

CHANGING PILLOWS

Music: Painting Pillows - Lauren Alaina (3:17)

Count: 48

Wall: 4

Level: Easy Intermediate

Choreographer: Sue Butcher - Queensland, Australia July 2019

Start On Vocals

Split Floor - Pillows (by Linda Burgess)

(1-6) BASIC FORWARD WALTZ, BACK LOCK BACK

(1,2,3) L Fwd Waltz L,R,L

(4,5,6) Back Lock Back R,L,R 12 o'clock

(7-12) TOE UNWIND 1/2 STEP BACK, TOE UNWIND 1/2 STEP BACK

(1,2,3) Left toe back (1) 1/2 turn left taking weight on right (2) step back on left (3) 6 o'clock

(4,5,6) Right toe back (1) 1/2 turn right taking weight on left (2) step back on right (3) 12 o'clock

(13-18) BACK POINT HOLD, FORWARD POINT HOLD

(1,2,3) Step L back (1), Point R to R side (2), Hold (3)

(4,5,6) Step fwd on R (1), Point L to L side (2), Hold (3) 12 o'clock or

(19-24) CROSS 1/4 LEFT, BACK 1/2 FORWARD

(1,2,3) Cross left over right (1) 1/4 left step back on right (2) step back together on left (3) 9 o'clock

(4,5,6) Step back right (1) 1/2 turn left step fwd in left (2) step fwd on right. 3 o'clock

(25-30) FORWARD, 1/4 LEFT SLOW SWEEP, FRONT, SIDE, BEHIND

Step fwd on left (1) sweep right for a 1/4 turn left for 2 beats (2,3)

Step down on right in front of left (1) left to left side (2) step right behind left (3) 12 o'clock

(31-36) BEHIND, SIDE, CROSS, SIDE SLOW DRAG

Step left behind right (1) right to right side (2) cross left in front of right (3)

Large step to right on right (1) drag left to right for 2 beats (2,3) 12 o'clock

(37-42) ROLL 1 1/4 LEFT, LUNGE FORWARD HOLD

Step left 1/4 turn left (1) step back 1/2 turn on right (2) step fwd 1/2 turn on left (3)

Lunge fwd on right (1) hold for 2 beats (2,3). 9 o'clock

(43-48) BACK TOE UNWIND 1/2, WALTZ BACK

Step back on left (1) right toe back (2) unwind 1/2 turn right keeping weight back on left (3)

Waltz back right, left, right (1,2,3) 3 o'clock

RESTART: At the end of wall 2 facing 6 o'clock do the first 2 sections and restart forward.

Ending - keep dancing when music fades and roll to front

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