



DISCLAIMER - please read before registering for this event.

Georgina Robertson is a degree-qualified Naturopath and accredited practising member of the Australian Traditional Medicine Society (ATMS).

Health tips shared by Georgina within this day retreat come from a holistic, evidence-based, natural medicine framework. Emphasis is placed on food as medicine, lifestyle and environmental changes to enhance hormonal health.

So too, the need to take self-responsibility, once equipped with the right knowledge, resources and tools. Reference will be made to specific herbs and nutrients used traditionally and clinically to enhance health.

This information is designed to be complementary and general in nature. It should not be relied upon solely for making any health related decision, nor should it replace your existing medical or qualified health provider's advice.

If you have any further queries, please get in touch with Georgina on

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