

Quiz Answer Key: “Surrogate EFT for Animals”

The correct answers are highlighted in **Yellow** below. *(This answer key is for your quiz only. Please don't share this answer key with other students at The EFT Academy.)*

1. Why did Gwyneth Moss start to do surrogate animal tapping?

- A. Because she wanted to demonstrate the borrowing benefits of EFT**
- B. Because she loves animals more than anything else
- C. Because she can communicate telepathically with animals

2. Gwyneth's process for surrogate tapping for animals has:

- A. Two (2) Positions
- B. Three (3) Positions**
- C. Four (4) Positions
- D. Five (5) Positions
- E. No positions. She uses the EFT Movie Technique

3. Which technique did Gwyneth model for Dave?

- A. The Movie Technique
- B. Tearless Trauma Technique
- C. Talk and Tap**
- D. Sneaking Up on the Pain

4. What were Gwyneth's expectations that anything would actually change for the pet the first time she did the animal surrogate tapping in a group?

- A. She was very sure the animal would get better
- B. She thought there was a 50/50 chance that the animal would get better
- C. She thought chances were close to zero that anything would change for the animal**

5. What does Gwyneth Moss believe is the reason that some of the most dramatic changes for the animal happened when it was not the owner who was doing the role playing for the animal?

- A. The owner will often start to cry during the role playing and that is very distracting
- B. The owner can be overly invested in the outcome which makes it harder for them to "get out of the way" as compared to a family, friend or neighbor
- C. The owner's energy is usually so intertwined with the pet that it is not really surrogate tapping and is, therefore, not as effective.

6. Gwyneth suggests that when you do this work in a group you can:

- A. Have them tap on a stuffed animal
- B. Have them tap on a picture of the animal
- C. Have them tap on a drawing of the animal
- D. Any or all of the above

7. Dave's first comment after the tapping was:

- A. He is resistant and doesn't believe this will work
- B. He wasn't able to get into the "groove" of tapping with her
- C. He had a little trouble at first because she wasn't calling him "Dave"
- D. He wanted to know if he could get a session with her

8. Which issues came up for "Rufus" that could be easily transferrable to us humans?

- A. Lonely and Confused
- B. Missing family and feeling lost
- C. Hungry and Searching
- D. Sadness and Grief
- E. None of the above
- F. A, B and D only
- G. All of the above

9. Gwyneth strongly believes that in order for you to be good at surrogate tapping for animals you need to:

- A. Have psychic abilities
- B. Have pets of your own
- C. Be able to explain how and why it works so that people will try it
- D. Just try it**
- E. Ask for permission to treat the person or pet before you begin