



THE
EXCHANGE
COFFEE • MERCANTILE • EATERY

FOOD MENU

TUESDAY-SATURDAY, 7 AM - 2 PM
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SMALL PLATES

SEASONAL SOUPS

Ask at the register for our current offerings! Cup \$4.50 | Bowl \$6.50

>>SOUP & HALF SALAD

\$10.80 | A cup of soup of your choice plus a half-sized version of any of our Hearty Salads.

>>GRILLED CHEESE WAFFLE & SOUP

\$9.80 | Loads of cheddar cheese melted into our Signature Bubble Waffle, served with a cup of your choice of soup!

BACON & EGG AVOCADO HALF

\$6.80 | Half of an avocado baked & topped with one over-easy egg, turkey bacon, chives, salt & pepper. +add creamy Boursin cheese for 1.50

>>GARLIC CHEDDAR & CHIVE SCONE

\$2.50 | A gluten-free savory scone baked with cheddar, diced chives, & minced garlic, served warm. Let us know if you would like butter with it!

GRILLED CHEESE WAFFLE BITES

\$6.80 | Loads of cheddar cheese melted into our Signature Bubble Waffle, served with ranch & sriracha mayo to dip.

FRESH FRUIT BOWL

\$6.80 | Sliced bananas, strawberries, & fresh apples. +whipped cream, chocolate or caramel drizzle for 0.50 each | +Nutella drizzle for 1.00

BAKERY

RUSSIAN DULCE DE LECHE PEACHES

\$3.75 | No, this does not taste like a peach! It is, however, named for its resemblance to the fruit. Two sugar cookies filled with a creamy dulce de leche caramel cream, hand painted and rolled in sugar crystals.

VEGAN & GLUTEN-FREE CHOCOLATE CHIP COOKIES

\$2.50 | Made with bananas & oat flour, this cookie is soft & flavorful.

VEGAN & GLUTEN FREE BANANA BREAD SQUARES

\$2.00 | Made with bananas, oat flour maple syrup, these are a crowd-favorite & oh-so-soft.

DONUT RINGS & DONUT HOLE KABOBS

\$2.00 | Baked fresh daily, with Nutella-drizzled & rainbow sprinkled versions available.

>>NUTELLA CHEESECAKE CHOCOLATE COOKIE CUPS

3.50 | A soft yet chewy chocolate cookie base is filled with creamy & rich Nutella cheesecake, topped with a fresh raspberry.

All of our food is made fresh to order. The volume of orders ahead of you will determine your wait time (typically 15-20 minutes but may be longer during peak hours). Please place dirty dishes in black bus tubs located on both levels. It helps us out more than you know!

ABOUT OUR WAFFLES & CREPES

OUR SIGNATURE WAFFLE

The secret of the unique taste of our waffles is very simple; the natural ingredients & the shape.

The egg waffle, as it's known (because of the round sections that look like little eggs), is one of the more popular street foods in Hong Kong. The softness will melt in your mouth.

GLUTEN-FREE CREPES

Inspired by a unique Parisian tradition, the recipe & shape originated in France. We bring the concept to the (920) & make them gluten-free so that you can experience & savor this delectable creation locally.

CLEAN & HEALTHY

Try our Vegan, Gluten-free Waffle made with certified gluten-free oat flour, EVOO, & little sugar.

Please let us know if you have a gluten, dairy, or other allergy, as many of our items can be customized to be allergy friendly.

SAVORY WAFFLES & CREPES

1. CHOOSE A BASE

SIGNATURE WAFFLE | GLUTEN-FREE CREPE | VEGAN & GLUTEN-FREE WAFFLE + \$1

2. CHOOSE YOUR ENTRÉE

All savory entrees include a small side of mixed greens & tomatoes, drizzled with EVOO, salt, & pepper, or sub your side salad for a soup cup for \$3.50

GREEN EGGS & BACON*

\$10.80 | Two over-easy, cage-free eggs served over tomato slices with crispy turkey bacon & avocado, topped with avocado crema & chives.

SOUTHWEST BREAKFAST SCRAMBLE

\$11.80 | Two eggs scrambled with roasted bell peppers & red onions, plus turkey bacon & pepper jack cheese, served with sides of pico de gallo salsa & sriracha mayo.

