaumont/Leduc)

Coordinator: Angela Ziemann (469-0328)

Dist/Rating: 30 km beginner ride, plus 35 km optional ride to Leduc (int/adv)

Description: Meet at the Lion's Rotary Park on the west side of 66 St. opposite Safeway at Millwoods Town Centre. (66 St. and 23 Ave.) at 10:00 am. Ride to Beaumont via 50 street. Leg one is an easy, short ride for the whole family. Option to return directly or loop to Leduc for an advanced workout (= hills!) Bring your own snacks/water. Rest stops in Beaumont and Leduc ONLY.

Saturday, May 11, 2002

100 KM. OUTING

Dist/Rating: Intermediate

Coordinator: Neil Morrison (466-3550)

Cost: Free (Bring a Lunch)

Description: Warm up for the Golden Triangle with this distance ride bordering the town. Depart at Kinsmen Field house by 9 am, ride through river valley north to St. Albert. Proceed to Namao and south on Old Fort Road and east to Victoria Trail, then south on 17 Street back to Kinsmen.

Saturday, May 18, 2002

FAMILY FUN RIDE

Coordinator: REQUIRED

Dist/Rating: Intermediate

Description: Details to be announced

May 18 - 20, 2002 GOLDEN TRIANGLE **Dist/Rating:** 105 km - 115 km/day over mountain passes.

Coordinator: Neil Morrison (466-3550)

Cost: \$200.00

Deposit: \$50

Description: Kick start the 2002 cycling season with the traditional May long weekend tour. Ride from Castle Mountain Junction to Golden to Radium and back to Castle Mountain Junction. This is a hotel/hostel, van supported trip with a limit of 28 people including coordinators and 1 driver. There will be a pre trip meeting.

***** REGISTRATION OPENS APRIL 1**

Saturday May 18, 2002 BANFF TO LAKE LOUISE & RETURN (HIGHWAY 1A)

Coordinator: Bob Steen (482-5403)

Dist/Rating: Intermediate

Description: Regarded as one of the most beautiful rides in all of Alberta. A one day metric Century fun ride alternative to the Golden Triangle. Ride Hwy 1A from just west of Banff to Lake Louise (50 km), then lunch at the famous Laggins Bakery before return ride back to Banff. Depart 9:30 A.M. Must carry a rain shell, equipment to fix a flat, water and snacks. After the ride, consider a relaxing dip at the Hot Springs. Organize your own accommodations and meals in Banff.

Additional costs: The cost of the ride is a donation of \$15.00, which will be collected at the start and donated this year on behalf of the EBTC to Breast Cancer Research. Support vehicle(s) and driver(s) needed. If planning to attend, call Bob Steen 482-5403.

Saturday, May 25, 2002 BAKERY TOUR 101

Coordinators: Al Carlson (458-1471) and John Sisson (431-0359)

Cost: \$ for goodies

Description: Learn to ride safely on city streets while sampling scrumptious goodies from bakery to bakery. Ride a little, eat a lot. A great family ride. Watch for more details.

Saturday, June 23, 2002 ICE CREAM TOUR

Dist/Rating: +/- 30km Beginner

Coordinator: Angela Ziemann (469-0328)

Cost: Free, bring \$ for goodies

Description: A fun ride around town, where we will stop for goodies to at least 3 shops. bring your appetites! details TBA

June 28 – July 13, 2002 THE MOUNTAIN PARKS TOUR
Coordinator: Neil Morrison (466-3550) **Cost:** to be determined
 Jasper to Banff – June 28 to July 1
 Jasper to Waterton – June 28 – July 8
 Jasper to Glacier National Park (Montana) – June 28 – July 13



*Registration for this trips OPEN APRIL 1, 2002.
 See page 4 of this newsletter for more details.

Saturday, July 13, 2002 COOKING LAKE - LINDBROOK LOOP
Coordinator: Lois Knight (466-9536) **Dist/Rating:** 92 km. Begin+ - Intermediate (mostly flat).
Cost: Free + \$ for snacks and/or \$10 - \$12 for optional Teahouse Lunch
Description: Tour east from Sherwood Park on hwy 14, past Cooking Lake to Lindbrook. Meet at Wye Road Safeway, Sherwood Park at 10:00 AM. Leave at 10:30 SHARP! Rest and relax (12:30-1:30) by the Lindbrook store at 49 Km. Return to Sherwood Park via secondary hwy 630 (Wye Road). There will be a Treasure Chest Tea house stop at 78 km. at approx. 3:00 pm. Bring a lunch or plan to eat at the Teahouse.

