

# TALK NOW

**A FREE WALK-IN MENTAL HEALTH**

## **COUNSELLING CLINIC**

**For Children And Youth Ages 17 and Under  
And Their Families**

### **TALK NOW ABOUT:**

- **School stuff**
- **Home life**
- **Relationship issues**
- **Gender & Sexual identity**
- **Feeling sad, depressed or anxious**

**Or anything else on your mind.**

**Tuesdays 2-6pm (Stay tuned for summer hours) Closed Holidays**

**Peterborough Youth Services – 459 Reid Street.**

For children 11 and under in shared custody situations consent for service from both guardians is required.

It is possible that high demand may require you to return another day. For services in a language other than English or for any questions please call

**705-743-1681**