>>STEAK & EGGS*

\$11.80 | Marinated steak beef tips sautéed then topped with two cage-free eggs, served with a side of sriracha mayo.

>>CREAMY MUSHROOM CREPE

\$10.80 | Roasted, sautéed mushrooms & spinach in herbed cream sauce, topped with chives, salt & pepper. +add steak tips for 3.50

WALNUT BURGER

\$10.80 | WI Walnut Burger, avocado, tomatoes, mixed greens & garlic mayo. +add an over easy or scrambled egg for 2.00

* = consuming raw or undercooked eggs may increase your risk of foodborne illness.

CLASSIC BREAKFAST COMBO*

\$9.80 | Two cage-free eggs, a side of turkey bacon, and our signature bubble waffle, served with maple syrup and butter.

CHICKEN N' WAFFLES

\$9.80 | Literally how it sounds: Panko-breaded chicken drizzled in pure maple syrup, wrapped in our Signature Waffle, served with sides of hot sauce & maple syrup.

WISCONSIN PRIDE

\$10.80 | Panko-breaded chicken, crispy turkey bacon, & melted cheddar cheese, drizzled with maple syrup, served with sriracha mayo & maple. +Substitute for grilled chicken at no cost.

>>OUR TAKE, PHILLY CHEESESTEAK

\$11.80 | Marinated steak beef tips sautéed with roasted bell peppers, onions, & pepper jack cheese with a side of wasabi mayo.

3. CUSTOMIZE YOUR ENTRÉE

Add Walnut Burger, Steak, Panko Chicken, Grilled Chicken Breast 3.50

Add Turkey Bacon, 1 cage-free egg, or avocado 2.00

Add Goat Cheese, Applewood-Smoked Bleu Cheese, or Garlic Boursin cheese 1.50

Add roasted peppers or onions, sautéed mushrooms, or fresh or sautéed spinach for 1.00

Substitute sauces or add sauces! Add avocado crema 1.00 or sriracha mayo 0.50

SWEET WAFFLES & CREPES

1. CHOOSE A BASE

SIGNATURE WAFFLE | GLUTEN-FREE CREPE | VEGAN & GLUTEN-FREE WAFFLE + \$1

2. CHOOSE YOUR ENTRÉE

All sweet waffles & crepes are topped with powdered sugar, house made whipped topping, & a mint leaf.

>>MAPLE BACON WAFFLE

\$9.80 | Chopped turkey bacon baked into our Signature Bubble Waffle, topped with maple-infused whipped cream & a strip of crisp bacon. +add candied pecans for \$1 or chocolate chips for 0.50.

CARAMEL PECAN ROLL

WAFFLE 8.80 OR CREPE 6.80
Candied pecans, drizzled in gluten-free caramel drizzle, topped with whipped cream. Waffle comes with a side of maple syrup.

BANANA CREAM PIE

WAFFLE OR CREPE
\$8.80 | Signature sweet cream & sliced bananas, topped with whipped cream, cinnamon, & crushed graham crackers.

STRAWBERRY NUTELLA

WAFFLE OR CREPE \$10.80 |
Sliced strawberries, creamy gluten-free Nutella drizzle, & whipped cream.

KEEP IT SIMPLE

Plain Waffle 4.80
Plain Gluten-free Crepe 3.80
Vegan, Gluten-free Waffle 6.80

CHOCOLATE CHIP

WAFFLE W/MAPLE SYRUP 8.80
CREPE 6.80
Melted chocolate chips, gluten & dairy-free dark chocolate drizzle, & a dollop of whipped cream. Waffle comes with a side of maple syrup.

STRAWBERRY BANANA

WAFFLE OR CREPE
\$9.80 | Topped with sliced strawberries, bananas, & whipped cream. Waffle comes with a side of maple syrup.

>>CHOCOLATE-COVERED STRAWBERRY WAFFLE OR CREPE

\$10.80 | Sliced strawberries & dark-chocolate sweet cream, topped with chocolate chips, gluten & dairy-free dark chocolate drizzle, & whipped cream.

S'MORES

WAFFLE OR CREPE
\$8.80 | Melted chocolate chips & marshmallows, topped with whipped cream, gluten & dairy-free dark chocolate drizzle, & crushed graham crackers.