Sunday July 14, 2002 MIQUELON LAKE RIDE Dist/rating: : 50km+ one way.
Coordinators: Ellen Ainsley / Angela Ziemann (469-0328), **Cost:** free
Description: Meet at the Beaumont IGA at 8:30 am. for an 8:45 am. (SHARP) departure to Miquelon Lake for a day at the beach.

Saturday July 20 – Sunday 21, 2002 MINK LAKE TOUR
Coordinator: Lois Knight (466-9536) **Cost:** TBA
Description: details to be announced

Saturday July 27, 2002 ALLEN BEACH TRIP
Coordinator: Max Mayer (489-7173) **Cost:** TBA
Description: details to be announced



Sunday, July 28, 2002 TOUR DE L'ALBERTA Dist/Rating: 100 miles or 100 km Intermediate to Advanced
Coordinator: **Cost:** Entry Fee
Description: A 100 mile Century ride or optionally a 100 Km tour passing through towns north of Edmonton. The 100 Mile century ride is also the official cycling leg of the Runbikeski triple endurance challenge. Further details TBA

August 10-11, 2002 THUNDER LAKE TRIP Dist/Rating: Between 75 km to 80 km per day
Coordinator: Debbie Kowaliuk (462 1266) **Cost:** Approx. \$80.00 **Deposit:** \$50.00
Description: The classic Thunder Lake trip. Cycle from Onoway to Thunder Lake Provincial Park, which has a nice beach. This will be a van supported camping trip. Anticipated distance will be 75 km on Sat. and 80 km on Sunday.

Saturday, August 17, 2002 BAKERY TOUR
Coordinators: Al Carlson (458-1471) **Cost:** \$ for goodies
Description: Details to be announced

Sunday, August 18, 2002 PIGEON LAKE DAY TRIP
Coordinators: Nadine Leenders (438-1987) and Dennis Woo (431-2182) **Cost:** tba
Description: details to be announced

August 24 to September 2, 2002 KETTLE VALLEY RAILROAD
Coordinators: Ernie Mah (998-8322) **Cost:** tba **Limited to 10 participants**
Description: details to be announced

August 24-25, 2002 HIGHWAY 21 (STETTLER) TOUR
Coordinators: John Sisson (431-0359) **Cost:** tba
Description: details to be announced



Tuesday Night "Out and Back" Sweat Rides

The weekly sweat rides will be on **Tuesday's** this summer and will start on the first Tuesday in May. We'll meet at the at 6:30 pm. for a 6:45 start time. These rides will be led by Ellen Ainsley, (For info call Angela, Ph: 469-0328). These are more energetic ride. Members are usually out to improve their endurance, speed or fitness. Out and back format - 45 min. out, then turn and ride back. Cyclists travelling at different speeds will then generally finish together. (Tuesday, May 7th. at Sherwood Park - Alliance Church) **Schedule to be Announced**

Wednesday Show and Go Rides

The weekly Show and Go rides will be on **Wednesday's** this summer. The first ride of the saeson will be on Wednesday, May 1st. We'll meet at the Northeast corner of the Kinsmen Fieldhouse parking lot at 6:30 pm. for a 6:45 start (SHARP). These are social rides where EBTC members meet at the designated time and place and then decide where to ride.

Overnight Tour Registration Form

Please read the Tour Registration Policy overleaf, before filling out your registration form. To ensure 'First come, First served' registration, forms and cheques will not be accepted by tour leaders. All registrations will be dated by the postmark.

Please fill out a separate registration form and cheque for each tour.

