

The EFT Academy's

011 – Written Case Study Template

Practitioner Name: _____

Date: _____ Client Initials _____ Score of 25

The client's history and presenting challenge: (2 points)

Details of the actual work done in the session: (10 points)
(Phrase or title / SUDS / Reframe phrases/ Retesting/ Techniques used)

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Self-Evaluation

Did client sign release form, confidentiality, and/or informed consent (circle one)?
(1 point)

YES NO

How did you build bridges, create and maintain rapport? (2 points)

How did you demonstrate *presence* with the client? (2 points)

Was there a core issue underneath the presenting issue, and, if so, how was that discovered and handled? (5 points)

Closure: At the end of the session did you review with the client the presenting issue and how the work was related to it (circle one)? (1 point)

YES NO

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Were you content with the effectiveness of this session (circle one)? (1 point)

YES NO

What, if anything, would you have done differently? What did you learn? (1 point)