

Center Valley PE Pacing Guide

DATE	K-1 Day 1	K-1 Day 2	2-4 Day 1	2-4 Day 2
Week 1	Dots, Follow the Leader	Follow the Leader, Locomotor Movements	Seating Chart, Musical Hoops (Locomotor Review)	PE note Rock, Paper, Scissors
Week 2	Airplanes, Locomotor Movements	Airplanes, Locomotor Movements	Cardio Cornhole	CC Tournament
Week 3	Parachute skills	Parachute camping	Four Square	Four Square
Week 4	Bean Bag Body Parts	Bean Bag Body Parts, Tossing to self	Football-Throwing/Catching dominant & nondom	Football- Route 44 catching in motion
Week 5	Tossing/Catching Stations	Tossing/Catching Stations	Football- Blue 42 routes	Football- Quarterback Crazy
Week 6	Hula Hoop skills	Hula Hoop skills	Soccer- ladders & dribbling	Soccer- passing & trapping
Week 7	Hula Hoop Stations	Soccer dribbling, trapping, toe taps & reverse	Soccer- Goalie and scoring	Soccer- Skills Cards 2nd- stations
Week 8	Soccer - skills & ladders	Soccer - kick to goals & cones	Volleyball - bump, set & serve(over and underhand)	Volleyball - Skills stations and with partner
Week 9	Volleyball w/ Balloons with self	Volleyball w/ balloons with partner	Volleyball 4-Square for 3-4 2-Square for 2nd	Volleyball 4 with nets for 4th 2 with nets for 2nd and 3rd
Week 10	Team Activities - Hungry Crabs (K-2)	Team Activities- Speedy Squirrels (K-2)	Team Activities - Roll & Go	Team Activities- Pirates of the Caribbean
Week 11	Halloween Games - Ghostbusters	Halloween Games - Halloween Locomotors	Halloween Games - Crossing the Graveyard	Halloween Games - Blacklight Tag

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Week 12	Cup Stacking- 3 stack, 3-3-3 stack	Cup Stacking - Relay & 6 stack	Cup Stacking - 3, 3-3-3, 6 & 3-6-3 stack	Cup Stacking - Fitness Stacking/Relays
Week 13	Cup Stacking - stack spots & Jumbo/partner	Cup Stacking - 6 stack, 3-6-3	Cup Stacking - Jumbo/partner & Fitness stacking	Cup Stacking - 1-10-1, cycle
Week 14	Thanksgiving Games - Pluck the Turkey	No School	Thanksgiving Games-Turkey Round-up	No School
Week 15	Cooperative Team	Cooperative Team	Cooperative Team	Cooperative Team
Week 16	Ball Handling Skills	Dribbling	Basketball	Basketball
Week 17	Basketball	Basketball	Basketball	Basketball
Week 18	Christmas Games	Christmas Games	Christmas Games	Christmas Games
Week 19	NS	Bowling	NS	Bowling
Week 20	Bowling	Bowling	Bowling	Bowling
Week 21	Gymnastics	Gymnastics	Gymnastics	Gymnastics
Week 22	Gymnastics	Gymnastics	Archery	Archery
Week 23	Jump Stations	Jump Stations	Archery	Archery
Week 24	Jump Rope	Jump Rope	Jump Rope	Jump Rope
Week 25	Jump Rope	Jump Rope	Jump Rope	Jump Rope
Week 26	Dance	Dance	Dance	Dance
Week 27	Kickball	Kickball	Kickball	Kickball

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Week 28	Kickball	Kickball	Kickball	Kickball
Week 29	Juggling	Juggling	Putt Putt	Putt Putt
Week 30	Juggling	Juggling	Tennis	Tennis
Week 31	Tennis	Tennis	Tennis	Tennis
Week 32	Track & Field	Track & Field	Track & Field	Track & Field
Week 33	Track & Field	Track & Field	Track & Field	Track & Field
Week 34	Toss/Catch w/ Partner, Running Bases	Toss/Catch w/ Partner, Running Bases	Wiffleball	Wiffleball
Week 35	Batting Practice	Batting Practice	Wiffleball	Wiffleball
Week 36	Disc Golf	Disc Golf	Disc Golf	Disc Golf
Week 37	Disc Golf	Disc Golf	Disc Golf	Disc Golf
Week 38	Student Choice	Student Choice	Student Choice	Student Choice