REACHING OUT!
1. What have you done to approach and/or reach out to a student who seems to be struggling? What can you do in the future to reach out?

2. What do you do to reach out when you need help?

3. Explain the support systems you have in your life, and do they work for you? Why?

4. Who are some of the trusted people in your life who you could turn to?

5. What can your school do to reach out to students?

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