


**(5-7) BEGINNER 2 TEMPLATE**
**Beginner 2**
**Student Record / Skill Tracking**
**Evaluation Sheet**
**FLOOR**

\*Beg2

Forward Roll ( ) Backward roll ( )

Handstand ( ) Cartwheel ( )

\*Adv Beg

Handstand Forward Roll

Round Off

Fall into bridge w/ spot

Bridge kickover w/ spot

**BEAM**

\*Beg2

Forward Walks ( ) Side Walks ( )

Backward Walks ( ) Forward kicks ( )

Dismounts=Star Jump ( ) Tuck Jump ( )

\*Adv Beg

Bunny hops

Chasses

Forward roll (high beam no pad)

Dismounts: Straddle jump ( ) R.O. ( )

**BARS**

\*Beg2

Cast away

Casts(hips off bar)

Walk up to Candlestick

\*Adv. Beg

Pullover

Tap Swings

**VAULT**

\*Beg 2

Squat on (vault)

Jump up (low block)

\*Adv. Beg

Jump up (Vault)

Working Step up Round off