Seek medical attention immediately if you develop any of the following emergency warning signs for COVID-19 or other medical emergencies:

- Extremely difficult breathing
- Bluish lips or face
- Constant pain or pressure in the chest
- Severe constant dizziness or lightheadedness
- Acting confused
- Difficulty to wake up
- Slurred speech (new or worsening)
- New seizure or seizures that won’t stop

This list is not all-inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.

For medical emergencies, call 911 & notify the dispatch personnel that you may have COVID-19.
If you test positive for COVID-19, keep your entire household home

- Most cases can be cared for at home.
  - Do not go to the hospital to seek care unless you have a medical emergency.
- Do not go to work. Notify your employer of your positive test result.
- Continue to monitor your symptoms at home as described on the opposite side.
- Seek medical attention if you develop ANY of the following:
  - Extreme difficulty breathing
  - Bluish lips or face
  - Constant pain or pressure in the chest
  - Severe constant dizziness or lightheadedness
  - Difficult to wake up
  - Slurred speech (new or worsening)
  - New seizures or seizures that won’t stop

When does home isolation end?

- If you test positive for COVID-19, stay home and limit contact with others until:
  - You have been fever-free for at least 3 days without using medicine that reduces fevers AND
  - Your other symptoms have improved AND
  - At least 7 days have passed since your symptoms first appeared
- Consult your employer prior to returning to work.

If you test negative for COVID-19

- You are probably not infected at this time. However, you could have been exposed and test positive later. You must continue to practice all the protective measures to keep yourself and others negative.
- As long as the virus that causes COVID-19 is spreading in your community, continue to follow recommendations to protect yourself, including:
  - practice social distancing, wash your hands often, avoid touching your face, and avoid social gatherings according to local guidance.
- Follow guidance from your healthcare provider and your state and local health departments.

FOR MORE INFORMATION VISIT: WWW.CORONAVIRUS.GOV