

DICE APPROACH FOR BEHAVIORAL AND PHARMACOLOGIC TREATMENT OF AGITATION & AGGRESSION

<p>DESCRIBE</p>	<p>Verbal Agitation</p> <ul style="list-style-type: none"> • Aggressive vs Non-Aggressive 	<p>Physical Agitation</p> <ul style="list-style-type: none"> • Aggressive vs Non-Aggressive 																
<p>INVESTIGATE (ASSESS)</p>	<table border="1"> <thead> <tr> <th data-bbox="529 409 1050 487">Agitation Type</th> <th data-bbox="1050 409 1512 487">Exhibits As</th> <th data-bbox="1512 409 2100 487">Potential Underlying Cause</th> </tr> </thead> <tbody> <tr> <td data-bbox="529 487 1050 581">Verbal Non-aggressive</td> <td data-bbox="1050 487 1512 581">Loud Screaming or Moaning, Requests for Help</td> <td data-bbox="1512 487 2100 581">Depression, Anxiety, Boredom</td> </tr> <tr> <td data-bbox="529 581 1050 633">Verbal Aggressive or Non-Aggressive</td> <td data-bbox="1050 581 1512 633">Threats, Name Calling</td> <td data-bbox="1512 581 2100 633">Paranoia</td> </tr> <tr> <td data-bbox="529 633 1050 727">Physical Non-Aggressive</td> <td data-bbox="1050 633 1512 727">Pacing, Repetitive Pounding</td> <td data-bbox="1512 633 2100 727">Disinhibition, Boredom, Need for Attention, Companionship</td> </tr> <tr> <td data-bbox="529 727 1050 857">Physical Aggressive</td> <td data-bbox="1050 727 1512 857">Hitting/Kicking/Pushing</td> <td data-bbox="1512 727 2100 857">Pain disorder or physical discomfort associated with movement, or constipation</td> </tr> </tbody> </table>			Agitation Type	Exhibits As	Potential Underlying Cause	Verbal Non-aggressive	Loud Screaming or Moaning, Requests for Help	Depression, Anxiety, Boredom	Verbal Aggressive or Non-Aggressive	Threats, Name Calling	Paranoia	Physical Non-Aggressive	Pacing, Repetitive Pounding	Disinhibition, Boredom, Need for Attention, Companionship	Physical Aggressive	Hitting/Kicking/Pushing	Pain disorder or physical discomfort associated with movement, or constipation
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<p>CREATE (TREATMENT)</p>	<p>Address physical problems and/or utilize behavioral modifications. For <u>behavioral</u> specific resources: www.alz.org/care</p> <p>The 36 Hour Day by Nancy L. Mace & Peter V. Rabins</p> <p>Ensure environment is safe with appropriate stimulation</p> <p>If treatment of physical problems and/or behavioral modifications do not control behaviors consider pharmacologic treatment — Examples:</p> <ul style="list-style-type: none"> • Irritability/depression - antidepressant • Fear/paranoia - antipsychotic • Disinhibition/embarrassment - mood stabilizer • Movement/pain - analgesic 																	
<p>EVALUATE (AND RE-EVALUATE)</p>	<p>*If patient stable 3-6 months, and psychotropic medication has been required, initiate a cautious incremental reduction and monitor patient closely</p> <ul style="list-style-type: none"> • If symptoms are not fully resolved, look for other underlying causes • If intervention not effective or if patient or caregiver are in danger, consider referring to neurologist or psychiatrist 																	