



## STAY INTOUCH PROGRAM (SIT) REGISTRATION FORM

(Please Print)

Today's date:		Referral Source:	
Are you currently experiencing domestic violence?			
<b>PARTICIPANT INFORMATION</b>			
Participant's Name:		<input type="checkbox"/> Male <input type="checkbox"/> Female	Marital status (circle one) Single / Mar / Div / Sep / Wid
Street address:		Home phone no.:	
		(    )	
P.O. box:	City:	State:	ZIP Code:
Birthdate:	Ethnicity:	Emergency Phone Number	
		(    )	
How did you hear about us:	<input type="checkbox"/> Friend	<input type="checkbox"/> FJC (Partner) <input type="checkbox"/> Internet	<input type="checkbox"/> Court <input type="checkbox"/> Survivor <input type="checkbox"/> Other <input type="checkbox"/> Advertisement

**E-MAIL:**

<b>IN CASE OF EMERGENCY</b>			
Name of local friend or relative (not living at same address):	Relationship to participant:	Home phone no.:	Work phone no.:
		(    )	(    )
<hr style="border: 0; border-top: 1px solid black; margin-top: 20px;"/> <i>Participant Signature</i>		<hr style="border: 0; border-top: 1px solid black; margin-top: 20px;"/> <i>Date</i>	

*"Your Life, Your Choice, Your Journey"*



**CONSENT**

**Please fill out the top and bottom of this form. The bottom portion of the form is for your records and the top portion of the form will be kept in your file. Thank you!**

Group Consent Form for the: **Stay-In-Touch** support group.

I have read the above information, understand the information, and agree to the terms of group participation.

Signature of Group Member/Guardian:

\_\_\_\_\_

Printed Name of Group Member (include printed name of Guardian, if applicable):

\_\_\_\_\_ Date: \_\_\_\_\_

Signature of Facilitator(s):

\_\_\_\_\_

.....  
**CLIENT'S COPY**

I have read the above information, understand the information, and agree to the terms of group participation.

Signature of Group Member/Guardian:

\_\_\_\_\_

Printed Name of Group Member (include printed name of Guardian, if applicable):

\_\_\_\_\_ Date: \_\_\_\_\_

Signature of Facilitator(s):

\_\_\_\_\_



## Curriculum

The curriculum for the SIT Reflection Group is not a course of study for teaching on various topics but rather a guide that offers specific themes and topics that survivors find important and helpful. The foundation of this curriculum comes from the reoccurring life experience of the victim who knows the subject matter only too well. These topics are used only to enhance the sharing of experiences and circumstances are at the heart of healing and self-empowerment.

### Using the Curriculum and Reflection Guide

The guide to the curriculum has been designed to assist and support the facilitator. The format of each agenda session had instruction for the facilitator and suggested dialogue questions. The guide is made of 14 sessions; each session addresses specific topics on domestic violence and is intended as a basic guide for the reflection group. The format for the sessions provides a structured outline guide for the facilitator and support the work of the group. The Guest Speaker Session consists of a list of various topics. These topics are for survivors who are no longer in immediate crisis and provide an opportunity for them to continue to exploring issues of importance to their lives, beyond domestic violence.

### Group Principles/Rules

Every SIT reflection group will have basic principles or rules that will guide the behavior and expectation of the members of the group. These principles or rules are essential to guard the confidentiality and safety of survivors. The following SIT ground rules are:

- **Confidentiality** – This ground rule is fundamental. Safety and trust can easily be shattered if what participants hear in the group about the experiences of other survivors is repeated outside the group.
- **Respect** – The atmosphere at the sessions should always be one of empathy, unity, compassion, support and equality. It should never be one of judgment, criticism, rudeness or harshness. Differences of opinion or world view must be respected.
  - Accept members as they are; There are no right or wrong answer
- **Sobriety** – Survivors cannot participate in group meeting while under the influence of alcohol, or while abusing illegal or controlled substances. This would impact the group negatively, disrupting trust, safety and the group dynamics.
- **Attentive listening** - Members of the group should refrain from passing judgment on another survivor. Group members are asked to show unity, respect and empathy when they listen attentively and share their own stories.
  - You may decline to speak, but should feel welcome to share
  - Each participant should speak from their own experience instead of generalizing (use “I” instead of “they,” “we” or “your”).
- **Punctuality and attendance** – Coming to the group meetings on time and regularly are important rules to make the session as effective and efficient as possible.

SIT members will use these principles/rules and encouraged to come up with other rules that apply specific to their group. The members and facilitator will come to an oral agreement about honoring these rules. They may be posted in the room for every session and members and facilitators should take turns reading them at each session.

It is important that in preparation for the reflection group, facilitators read the curriculum guide session and any relevant material in the guide. This will assist the facilitators in guiding the group process in a smooth and effective manner.