



Trellis for Tomorrow COVID-19 Guidelines for Staff & Volunteers

We thank you for your willingness to volunteer to support Trellis in Food for All gardens during the COVID-19 crisis. We commit to creating a safe space for all to work in. To that end, Trellis will:

- Sanitize all equipment and tools prior to and following each use and event
- Limit garden participation to a maximum of one person per raised bed at any event
- Practice social distancing by not standing within 6 feet of anyone else and politely reminding volunteers to maintain six feet separation between each other and staff members
- Provide hand sanitizer, wipes, and disposable gloves on site
- Require staff to wear masks
- Provide protocols for the safe harvest, handling and transport of produce grown for donation

In order to keep Trellis staff and volunteers safe, please read and respond to the following questions:

1. In the past 14 days, have you or a member of your household been diagnosed with COVID 19? ___Yes ___No
2. In the past 14 days, have you or a member of your household knowingly come into contact with a person diagnosed with, or in the process of being tested for COVID-19? ___Yes ___No
3. In the past 14 days, have you or a member of your household traveled internationally or been to a location subject to a CDC travel advisory? ___Yes ___No
4. In the past 72 hours, have you or a member of your household had a fever of over 100.4° F? ___Yes ___No
5. In the past 72 hours, have you or a member of your household experienced coughing, shortness of breath, or any of recognized symptoms of COVID-19? ___Yes ___No

If you answered "yes" to any of these questions, please do not participate.

Trellis requires that any participating volunteer abide by the following guidelines:

- **Clean your hands often**
 - **Wash your hands** before you come with soap and water for at least 20 seconds
 - If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry.
 - **Avoid touching your eyes, nose, and mouth** with unwashed hands.
 - Wear gloves. If you use your own, be sure they are washed beforehand and to wash them afterward.
- **Wear a mask, which should cover both nose and mouth**



- **Cover coughs and sneezes**
 - **Cover your mouth and nose** with a tissue when you cough or sneeze or use the inside of your elbow.
 - **Throw used tissues** in the trash.
 - Immediately **wash your hands** with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.
- **Maintain distance – at least 6 feet - between yourself and other people.** This is especially important for [people who are at higher risk of getting very sick](#)
- **Handling of tools**
 - Wear gloves at all times
 - One person, one tool, no swapping. When finished with a given tool, wipe it down with provided disinfectant wipes before returning to storage or their owner.
 - If finished, wash hands for at least 20 seconds with soap and water or use hand sanitizer.



Waiver

In participating in a Trellis for Tomorrow activity as a volunteer, I hereby waive, release and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which hereafter accrue to me against Trellis as a result of my participation in the above captioned activity. This release is intended to discharge Trellis For Tomorrow, its officers, directors, employees, representatives and volunteers, partner organizations, and any and all other private or public agencies involved in *any Trellis program* from and against any and all liability arising out of or connected in any way with my participation in these programs.

It is further understood that accidents and injuries can arise out of participation in any Trellis program; knowing those risks exist, nevertheless, I hereby agree to assume those risks and to release and to hold harmless all persons or agencies mentioned above who (through negligence or carelessness) might otherwise be liable for damages. Specific risks at site can include but are not limited to: sharp tools and implements, insects, allergic reactions, ticks, viruses, and other outdoor and travel risks. This is not an all-inclusive list; there may be other risks associated with volunteering.

I further agree that any Trellis representative is authorized to obtain emergency medical treatment for me, up to and including emergency hospitalization and surgery, in the event of an emergency. I agree to be personally responsible for any related medical expenses. I further release Trellis, any other involved private or public agencies and any medical provider of emergency treatment, for any related liability. Your signature on this form signifies that you understand these terms and accept all medical responsibility.

THIS IS A RELEASE OF YOUR RIGHTS. READ CAREFULLY **BEFORE SIGNING.**

Signature _____

Printed Name _____

Date _____