Name of Tour: _____

Tour Date(s): _____

Your Name: _____ EBTC Membership Card # _____

Address: _____ Postal Code: _____

Home Phone: _____ Work Phone: _____

E-Mail Address: _____ If under 18 please check

Do you have a current first aid certificate?: Yes No

Please note any medical conditions which may affect your ability to complete this tour: _____

Allergies/ Diet restrictions _____

Release of Organizers:

In signing this release for myself or for the named entrant (when the entrant is under 18), I understand the intent of this release and agree to absolve the Edmonton Bicycle and Touring Club, its officers, organizers, and participants, singly and collectively, of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in this activity. (If under 18, signature of Parent or Guardian)

Signature: _____ Date: _____

Deposit Paid in Full Amount enclosed: _____

Overnight Tour Registration Policy

1. Registrations may be limited on some tours.
2. To register for a tour, you **must** be a club member. This form is required only for overnight tours; not for day trips.
3. For tours with a fee of less than \$50.00, full payment is required with registration, of which \$25.00 is non-refundable.
4. For tours with a fee of more than \$50.00, a deposit of \$50.00 is required with registration, of which \$25.00 is non-refundable.

The balance is due 7 days before departure.

5. A separate registration form and cheque is required for each tour.
Mail forms and cheques to:

**Edmonton Bicycle & Touring Club
P.O. Box 52017, Garneau Postal Station
Edmonton, Alberta T6G 2T5**

6. Registration must be by mailed and received at least **3 weeks** before the tour departure date. Registrations after this date must be dropped off directly to the tour coordinator and accepted at the tour coordinator's discretion.

Refund Policy

7. If you cancel within 7 days of the date of the tour departure with a replacement being found, the \$25.00 non-refundable deposit is forfeited. If you cancel within 7 days of departure without a replacement being found, the full tour fee is forfeited. If you cancel more than 7 days before the tour departure date with a replacement being found, the full tour fee is refunded. If you cancel more than 7 days before the tour departure date without a replacement being found, the \$25.00 non-refundable deposit is forfeited.
8. If your registration and deposit are received after a tour is 'full', you can choose to:
 - a) have your cheque destroyed, or
 - b) have your name placed on the waiting list, and your deposit held by the club. If you are not accepted from the waiting list, your deposit will be refunded.

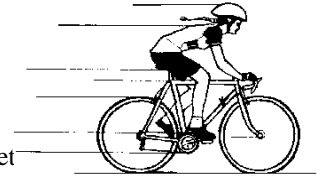
What is the City of Edmonton Doing for Cyclists?

Working with the Transportation & Streets Department, I am surrounded by many roadways and public transit projects - so many people employed to provide infrastructure for more motor vehicles. Fortunately for me, my job is bicycle transportation issues and better still, there are plenty of activities to keep me busy.

TRAIL CONSTRUCTION

Three major trail projects are planned for the forthcoming summer construction season:

1. Commencement of a trail for northeast Edmonton along the LRT rail line between 95 and 97 Street Commonwealth Stadium, Coliseum and beyond in coming years.
2. The second project is along 91 Street between 58 and 66 Avenues, which will ultimately connect Mill Creek Ravine (and the Argyll Velodrome) to Mill Woods and southeast Edmonton.
3. The River Valley Road trail will be widened to 4 meters and resurfaced between Groat Road and the Menzies (LRT) Bridge. This work is part of the road rehabilitation, which also includes improvements to landscaping and urban features.



Federal and Provincial funding has been secured for developing a trail north from the High Level Bridge along the former CPR corridor to Jasper Avenue. This will connect to the existing Railtown trail and the future expanded Grant MacEwan College. Design work is underway and construction expected for 2003.

Many of you may have ridden trails constructed last year, including the 121 Street "Bicycle Highway" between 107 and 118 Avenues, a car free environment for express travel downtown from northwest Edmonton. Other connections were completed at 109A Avenue/128 Street and along Scona Road near the Old Timers Cabin. A trail widening at 86 Avenue/101 Street was commenced and will be completed during the 2002 construction season. Another improvement was widening the northern end of the trail on the east side of the High Level Bridge, achieved by reclaiming some of the roadway – great!

MULTI-USE TRAIL CORRIDOR STUDY

Work by the T&S Department is guided by the 1999 Transportation Master Plan, which identified the important ten-year goal to develop trails along abandoned rail, utility and other rights of way for non-motorized users. These include cyclists, walkers, joggers, skaters, persons in wheelchairs and other self-propelled modes.

To develop an implementation strategy, the City worked with stakeholders and a consultant to prepare the Multi-use Trail Corridor Study. The Study, recently approved by City Council, proposes 62 kilometers of all-season trails connecting residential districts with the Downtown, university area and the River Valley. The Study also recommends trail design guidelines and ongoing administrative programs such education, monitoring and maintenance.

