

# TWISTED ITALIAN LUNCH SPECIALS

## PICK A PASTA / PICK A SALAD 11.50

CHOOSE A LUNCH SIZE PORTION OF ONE OF OUR PASTAS ALONG WITH A SMALLER VERSION OF ONE OF OUR SIGNATURE SALADS

\* Add on: Chicken 4, Italian Sausage 4, Meatball (1) 2.25, Shrimp (5) 6, Salmon 6.50 \*

### CHOOSE A PASTA

SPAGHETTI & MEATBALLS / FETTUCCINE ALFREDO  
PENNE FRA DIAVOLA / PASTA FRESCA /  
MEDITERRANEAN PASTA / SPAGHETTI & MEATSAUCE  
QUEEN LASAGNA (HOUSE OR BEEF)  
PERSONAL PIZZA (+2 TOPPINGS)

### CHOOSE A SIDE SALAD \*

CAESAR / TWISTED CITRUS  
MEDITERRANEAN / BACON PEAR  
ITALIAN SALAD / HOUSE SALAD  
STRAWBERRY GOAT CHEESE

SEE FULL MENU FOR DESCRIPTIONS OF PASTAS & SALADS

## SANDWICH OPTIONS 9.50

TAKE YOUR PICK OF SELECT ITALIAN SANDWICHES. SERVED WITH YOUR CHOICE OF SIDE (GARLIC OR REGULAR FRIES, SALAD (CAESAR, HOUSE OR ITALIAN)).

### CHOOSE A SANDWICH

SAUSAGE & PEPPERS SANDWICH / ITALIAN STACK  
MEATBALL SANDWICH / ITALIAN BEEF JUNIOR (FULL SIZE 10.00)  
CHICKEN PESTO SANDWICH

SEE FULL MENU FOR DESCRIPTION OF SANDWICHES

## SALMON WITH GRILLED VEGGIES 11.75

A 4 OZ ATLANTIC SALMON, FRESH GRILLED VEGGIES, WITH A SIDE OF ANGEL HAIR PASTA IN A GARLIC PARMESAN WINE SAUCE WITH CAPERS.

## SOUP AND SALAD \$9.50

BOWL OF HOUSE MADE SOUP AND CHOICE OF SIGNATURE SIDE SALAD \*

## PROTEIN & VEGGIE BAKES WITH SALAD\* \$10.50

KETO FRIENDLY AND GLUTEN FREE. COMBINATIONS OF PROTEIN & FRESH VEGGIES COMBINED WITH SAUCE AND MELTED MOZZARELLA. PAIRED WITH YOUR CHOICE OF SIDE SALAD \*.

### CHIPOTLE PESTO CHICKEN BAKE

CHICKEN BREAST OVER A LIGHT LAYER OF GF ALFREDO SAUCE TOPPED WITH ROASTED RED PEPPERS, BLACK OLIVES, ASPARGUS, MUSHROOMS, GREEN PEPPERS, BRUSHETTA MIX, MELTED MOZZARELLA AND CHIPOTLE PESTO. WITH CHOICE OF SALAD.

### SUPREME SAUSAGE & PEPPERS BAKE

MARINARA, ITALIAN SAUSAGE, PEPPERONI, PEPPERS, ONIONS, BLACK OLIVES, MUSHROOMS, BRUSHETTA MIX, MELTED MOZZARELLA. WITH CHOICE OF SALAD.

11:30 AM - 4:00PM TUESDAY - SUNDAY