A. Program Name: UnstoppableYou! By Craig Conrad
   District: Natrona County School District
   Grant Administrators: Mike Britt, Principal, Andrea Lee, Social worker
   Contact Information: (307) 253-2821
   Email: Andrea_Lee@Natronaschools.org/Mike_Britt@ncsd.k12.wy.us

B. Actual Grant Amount expended: $8800
   Grant related activities can be found at: www.natronaschools.org - Under Curriculum and Instruction Section - Grants

C. Total Number of Students involved with Grant: 600
   Total Number of Locations: ___1_____
   Total Number of Classrooms: School wide

D. The impact of this year’s grant included:

   With the population increase at Centennial, a Needs Assessment was conducted to see if more Bully and Character Education was a need in our building, approximately 70% of our staff believed that could benefit our building. Mr. Conrad targeted the 7th graders and all of our student mentors in the fall. In the spring, his target was 6th graders and more student leadership training. Centennial did experience a 9% decrease in bully-type office referrals. Students wrote Mr. Conrad letters of thanks and appreciation. Many student purchased Mr. Conrad’s book for them selves. The students expressed a change in climate and attitude, a desire and need to “fill their cup” and to never settle for “Average-itis!” Students reported that their teachers began telling them to have an “Unstoppable Day!” We purchased Mr. Conrad’s books to utilize in our Leadership seminar classes. Students report enjoying the stories of hope and inspiration provided my Mr. Conrad.
   Students and teachers were educated on new ways to communicate, celebrate, and reflect on their learning and growth. We currently have a group of students hoping to start an “Unstoppable Club” for student leaders and mentor driven bully and character education!
   Our District did a news feature on Mr. Conrad and his program. The focus was on Centennial and strengthening our already wonderful school by finding ways to celebrate and encourage each student to perform at their personal best. Students often speak of the “ripple effect” now. As one student wrote to Mr. Conrad, “The smallest thing that you do, can have the biggest impact on your life, you definitely made our school think about how to be unstoppable!” Another student wrote to Mr. Conrad. “Thank you for coming to our school, you presentation changed my forever. My favorite part was us filling our cup all the way. I have been trying everyday.”
The following data indicates the number of Bully-type behavior related discipline infractions by month for the current school year. These include Bullying, Battery, Harassment, Threat/Intimidation, Verbal and Physical Assault, Bus infractions and Theft.

By Misconduct Report Type from September to March 30:
- Bullying: 24 incidents
- Cyber Bullying: 5
- Battery: 9
- Fighting: 26
- Harassment (Including sexual): 7
- Physical harm to others: 14
- Threat/Intimidation: 13
- Vandalism: 8
- Theft/Larceny: 10
- Bus Infractions: 66

Total 182 Bully-type behavior related infractions

There was a 9% decrease in discipline infractions after the initial presentations and implementation of materials. We hope to continue to see this number drop 4th quarter.

The total number of substantiated bullying infractions for the current school year is: 182.
The total number of substantiated bullying infractions for 2015-2016 was: 225

Explanation of Program Results: In May of 2016 the staff at Centennial reflected on the population and growth explosion we had experienced over the last few years. We knew that we already have an amazing staff, a great sports and activities program, and awesome kids; however, with our growth we wanted to be proactive, not reactive with larger volumes of students with behavior and anti-bullying strategies and ideas. We had heard great things about Mr. Conrad’s UnstoppableYou! Program from other schools in Wyoming, so we decided to start our journey with Mr. Conrad in the fall of 2016. Teachers were overall very satisfied with the assembly and received great reviews from the student population. Mr. Conrad provided Centennial with 2 assemblies and one student leader training. Specific Outcomes: 1-We experienced a 9% decrease in Bully-type related Misconduct reports. 2-Teachers and students have reported that they know the procedures to intervene and get a student help, when specific needs or concerns arise. Ongoing character education is our goal. Teachers and students will complete a climate survey at the end of this academic school year, so Centennial can continue to monitor our goal. 3-Adults and students have a better understanding of the mental health resources available in this building. The school social worker provided further education on access to resources by presenting in all 7th grade PE/Health classes. 4-In Leadership Seminar, utilizing Mr. Conrad’s book, along with other resources, journaling and discussions, we hope to continue the message that Mr. Conrad has conveyed to our school by continuing his message throughout the remainder of the year, as well as, future years to come.
The message Mr. Conrad sends in absolutely on point with the education we seek our student body to gain as they grow into young adults. We thank Mr. Conrad for his message, his time, and his impact. We would also like to thank the great State of Wyoming and Wyoming Department of Education for giving our school this wonderful opportunity.

Sincerely,

Andrea Lee, LCSW

Centennial Junior High

School Social Worker.