

Who we are

Sherril Taylor studied to become an Applied Physiology Instructor with Richard Utt the creator of Applied Physiology Diploma course in Tucson Arizona in 1999 and has continued Richard's passion for this amazing modality and is preserving it for posterity. Intensive Instructor programs are an integral part of our training.

Where can you learn?

International Institute of Applied Physiology offers the Applied Physiology Diploma modules at the following Institutes:

- IIAP, Casuarina NSW
- Inside-out Healing, Sutherland Sydney
- Energy Kinesiology, Kiev-Ukraine

Can't make it to our locations? Sponsor a class in your area. Instructor classes are held in Casuarina NSW and Kiev, Ukraine.

Contact Us

International Institute of Applied Physiology is situated in Northern Rivers adjacent to the beautiful Casuarina Beach and Cotton Beach Resort! Other local resorts are Salt Peppers and Mantra.

15 minutes south of Gold Coast Airport. Close to shops and restaurants.

36 Daybreak Boulevard, Casuarina NSW 2487 Australia

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Applied Physiology Diploma



INTERNATIONAL INSTITUTE OF APPLIED PHYSIOLOGY

Sherril Taylor INSTRUCTOR



INTERNATIONAL INSTITUTE OF APPLIED PHYSIOLOGY

SHERRIL TAYLOR PRINCIPAL

A Mindful approach to Kinesiology...

Diploma Course Content

AP 1 TO 6 MODULES 12 days each

Kinesiology 500 hours

Anatomy and Physiology 100 hours

Nutrition..... 35 hours

AP 7 MODULE 3 days

Business Management 25 hours

AP 8 MODULE 4 days

Communication 40 hours

*All Assessments included

TOTAL 700 hours

Instructor Classes

Instructor Training Foundation Module AP 1

AP1 SOS Instructor 88 hours

Instructor Training AP Modules 2 to 6

AP2 to 6 Instructor per module..... 80 hours

Intensive Instructor Training Classes - Enquiries Welcome

Available AP1 & 2 2019, 2020..... AP3 to 6 2020

What will you learn

These classes are lively and innovative. You will be offered practical session times to refine your skills in class. At the end of each module you will have gained:

- Confidence and professional kinesiology skills
- Professional clinical aides and materials
- Tools for a successful clinical practice

"All Encompassing Love = the total and complete acceptance and implementation of all physical and metaphysical laws of the universe known or unknown." Richard D. Utt

Professional Kinesiology Training

Your Instructor and Mentor



Sherril Taylor

Sherril has more than 3 decades experience in teaching and development.

She is a professional member of the AIK Ltd and the ATMS; and an Instructor member of AKA. Sherril is a past president of the Australian Institute of Kinesiologists Ltd.

Quote:

"Sherril brought a refreshing energy and presence into the classroom, and her knowledge extended far beyond the course material with knowledge she was only too pleased to pass on.

Sherril tailored the classes to our needs – on time, with enlightening material and in a delivery style that was fun and exciting!"



Diploma Graduate 2017

Carsten 2016

Personal Development Modules

AP7 Business Management 3 days no prerequisites

A wonderful personally engaging developmental 3 day mini course designed to assist you to: create your business plan, organize your office forms, understand your business requirements and responsibilities. You will gain clarity and wisdom to formulate and implement your perfect business plan ensuring your success and prosperity!



AP8 Communication 4 days no prerequisites

A personal engaging and insightful 4 day communication course from the Right Use of Power program developed by Cedar Barstow. This course is designed to offer inspiration, practical guidance, increased ethical awareness and wisdom in your role as a professional and your relationship to power. You will receive permission to use the material and exercises from RUP Program.



Using power in an ethical way is learning to use power wisely.
Cedar Barstow www.rightuseofpower.com

Become an Instructor

AP Instructor Training

We offer a simple path to becoming an Applied Physiology Instructor with ongoing support. Incredible classes offering Professional Instructor requirements and practical training, personal development in Leadership skills, Ethical guidelines and Communication skills.



Getting Started

Where to begin?

We suggest you begin with the 12day [AP1 Foundation Module](#), a pre-requisite for AP modules 2 to 6. You will receive the qualification of [Stress Observation Specialist](#). Now you can start working with clients!

Attend each module at your own pace. We suggest attending 6 Applied Physiology modules over two years, 3 per year.

Intensive Diploma Training

Another choice is to join us for our 13 week Intensive training held every second year in Casuarina. Our intensives are a life changing event!

*Follow your dreams – become a professional
kinesiologist in 13 weeks!*

Focus on What You Do Best

We offer an experiential Kinesiology training that assists you in your journey to taking full control of your health, wealth, lifestyle, relationships and power. You will have completed your journey to mastery in all areas of your life and will be able to assist others in this journey!

Applied Physiology Qualifications

- Stress Observation Specialist
- Applied Physiologist / Master Applied Physiologist
- Applied Physiology Instructor

Professional Kinesiology Qualification

The graduate receives the award “Professional Kinesiologist” accredited nationally by Australian Institute of Kinesiologists Ltd. The Applied Physiology course hours are also accredited by AKA.

Kinesiology Modules AP1-3

Foundation Module

AP1 Stress Observation 12 days

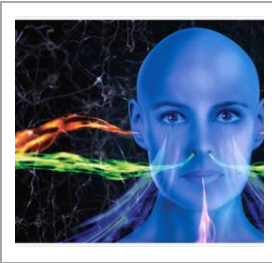


Includes the following workshop units:

Holographic Muscle Monitoring, Attitude with Essence, Can Opener, Acupressure, Tibetan Figure 8's, Basket Weaver & Relationship dynamics, De-stress your life!

ALL ENCOMPASSING LOVE

AP2 Electrical Observation 12 days



Includes the following workshop units:

7 Chi Keys, Tooth & Teeth & Ear, Dyslexia Visual & Hearing & Sensory Hologram, Resolving Relationship Difficulties, Pitch Roll & Yaw, Switching, Polarity, Magnets & Crystals, Boundaries, External Sensitivities, Harmony with the world!

ENERGY WITHIN & WITHOUT

AP3 Structural Observation 12 days



Includes the following workshop units:

Centering: Cloacals, Gaits and Hyoids, TMJ, Cranial Hologram, Cranial Nerves, Muscle Hologram, 5 Houses of Chi, PIT, Structure, Balance, Posture, Flexibility, Freedom to be!

Anatomy & Physiology Theory

COURAGE & STRENGTH

Kinesiology Modules AP4-6

AP4 Nutrition Observation 12 days



Includes the following workshop units:

Enzymes, Amino Acids, Nutrition + Nutrition Hologram, Dao of Blood, Skin, Nails & Hair & Nerves, Lifestyle, Time Management, Self-Reliance and regulation!

Nutrition, Anatomy & Physiology Theory

SELF CARE & NOUSHMENT

AP5 Anatomy & Physiology Observation 12 days



Includes the following workshop units:

Anatomy & Physiology Master Series Hologram Hormone Hologram, A&P and the Brain, Cell Hologram, Behavioral issues, Trauma, Take control of your health!

Anatomy & Physiology Theory

HEALTHY BODY - SELF MASTERY

AP6 Anatomy & Physiology Observation 12 days



Includes the following workshop units:

Digestive Tract Master, Heart Master, Organ Reversal, Addictions, Liver Advanced Hologram & Kidney Advanced Hologram, Reprogram your Self!

Anatomy & Physiology Theory

SELF SATISFACTION & CREATIVITY