



www.APCenters.com • Telephone: 818.989.9001 • Email: DrShCohen@gmail.com  
5900 Sepulveda Boulevard • Suite 335 • Sherman Oaks • California 91411

Shahrzad Cohen, Au.D., M.S.  
Doctor of Audiology

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

## HEARING HEALTH QUESTIONNAIRE

The onset of hearing loss is usually gradual and effects might be noticed after a number of years. If you are exposed to loud noises at work or through hobbies the decline in your hearing might be more rapid. If the decline is slow, you may not even be aware that you have a problem until someone brings it to your attention. These are simple questions that can help you to determine if you have hearing loss. **Please write YES or NO.**

- 1) Do others complain that you watch television with the volume too high? \_\_\_\_\_
- 2) Do you frequently have to ask others to repeat themselves? \_\_\_\_\_
- 3) Do you have difficulty understanding what is being said in groups or in noisy situations? \_\_\_\_\_
- 4) Do you have to sit up front in meetings, church, or other social gatherings in order to hear and understand a speaker's voice? \_\_\_\_\_
- 5) Do you have difficulty understanding women or young children? \_\_\_\_\_
- 6) Do you have trouble knowing or location where sounds come from? \_\_\_\_\_
- 7) Are you unable to understand when someone talks to you from another room? \_\_\_\_\_
- 8) Have others told you that you don't seem to hear them? \_\_\_\_\_
- 9) Do you avoid family gatherings or social situations because you can't understand? \_\_\_\_\_
- 10) Do you have ringing or noises (tinnitus) in your ears? \_\_\_\_\_

If you have answered YES to even one of these, you should have your hearing evaluated by an audiologist and take steps to educate yourself about lifestyle changes you can make to slow the progression of hearing loss.