

# Snow Patrol

**Appropriate Age of Activity:** K-2

**Objectives:** Students will improve their throwing overhand and tossing underhanded while working their fine motor skill pinching and locomotor skills.

**Area and Equipment:** bag of cotton balls, bucket of clothespins, poly spots

**Setup:** Place the poly spots on the boundary with clothespins.

**Description:** (Explain game before dividing into partners)

The best thing about winter is snow. Today, we need your help making it snow. Let students come get snow and they can let it snow all over the gym but it can only snow one ball (cotton ball) at a time. They can underhand toss and overhand throw the snow. Once they have ran out of snow, have them come to a poly spot and perform an exercise (spin on bottom, bottom balance, knee curl-ups, etc). You can have students work individually or in pairs. Your choice. Have students get one clothespin. On 'Go', students will pick up one snowball (cotton ball) with their clothespin at a time. Return the snowball to your pile (poly spot). Once all the snow has been picked up, have students count how many snowballs they have collected, then have them perform an exercise that many times (jumping jacks, burpees, push-ups, etc). If time allows, repeat.

Play Christmas music to make things more festive (Kids Pop Holiday or anything Trans Siberian Orchestra.

**Safe Play Rules:**

- Only throw/toss one snowball at a time.
- Have students perform different locomotor skills to retrieve the snow.