



Living as well as possible is hard with a serious illness. Care Choices is a research model for eligible people with Medicare insurance to get extra help in their homes while living with a serious illness. Care Choices is for those with cancer, heart failure, COPD, or HIV/AIDS.

Why is Care Choices a good option for you?

We will help you:

- Control symptoms like pain, shortness of breath, and anxiety
- Talk about your healthcare wishes
- Be in touch with your multiple doctors to make sure everyone is on the same page
- Work with other local resources who can help you and your family
- Live at home for as long as possible
- By being available 24 hours a day, 7 days a week, if you have questions or need help

We encourage anyone—family members, clergy, friends, medical professionals—to contact us to learn more about Care Choices services.

Our staff can offer assistance and resources to meet each person's unique needs.

Care Choices can help.

Contact us at 800-897-3052 for more information.



Eligibility Checklist – Do I Qualify?

Must meet *all* of the following:

- Living with one of the following serious illnesses: CHF, COPD, Cancer, or HIV/AIDS
- Enrolled in traditional Medicare Parts A and B, and must be primary
- Has had 1 encounter at a hospital in the last 12 months
- Has had 3 doctor office visits in the last 12 months
- Lives in a traditional home (not a care facility)

Signs that Care Choices can help – If you are seeing *any* of the following:

Physical Changes

- Trouble getting dressed, taking a shower, or walking
- Losing weight or not eating as much as you used to
- Issues with skin – sores or swelling
- Shortness of breath

Mental Changes

- Confusion

Patient and Family Goals

- “We don’t want Mom to be in pain.”
- “These trips to the hospital are taking a toll on our family.”
- “We don’t know what the future holds for Dad. We need help.”

Care Choices can help.

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