COMING ATTRACTIONS

My work program for the forthcoming year already has a number of planned activities including:

- Commencing the update of the 1992 Bicycle Transportation Plan. This policy document will continue to outline the types of bicycle facilities to be developed and associated programs.
- Revamping the Cycle Edmonton Map, an excellent guide for getting around the city by bicycle. Best of all, it's free!
- Bicycle Festival July 2002. The great cycling spirit from last year's North American Cycle Courier Championships and Future Fair will return for another revolution. All sorts of bicycle activities will be available from the menu, with key events planned for July 19 – 21. Got an idea for a bike event? Get involved!
- Marking the Trans Canada Trail between Strathcona Science Park and Riverbend to the city limits.



My colleagues at the City of Edmonton are also busy with various bicycle related projects such as planning more pedestrian bridges across the North Saskatchewan River, providing consistent signs throughout the River Valley, and expanding the bike racks on buses program for an east-west service.

WANT MORE INFORMATION?

It is always a pleasure to hear from Edmonton cyclists, particularly if any of the above mentioned items interest you. I can often be seen cycling in fluorescent green (with a red helmet) on the streets of Edmonton, or contact me at: **Phone: 496-2407**

Email: claire.stock@gov.edmonton.ab.ca

Memories



Spokes

MS 150 Bike Marshal Recruitment

The MS 150 ride will be requiring bike marshals to help with this year's ride, set for June 8 & 9. This is a 2 day event which begins and ends in Leduc, and has an overnight stay in Camrose. In the past the EBTC has supplied marshals from those members who had ridden as pledged riders (riders who collected pledges) but there is to be a change in the system this year.

Marshals for this event will be obtained from two sources; United Cycle will supply half of the number from its own employees and racing team, and the EBTC will provide the other half. The conditions by which marshals will be recruited from our club are as follows:

- 1) Both registered pledge-collecting riders and other members not registered to ride in this event can become marshals.
- 2) Pledge collecting riders will have the initial registration fee for this event returned to them after completion of the ride if they served as a bike marshal.
- 3) Both categories of marshals will be registered as volunteers under the Multiple Sclerosis society, and will be liable to the same terms and conditions of service as other MS volunteers.
- 4) There will be a more focused effort this year to coordinate the activities of bike marshals with the operations of both the Canadian Ski Patrol and the Community Police Radio network in providing assistance to the MS 150 participants.

As in the past, all volunteers will be encouraged to attend a volunteer orientation night organized by the MS society; and a second more specialized meeting involving the marshals and the other groups they will be cooperating with will also be held. All those EBTC members interested in becoming marshals need to fill out a volunteer registration from the MS society. Both forms and other information can be obtained by contacting

John Sisson at 431-0359.

The Peddler



Bicycle Shop Discounts

Discounts are available to all EBTC members at the following shops. You must show your membership card. Discounts do not normally apply to sale items. Other limitations may be posted by the retailer.

Cycle Logic 7805 - 109 Street, 433-1046 15% off parts, accessories and service	Sports Shack 1993 6116 - 90 Avenue, 469-3554 10% off parts and accessories
Klondike Cycle & Sports 9440 - 149 Street, 484-3307 20% off parts and accessories	The Hardcore Mountain 10008 - 82 Avenue, 439-4599P http://www.hardcore.ab.ca/
Millwoods Sports & Cycle 6524 - 28 Avenue, 462-1642 10% off	Track 'N Trail 10148 - 82 Avenue, 432-1707 http://www.compumart.ab.ca/track/
Pedalhead 8411 - 109 Street, 433-2085 www.compumart.ab.ca/pedalhead/	10% off
10% off parts and accessories	United Cycle 10328 - 78 Avenue, 433-1181 http://www.unitedcycle.com/
redbike 10918 - 88 Avenue, 435-2674 10% off parts and accessories	10% off retail parts and accessories
Revolution Cycle 15103 Stony Plain Rd., 486-3634 - 15% off	Velo City Cycle and Sport 7208 - 101 Avenue, 466-8133 10% off parts and accessories
River Valley Cycle & Sport 9124 - 82 Avenue, 465-3863 http://www.rvcns.com/	Way Past Fast 9303 - 34 Avenue, 448-0570
15% off parts, accessories and service	

Note: many other outdoor shops will give discounts to EBTC members! Inquire if in doubt.