



HUMBLING OURSELVES

2 Chronicles 7:14 (NLT) *If my people who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, I will hear from heaven and will forgive their sins and restore their land.*

- If you _____, I will _____.
- If you _____, I will _____.
- If you _____, I will _____.

A big part of us humbling ourselves, seeking God, and turning away from sin is _____.

Isaiah 6:8-10 (NIV) *I heard the voice of the Lord saying, "Whom shall I send? And who will go for us?" And I said, "Here am I. Send me!" He said, "Go and tell this people: "Be ever hearing, but never understanding; be ever seeing, but never perceiving.' Make the heart of this people calloused; make their ears dull and close their eyes. Otherwise they might see with their eyes, hear with their ears, understand with their hearts, and turn and be healed [restored]."*

Psalms 25:8-10 (TLB) *The Lord is good and glad to teach the proper path to all who go astray; he will teach the ways that are right and best to those who humbly turn to him. And when we obey him, every path he guides us on is fragrant with his loving-kindness and his truth.*

John 8:31-32 (TLB) *Jesus said to them, "You are truly my disciples if you live as I tell you to, and you will know the truth, and the truth will set you free."*

Psalms 119:130 (KJV) *The entrance of thy words giveth light; it giveth understanding unto the simple.*

The word "simple" can be translated _____, _____,
or _____.

Psalms 119:130 (TPT) *Break open your word within me until revelation-light shines out! Those with open hearts are given insight into your plans.*

The word "simple" could also be translated _____.

John 17:17 (KJV) *Sanctify them through thy truth: thy Word is truth.*

Hebrews 3:13 (GW) *Encourage each other every day while you have the opportunity. If you do this, none of you will be deceived by sin and become stubborn.*

Colossians 2:8 (MSG) *Watch out for people who try to dazzle you with big words and intellectual double-talk. They want to drag you off into endless arguments that never amount to anything. They spread their ideas through the empty traditions of human beings and the empty superstitions of spirit beings. But that's not the way of Christ.*



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2 Chronicles 7:14 (NLT) *If my people who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, I will hear from heaven and will forgive their sins and restore their land.*

- If you **humble self**, I will **hear**.
- If you **seek me**, I will **forgive**.
- If you **turn**, I will **restore**.

A big part of us humbling ourselves, seeking God, and turning away from sin is **seeing the truth**.

Isaiah 6:8-10 (NIV) *I heard the voice of the Lord saying, "Whom shall I send? And who will go for us?" And I said, "Here am I. Send me!" He said, "Go and tell this people: "Be ever hearing, but never understanding; be ever seeing, but never perceiving.' [Pride] Make the heart of this people calloused; make their ears dull and close their eyes. Otherwise [Humility] they might see with their eyes, hear with their ears, understand with their hearts, and turn and be healed [restored]."*

We are praying for lies to be exposed and truth to be revealed. For blinders to fall off! For humble hearts that see the truth.

Psalms 25:8-10 (TLB) *The Lord is good and glad to teach the proper path to all who go astray; he will teach the ways that are right and best to those who humbly turn to him. And when we obey him, every path he guides us on is fragrant with his loving-kindness and his truth.*

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Psalms 119:130 (KJV) *The entrance of thy words giveth light; it giveth understanding unto the simple.*

The word "simple" can be translated **immature**, **childish**, or **untrained**. You've never trained your flesh.

Psalms 119:130 (TPT) *Break open your word within me until revelation-light shines out! Those with open hearts are given insight into your plans.*

The word "simple" could also be translated **open-minded**.

God wants us to live our dreams and be happy. The only thing preventing this is our beliefs.

John 17:17 (KJV) *Sanctify them through thy truth: thy Word is truth.*

Any beliefs, ideas, concepts, opinions, traditions or superstitions, I have, that's not in agreement with God's Word, is not truth. If I continue to accept these beliefs as truth, my beliefs will bring pain and problems into my life. Why? Because I am deceived.

Hebrews 3:13 (GW) *Encourage each other every day while you have the opportunity. If you do this, none of you will be deceived by sin and become stubborn.*

Colossians 2:8 (MSG) *Watch out for people who try to dazzle you with big words and intellectual double-talk. They want to drag you off into endless arguments that never amount to anything. They spread their ideas through the empty traditions of human beings and the empty superstitions of spirit beings. But that's not the way of Christ.*

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We need lies to be exposed, and truth to be revealed.

EXPOSING THE LIES WORKSHEET

1. Identify a dream or desire that you would like to fulfill.
2. Identify the belief and action that limits you from pursuing that desire.
3. Now make an exhaustive list of all the pain that has come into your life because of this belief and action. (Try to list 40 things)
 - As you make the list, take a few moments and allow yourself to experience the pain.
 - Now, make a list of all the pain you will experience in the future if you continue to cling to this belief and action.
4. Find an empowering Biblical promise you can use to replace this old belief.
 - Make an exhaustive list of all the pleasure that could come into your life from accepting this new belief. (Try to list 80 things)
 - Take the time to experience those feelings. See yourself a year from now happy and enjoying life.
 - Imagine how you will feel about yourself!
5. Pray.
 - Commit to God to accept His view of the situation.
 - Commit to depend on His grace to change your beliefs and desire.
6. Anytime those old desires should arise, take a few moments to remind yourself of the pain and pleasure. Renew your commitment to God's Word and you will be empowered by His Spirit.