CINNAMON ROLL

WAFFLE 8.80 OR CREPE 6.80
Signature sweet cream, gluten-free caramel drizzle & whipped cream & cinnamon. +add candied pecans for \$1.

BANANA NUTELLA

WAFFLE OR CREPE
\$9.80 | Sliced bananas, creamy gluten-free Nutella drizzle, & whipped cream.

STRAWBERRIES & CREAM

WAFFLE OR CREPE \$9.80 |
Signature sweet cream, sliced strawberries, & whipped cream.

STRAWBERRY

WAFFLE OR CREPE
\$7.80 | Sliced strawberries & whipped cream atop your choice of waffle or crepe.

FRESH FRUIT

WAFFLE OR CREPE
\$10.80 | Your choice of waffle or crepe topped with cinnamon-roasted apples, sliced strawberries, bananas, & whipped cream. Waffle comes with a side of maple syrup.

3. CUSTOMIZE YOUR ENTRÉE

Add strawberries 2.50 or bananas for 1.50 | Add an ice cream scoop 1.50
Add a side of turkey bacon 2.00 | Add Nutella drizzle or candied pecans 1.00
Add chocolate or caramel drizzle 0.50 | Add a side of pure maple syrup 0.50
Add Signature Sweet Cream 0.75 | Add chocolate chips 0.50

HEARTY SALADS

1. CHOOSE YOUR ENTRÉE

All salads are a generous portion of mixed greens, and we add a drizzle of EVOO, salt, & pepper.

>>WINTER GOAT CHEESE & APPLE SALAD

\$12.80 | Apple slices, red onion, dried cranberries, candied pecans, & goat cheese crumbles, served with a side of house-made Maple Balsamic dressing. +add panko or grilled chicken breast for 3.50

*GREEN EGGS & BACON

\$10.80 | Two over-easy, cage-free eggs topped with crispy turkey bacon & avocado crema, plus cherry tomatoes, avocado, & chives.

SPICY SOUTHWEST SALAD

\$11.80 | Your choice of chicken plus shredded cheddar cheese, our pico de gallo salsa & sweet black bean salsa, drizzled w/ sriracha mayo, & served w/a side of our avocado crème.

CRANBERRY PECAN SALAD

\$11.80 | Dried cranberries, candied pecans, cherry tomatoes, & applewood-smoked bleu cheese crumbles, drizzled with balsamic reduction, & served with a side of creamy balsamic dressing.

BUFFALO CHICKEN

\$11.80 | Panko-breaded chicken baked in Frank's Red-Hot Sauce & pepperjack cheese, topped with shredded cheddar, onion straws, & a ranch drizzle, served with a side of ranch. +add Applewood-smoked bleu cheese crumbles for 1.50

WALNUT BURGER

\$10.80 | Walnut Burger, sliced avocado, & cherry tomatoes drizzled in garlic mayo, + a side of garlic mayo.

BBQ CHICKEN SALAD

\$11.80 | Panko-breaded chicken, avocado, tomatoes shredded cheddar cheese, & sweet black bean salsa, topped with onion straws, drizzled with BBQ sauce, & served with a side of ranch dressing. +substitute for grilled chicken at no charge.

2. CUSTOMIZE YOUR ENTRÉE

Add Walnut Burger, Steak, Panko Chicken, Grilled Chicken Breast 3.50

Add Turkey Bacon, 1 cage-free egg, or avocado 2.00

Add Goat Cheese, Applewood-Smoked Bleu Cheese, or Garlic Boursin cheese 1.50

Add cherry tomatoes, pico de gallo, or black bean salsa for 0.75

Add diced red onion for 0.50 | Add strawberries for 2.50

Substitute sauces or add sauces! Add avocado crema 1.00 or ranch or sriracha mayo 0.50

ICE CREAM

ICE CREAM WAFFLE CONES

Our Signature Waffle rolled into an ice cream cone! Choose from one of our three flavors of hand-scooped ice cream, topped with whipped cream.

WAFFLE: 1 scoop \$4.50 • 2 scoops \$6 • 3 scoops \$7.50

DISH: 1 scoop \$1.50 • 2 scoops \$3 • 3 scoops \$4.50

+add chocolate, caramel, or chocolate chips for only 0.50 more | Add Nutella drizzle for 1.00