

Concerned About Your Memory?



Talk with your doctor if you notice repeated problems or changes:

- Forgetting plans and appointments
- Trouble managing finances or medication
- Difficulty completing familiar tasks/hobbies
- Confusion with time or location
- Problems finding the right words
- Trouble understanding signs or symbols
- Misplacing items and belongings
- Trouble making decisions
- Feeling withdrawn socially or at work
- Changes in mood and personality