Lake Heritage Youth Swimming Lessons – Summer 2021

Session 1	Session 2	Session 3
Saturdays	Tuesdays & Thursdays	Tuesdays & Thursdays
June 19, 26, July 10, 17, 24, and 31, 2021	June 22, 24, 29, July 1, 6, and 8, 2021	July 20, 22, 27, 29, August 3 and 5, 2021
Grades 1-6: 8:55-9:25 am Ages 3-6: 9:30-10 am	Ages 3-6: 6:40-7:10 pm Grades 1-6: 7:15-7:45 pm	Ages 3-6: 6:40-7:10 pm Grades 1-6: 7:15-7:45 pm

There will be three levels for each age group.

Ages 3-6	Grades 1-6
I. Little to no swimming experience. Cannot swim independently. Does not like to put face in the water.	**Beginner**: Little to no swimming experience. Cannot swim independently. May not like putting face in the water.
II. Can swim independently with a puddle jumper or backpack on front and back. Blows bubbles and puts face in the water. Can jump into the pool with assistance.	**Intermediate**: Can swim independently on front and back for a distance of 30 feet. Can put face in the water while swimming. Jumps into the pool independently from the side of the pool.
III. Can swim independently on front and back with very little assistance. Can retrieve an object from the bottom of 3 feet. Jumps into the pool independently.	**Advanced**: Can swim freestyle and backstroke independently for a distance of 25 meters. (one lengths of the pool) Jumps into the deep water independently.

Class sizes will be limited to 5 students per class.

Child's name: _____ **Age**: _____

Registering for: Circle session and age group. Write level in the blank.

Session I Session II Session III **Age Group: 3-6 1st-6th grade Level: _____**

Parent(s) Name: _____

Street Address: _____

If not a Lake Heritage resident, please list your Lake Heritage Sponsor below. The sponsor must accompany the child to all lessons.

_____

Name *Address*

Payment enclosed: Make checks payable to: ***LHPOA*** Registrations will not be accepted w/o payment.

Lake Heritage Resident: $35/per session/per child: _____

Non-Resident: $50/per session/per child: _____

Turn registration form and payment into the pool office between 10 am and 8 pm any day.