

This document contains screenshots of the Session Celebration Form that you can print out as a reference when you're ready to be the Practitioner during a practice session. You can find the online version of this form that you need to submit by visiting your Mentoring Resources page at [TheEFTAcademy.com](http://TheEFTAcademy.com).

# Session Celebration Form

Please fill out this form completely for each one of your 50 client sessions. Please allow 48 hours for me to review each of your submissions. You'll also receive a copy of this form in your email for your records. 😊

**Your Email Address \***

**Practitioner's Name \***

**Please select the number of this session (out of 50). \***

**Client's Name \***

**Date of Session with this Client \***

**Client's Email Address \***

**What type of session was this? \***

- In Person
- Phone
- Video Conference (Skype, Zoom, Facetime, etc.)

**What was the length of this session? \***

- 45 minutes
- 1 hour
- 75 minutes
- 90 minutes
- 2 hours
- Other

**How many sessions have you had with this client? \***

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10
- 11
- 12
- 13
- 14
- 15

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### **As the practitioner:**

**I arrived on time. \***

- Yes
- No

**I was organized. \***

- Yes
- No

**I provided a safe and comfortable environment for the client. \***

- Yes
- No

**I explained confidentiality. (First Session Only) \***

- Yes
- No
- Not Applicable (not the first session)

**I built a bridge to EFT. (First Session Only) \***

- Yes
- No
- Not Applicable (not the first session)

**I explained the tapping points. \***

- Yes
- No

**I established rapport. (EVERY Session) \***

- Yes
- No

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**Client Experience (rate each part below on a scale of 0–to–10 with 10 being excellent.)**

**I was able to get the client focused on one specific experience. \***

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

**I collected specific aspects. \***

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

**I tracked shifting aspects (Daisy Chain). \***

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

**What was the topic for this session? \***

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**Key Points of the Session (5–7 actual phrases with the SUD scale number and the reframe)**

**Phrase #1 \***

**SUD Scale for Phrase 1 (First)**

1 2 3 4 5 6 7 8 9 10

**SUD Scale for Phrase 1 (1st Retest)**

1 2 3 4 5 6 7 8 9 10

**SUD Scale for Phrase 1 (2nd Retest)**

1 2 3 4 5 6 7 8 9 10

**Phrase #2 \***

**SUD Scale for Phrase 2 (First)**

1 2 3 4 5 6 7 8 9 10

**SUD Scale for Phrase 2 (1st Retest)**

1 2 3 4 5 6 7 8 9 10

**SUD Scale for Phrase 2 (2nd Retest)**

1 2 3 4 5 6 7 8 9 10



**The practitioner handled PR effectively. \***

1  2  3  4  5

5 = Excelled 3 = Good 1 = Failed

**Overall, I would rate this session as... \***

1  2  3  4  5

5 = Excelled 3 = Good 1 = Failed

**Please give a brief description of what you feel was the most difficult challenge arising in this session. \***

**What did you like most about this practitioner's session? \***

**I was effective in reframing. \***

1 2 3 4 5 6 7 8 9 10

**I effectively used my intuition. \***

1 2 3 4 5 6 7 8 9 10

**I was able to resolve/dissolve distress. \***

1 2 3 4 5 6 7 8 9 10

**I was effective in tracking and dissolving the client's PR. \***

1 2 3 4 5 6 7 8 9 10

**I included the use of humor during the session. \***

1 2 3 4 5 6 7 8 9 10

**I felt confident while conducting this session. \***

1 2 3 4 5 6 7 8 9 10

**I felt creative while conducting this session. \***

1 2 3 4 5 6 7 8 9 10

**I felt that I was flexible with the client during this session. \***

1 2 3 4 5 6 7 8 9 10

**I effectively tested and retested for resolution. \***

1 2 3 4 5 6 7 8 9 10

**How many times did you gather SUD scale numbers? \***

**Did you use testing methods other than telling a story? (i.e, How did you retest?) \***

**I used the following technique(s) during this session. (Check all that apply.) \***

- Touch and Breathe
- Talk and Tap
- Sneaking Up on the Pain
- Tearless Trauma Technique
- Chasing the Pain
- The Movie Technique
- Other

**I performed the following as part of my session closing with the client (check all that apply): \***

- Celebration of what was healed
- Helped the client integrate their experience (asked them for two or three insights or take-aways from the session)
- Reviewed what remains to be healed
- Discussed the possibility of future sessions
- Offered the client suggestions for after-session integration and homework

**How would you score your overall satisfaction with yourself as a practitioner for this session? (On a scale of 0-to-10 with 10 being excellent.) \***

1  2  3  4  5  6  7  8  9  10

**Please describe and Challenges and/or Celebrations specific to this client and/or this session. \***

**Please describe three (3) things you experienced/learned during your session with this client. \***

**Do you have any questions or concerns that you would like to discuss with Jan? (If none, please enter "None") \***

Submit

