

Sarah Beth Aubrey

DAILY

- Group Text or Message App

ANNUAL

- 1-2 Day Retreat
- Review Process, Barriers, & Accomplishments
- Annual Plan & Goals Roll Out

QUARTERLY

- Half-day Off-site Meeting
- Roll Out New 90-Day Campaign/Strategy
- Set & Give Goals
- Set Accountability

ACT CONNECTIVITY MODEL

BI-WEEKLY

- 30-60 Minute Video Meeting
- 30-60 Minute Coaching Check-In Report
- Accountability Progress

MONTHLY

- 75-90 Minute In-Person
- Update Session with Joint Teams