

| Level 1<br>INTRODUCTION TO BASICS  | Level 2<br>BASICS PROFICIENCY  | Level 3<br>MASTER PRACTITIONER  |
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| General health care practitioner looking to improve results through prioritizing organs and products.<br>Limited prior experience with muscle testing. | Practitioners dedicated to nutrition.<br>Applied Level 1 (6-12 months).<br>Attended Ulan or similar Introduction training.   | Practitioners dedicated to nutrition.<br>Applied Level 2 (6-12 months).<br>Attended Ulan or similar Intermediate training.  |
| Target: acupuncturists, reflexologists, ayurvedic, vets, chiropractors.  | Target: nutrition <50% of practice.  | Target: nutrition > 50% of practice.  |
| Duration: 8 hours  | Duration: 4 hours  | Duration: 12 hours in two parts<br>A: 8 hours B: 4 hours  |
| Cost: \$1500 + travel if done at client location   | Cost: \$1000 + travel if done at client location   | Cost: \$3000 + travel if done at client location<br>A: \$2500 B: \$500  |
| Topics (see complete list above):<br>Blocking and switching<br>5 basic stressors<br>Dials 1 and 2<br>The Process                                       | Topics (see complete list above):<br>Blocking and switching<br>Additional stressors<br>Dials 1 and 2<br>Refining the Process | Topics (see complete list above):<br>Structural<br>Emotional clearing<br>Blessings<br>Food allergies<br>Cellular function<br>Additional stressors   |
| Drilling: finding the lock<br>Demonstrate: body scan   | Drilling: body scan  | Drilling: actual clients/patients of practitioner   |
| Product: use what you have   | Product: Standard Process, Designs for Health, Physica Energetics and others   | Product: Standard Process, Designs for Health, Physica Energetics and others  |
| Purpose: Provide a basic introduction to muscle testing. The trainee can begin to utilize basic techniques.  | Purpose: To train the practitioner to be proficient in basic muscle testing.   | Purpose: To train the practitioner to be a "master" utilizing the most advanced techniques and technologies available.<br>Level 3 is split into two sessions to allow the practitioner to integrate the lessons from Part A into their practice prior to learning additional techniques. Part B of the training should be a minimum of three months after Part A. |
| Participant receives complete process detailed description and appropriate protocols per Level.  | Participant receives complete process detailed description and appropriate protocols per Level.                              | Participant receives complete process detailed description and appropriate protocols per Level.   |