The Black Girls' Guide to Surviving Menopause
Content Summary

Who We Are

What We Do

What Makes Us Unique
Omisade Burney-Scott

Creator/Curator

7th generation native of North Carolina, feminist, master facilitator, trainer and event host with decades of experience in nonprofit leadership, philanthropy, and social justice

Omisade facilitates and curates community events and engagements related to decolonizing aging, reproductive justice, body positivity, and sex-positivity in BIPOC communities. She has been a presenter at conferences such as NC Sexcon and the Woodhull Foundation national conference and is a 2020 Effing Foundation for Sex Positivity grant recipient.
Who We Are

MISSION

The Black Girl’s Guide to Surviving Menopause is a multimedia project seeking to curate and share the experiences, stories, and realities of Black women and femmes over 50 related to aging, intimacy, body, spirituality and change through the medium of audio storytelling.

OUR VISION

We will create spaces with and for Black women and femmes over 50 for open conversations about "the change", shapeshifting, menopause, love, life, white supremacy, patriarchy, moon phases and the crone identities. It’s the guide we wish we all had access to, no matter our age. The Black Girl’s Guide to Surviving Menopause podcast lights the path for creating the first accessible resource of its kind.
Our Team

intergenerational team of southern Black folks who identify as women/femmes.

We are Cis Hetero, Queer, creatives, social justice advocates/organizers, content creators, healers Birthworkers and death Doulas.
What We Do

PODCAST
First person stories of Black women, femmes and non-binary folx who are menopausal or post menopausal

INTERGENERATIONAL COMMUNITY CONVERSATIONS
Healing justice community conversations for Black, indigenous, People of Color focused on body positivity, intimacy, pleasure and change
The Podcast to Date

Season 1: Launched May 2019

Season 2: Launched March 2020

BGG2SM has over 5K listens

BGG2SM listenership in over 10 countries


As of March 2020
The Conversation

BGG2SM intergenerational community-based conversions

Sold out events in Washington, DC and Durham, NC

Hosted first international conversation in Lake Naivasha, Kenya

Hosted at Black owned and operated businesses

Co-facilitated by an intergenerational team
What Makes Us Unique

Opportunities to support or to partner

Our podcast target market is Black women and femmes over 50. A consistently marginalized and invisibilized demographic.

Intentional curation of intergenerational conversations for BIPOC Cis hetero women, femmes, queer folx and gender non binary people about body positivity and sex positivity.

The creation of a tangible intergenerational guide to menopause for Black women and femmes.
Timeline for Growth

Growth Stages and Success Indicators

LAUNCH: 2019
6 episodes produced and published in 2019
3 community events
1 international conference

EXPAND: 2020
10 new episodes
4 community events
2 focus groups to support development of the guide

NEXT LEVEL: 2021
Publish first Black Girls' Guide to Surviving Menopause in collaboration with national body and sex posivity experts
The BGG2SM Creative Team

CHEYANNE HEADEN  
Publicists/Engagements

AIDIL ORTIZ  
Resource Development

ANGEL DOZIER  
PR/Marketing

MARIAH MONSANTO  
Pocast Producer
Want to Partner? Want to Support?

Let's Talk!

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