

Illinois Pioneer Coalition Southern Illinois Summit

PERSON DIRECTED
CARE OF THE FUTURE

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VISION  2020?



Tuesday, April 21st, The Pavilion – Marion, IL

8:30am-10:00am Opening Session

Alzheimer's Up Close and Personal – Brian LeBlanc

Brian will give participants a first-hand perspective as to what it's like to live with a dementia related illness. Brian lived alone for five years after his diagnosis and now is in a relationship with his Life/Care Partner. He is in a unique position to provide a window into life after a diagnosis of dementia. He will also discuss the tools available to assist and support a person living with dementia whether they are living alone or with a care partner.



10:15-11:45am Concurrent Sessions

1. Person Centered Care: Let's Start from the Beginning – Becky Haldorson, MS, LNHA

The Person Centered Care movement sweeping the country goes beyond the residents rights of elders in long-term care. This movement embraces an individual's ability to continue to make choices, take risks, and live their lives according to their own personal wishes. No longer should an individual be expected to "conform" to the institutional setting in which they medically require. Attendees will gain knowledge of the movement as well as come away with their expectations of long-term care changed.

2. What does it mean to be culturally competent? – Kesha Kent, BA, MAOL

Cultural competence is about our will and actions to build understanding between people, to be respectful and open to different cultural perspectives, strengthen cultural security and work towards equality in opportunity. Relationship building is fundamental to cultural competence and is based on the foundations of understanding each other's expectations and attitudes, and subsequently building on the strength of each other's knowledge, using a wide range of community members and resources to build on their understandings

11:45am-1:00pm Buffet Lunch and Exhibit Show

1:00pm-2:30pm General Session

Cannabis in your community? – Amy McCracken, BSN, JD, Duane Morris LLP; Chuck Miller, Deputy State Ombudsman; Chief Fitts, Marion Police Department; Philip Maddox, Williamson County Assistant State's Attorney

Cannabis use in long-term care, first medical cannabis, now recreational cannabis. Many nursing centers and assisted living communities aren't sure how to handle the increasing number of residents, and even staff, who are using cannabis medically or recreationally. Although the path is tricky to navigate, the benefits for seniors are real. Panel members will bring different perspectives to the table, from law enforcement to resident's rights. Bring your questions and prepare for a lively discussion.

2:45pm-4:15pm Concurrent Sessions

1. Growing and Supporting CNAs – Joyce Steber, BSN, RN

CNA retainment is a challenge that isn't new to anyone. Planting the seeds of greatness in CNAs is the first step. Seeds of skills such as communication, active listening, problem solving, self-awareness, the ability to self-manage and compassion, can be enhanced and nurtured with practical tips sprouting in this session. This session will teach you how to support and grow CNAs confidence to become care-partners in your community.

2. Psychotropic Medications and the Hospice Patient – Matthew Clark, PharmD

This presentation aims to give the audience an insight on the use of psychotropic medications in hospice patients. In addition, the attendee will gain knowledge of the risks versus benefits of using these medications in hospice patients. Finally, the audience will learn when discontinuing or de-prescribing psychotropic medications are appropriate.