



## **KINDERGARTEN 101: PREPARING FOR A NEW SCHOOL/CLASSROOM**

- Ease your child gradually into the new program. Stay with your child for a little for the first few days.
- Gradually decrease the time you spend in the classroom with your child.
- Be sure to communicate to your child when you plan on leaving. This helps your child prepare for the transition.
- **Never sneak away.**

### **TIPS FOR SAYING SEE YOU LATER**

- Talk about an activity you and your child will do together when you get back home.
- Establish a special routine.
- Let your child know that you or another familiar grown-up will be back to pick her up at a particular time, or after an event that your child understands, such as sleep or snack time.
- Keep the goodbye brief. After your goodbye routine, gently but firmly say goodbye to your child.
- Allow your child's teacher to GENTLY lead him away to do something your child enjoys
- Tips for saying see you later
- What are some things you think parents should try not to do when leaving?
- What has not worked in your experiences?

### **WHAT NOT TO DO**

- Do NOT sneak away
- Do NOT linger

- Do NOT ask: “Is it OK for me to leave now?”
- Do NOT bribe your child with a treat.

### **TIPS FOR PARENTS**

- ❖ Be Consistent
- ❖ Avoid Comparing Your Child to Others
- ❖ Resist Surprise Visits
- ❖ Give Yourself a Pep Talk
- ❖ Get the Teacher Involved

### **HELPFUL QUESTIONS FOR PARENTS TO ASK**

- ❖ How your child’s progress will be recorded and how the teachers will let you know about her progress
- ❖ Whether it’s OK for you to call during the day to check that your child has settled – this is
- ❖ How your child slept during the day and what she ate
- ❖ How she seems to be feeling and whether she’s getting on with the other children
- ❖ What activities your child likes (so you can continue these with her at home).
- ❖ Ironically, the same questions you ask your child’s teachers you should ask your child as we