



10 tips on preventing misbehavior:

- 1. Help children to understand appropriate family rules and what is expected of them**
- 2. Encourage and acknowledge children when they follow the rules.**
- 3. Parents should be sure that young children are equipped with the necessary physical, mental, and emotional tools needed to follow the rules**
- 4. Explain all rules to children in an age-appropriate form and target them towards children's skills and abilities.**
- 5. Rules need to be simple, short, and concrete.**
- 6. Rules should be phrased as positive statements rather than as a list of prohibited behaviors.**
- 7. Children need lots of visual and verbal reminders about rules.**
- 8. Children should be rewarded (does not have to be tangible) for following house rules and complying with classroom expectations.**
- 9. Create a behavior reinforcement chart, sometimes called a sticker chart.**
- 10. Give choices. Offering children choices is a way of offering them control over their lives without putting them at risk.**

Steps to disciplining

- 1. Communicate**
- 2. Communicate consequence**
- 3. Follow through with the stated consequence**
- 4. Be consistent- * Parents should immediately provide a consequence when children engage in dangerous behavior**

