



**Respecting Choices Advanced Steps®
Advance Care Planning Facilitator Certification Program**

Hills Bank, 1401 South Gilbert St, Iowa City, IA

Wednesday, April 22, 2020

7:45 a.m. registration

8:00 a.m. - 4:30 p.m. program

Purpose: To assist participants in learning effective communication and conversation skills and techniques for facilitating person-centered advance care planning (ACP) conversations for those living with advanced medical conditions and frailty.

Objectives

At the end of this course, the participant will be able to:

1. Identify communication skills for facilitating Advanced Steps ACP conversations.
2. Create strategies to transfer individual goals, values, and preferences to a written plan, (e.g., IPOST form).
3. Demonstrate beginning competency in facilitating Advanced Steps ACP conversations through role-play exercises.
4. Become certified as an Advanced Steps ACP Facilitator through final competency role-play demonstration.

Agenda

7:45 am	Registration
8:00	Welcome and Course Overview
8:20	Advanced Steps ACP, POLST Program
8:35	Review of Advanced Steps ACP Facilitation Skills
8:45	Overview of Advanced Steps ACP Conversation Guide: (RC 3115) – Exploration phase, Sections 1-7
9:45	<i>Break</i>
10:00	Practice Exercise Role-Play #1 (<i>work in groups of two</i>)
10:45	Overview of Advanced Steps ACP Conversation Guide: (RC 3115) – Goals of Care phase, Sections 8 – 9b
11:30	<i>Lunch</i>
12:15 pm	Practice Exercise Role-Play #2 (<i>work in groups of two</i>)
12:45	Overview of Advanced Steps ACP Conversation Guide (RC 3115) – Goals of Care phase, Section 9c
1:30	Practice Exercise Role-Play #3 (<i>work in groups of two</i>)
2:15	<i>Break</i>
2:30	Promise #5: Honoring Preferences and Decisions
3:15	Final Competency Role-Play #4: <i>8.5-Hour Course (work in groups of four)</i>
4:15	Summary
4:30	Adjourn



Faculty

Sheila Frascht, RN, CHPPN, CPLC
Pediatric Pain and Palliative Care
University of Iowa Children's Hospital

Jane Dohrmann, LISW, ACHP-SW
Palliative Care Services
Iowa City Hospice

Cynthia West, LISW, OSW-C
Holden Comprehensive Cancer Center
University of Iowa Hospitals and Clinics

Credit

The session will receive 7.25 contact hours for full attendance by Mercy Hospital Iowa City IBN #87. No partial credit will be awarded. Eight credit hours of on-line modules are required to be completed before attending the class as a part of the certification process. Directions for the on-line modules will be sent the week of March 23.

Intended Audience: Health care professionals

Registration

Attached registration form or @ <https://honoringyourwishespost.eventbrite.com>
Registration is limited to the first twenty registrants or by **Friday, March 20, 2020**.

Fee

\$189 by check OR by credit card or paypal @ <https://honoringyourwishespost.eventbrite.com>; \$89 if on-line modules have been completed with the past twelve months. The \$89 fee must be paid by check. Verification of completion of modules may be requested.

Cancellation Policy

Registration fees will be returned before Friday, March 20, 2020 if requested.

Parking: Please park in the last two rows in the main parking lot or in the parking lot to the west of the bank. Please leave the first two rows closest to the bank open to accommodate clients throughout the day. Thank you for your cooperation.

Additional Information: Beverages, muffins, and light snacks will be provided. Lunch will not be served. You may bring a lunch or visit one of the local restaurants during the mid-day break. The temperature in the room may vary. Please plan to dress in layers. If you have further questions, please contact Jane Dohrmann, Director, Honoring Your Wishes, at jane.dohrmann@iowacityhospice.org OR 319-688-4214.

Non-Discrimination and Disability Statement:

Iowa City Hospice prohibits discrimination in employment, educational programs and activities on the basis of pregnancy, race, national origin, color, creed, religion, sex, age, disability, sexual orientation, gender identity, or associational preference. Iowa City Hospice also affirms its commitment to providing equal opportunities and equal access to this workshop. Individuals with disabilities are encouraged to attend all Iowa City Hospice sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact Jane Dohrmann at 319-688-4214 or jane.dohrmann@iowacityhospice.org.



An Affiliate of **MERCYONE**



Respecting Choices Advanced Steps® Certification Registration Form

Name _____

Job title _____ Profession _____

Employer _____

Address _____

Email _____

Phone (c) _____ Phone (h) _____ Phone (w) _____

I understand that to become a certified Respecting Choices Advanced Steps Advance Care Planning Facilitator, I will need to:

- complete the on-line curriculum (8 contact hours) by Friday, April 17, 2020
- attend the all-day workshop (7.25 contact hours) on Wednesday, April 22, 2020
- demonstrate competency in facilitating IPOST discussions

Log-in information for the course and other details will be sent to you one month prior to the course.

Signed _____ Date _____

Payment options (please check one):

____ By check in the amount of \$189 (or \$89 if on-line modules have been completed in the past twelve months) payable to: Iowa City Hospice with *Honoring Your Wishes* in the memo line. The \$89 fee must be paid by check. Verification of completion of online modules may be requested.

OR

____ By credit card or paypal, go to <https://honoringyourwishesipost.eventbrite.com>

Muffins, snacks and beverages will be provided. **Lunch will not be provided.** Participants are welcome to visit one of the nearby restaurants or bring their own lunch during the break.

Please send registration form to: Jane Dohrmann, Program Director, Iowa City Hospice, 1025 Wade St, Iowa City, IA 52240, fax to: 319-351-5729, or scan and send to: jane.dohrmann@iowacityhospice.org.