



Annual General Meeting

Saturday, November 2, 2019 1:00-3:00 PM

St. Andrews (Hespeler) Presbyterian Church
The Fellowship Room
73 Queen Street East Cambridge, ON NC3 2A9
(Queen and Cooper Street)

Member of
CanoeKayak Ontario



and

The Marathon Canoe Racing Council (MCRC)
of
Canoe Kayak Canada (CKC)



Ontario Marathon Canoe Kayak Racing Association (OMCKRA)
Marathon Paddling Ontario
Board of Directors

Recording Secretary and Race Secretary were elected to the current positions at last year's AGM on November 3, 2018

Oliver James McMillan – Acting President

Elected to board 2016

Mike Hayes – Recording Secretary

Elected to board 2018

Paula Loranger – Race Secretary

Elected to board 2015

Kim Snell - Treasurer

Elected to board 2014

Darryl Bohm –Member At Large

Elected to board 2016

Don Stoneman - Past-President

Elected to board 2014

NOTICE OF ANNUAL GENERAL MEETING OMCKRA

Take notice that the 2019 Annual General Meeting of Ontario Marathon Canoe and Kayak Racing Association will take place at:

St. Andrews (Hespeler) Presbyterian Church

The Fellowship Room

73 Queen Street East

Cambridge, ON NC3 2A9 (Queen and Cooper Street)

Phone 519-651-7054

Saturday, November 2, 2019

1:00 – 3:00 pm

AGENDA

- Call to Order
- Approval of minutes for AGM held November 3, 2018
- President Report
- Race Secretary Report
- Treasurer Report
- Membership Report
- CKO (Provincial PSO) Report
- MCRC (National NSO) Report
- Resolution on constitution *
- Other business
- Awards Presentation
- Election of board members
- Adjourn

* proposed: membership elect the board of directors; board determine executive positions

Social gathering will follow next door at 87 Queen Street East



**Ontario Marathon
Canoe Kayak Racing
Association**

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Agenda

- Call to Order
- Approval of Minutes from AGM held November 3, 2019
- Business arising from minutes or members (add to Other Business)
- Presidents Report
- Race Secretary Report
- Treasurer Report
- Membership Report
- CKO (Provincial Sports Organization PSO) report
- MCRC (National Sports Organization NSO) report
- Resolution on Constitution
- Business Arising
- Awards Presentations
- Election of new Officers

Meeting Minutes 2018 AGM

Annual General Meeting of Members (AGM)

Minutes of Meeting

Scheduled time: 1:00 – 3:00PM

Date: November 3, 2018

Location: St. Andrews (Hespeler) Presbyterian Church, The Fellowship Room
73 Queen Street East Cambridge, ON NC3 2A9 (Queen and Cooper Street)

Attending the meeting were 21 members and 2 guests:

Board / committee members: Christine Archer (President), Oliver James McMillan (Vice President), Don Stoneman (Past President), Kim Snell (Treasurer), Paula Loranger (Race Secretary), Darryl Bohm (Member at Large), Ryan Stepka (Coaching committee), Mike Hayes (SWAG committee); **General membership:** Vadim Lawrence, Sandy Schofield, Pat Schofield, Rama Gilverson, Stephen Roller, Rob Marcoloni, Adrian Roncea, Mike Casey, Heather Casey, Dave Conroy, Shane Hansen, Chris Near, Huw David. Guests from Acton Canoe Club (came with Rama)

Call to order 1:05 p.m. by Christine Archer

Approval of minutes from 2017 AGM

Motion by Mike to approve the minutes. Seconded by Oliver **Carried.**

Business arising from the minutes or additions under new business.

Pat asked that the OMCKRA code of conduct be shared with RO

ACTION: add this to instructions to new board

Mike asked that SWAG be added under new business

Rama asked that youth representative be added under new business

Huw asked that Outrigger NCCP certifications be added under new business

Presidents Report below was presented by Christine Archer.

2018 Race season has come and gone but was very successful. From having new board members, applying for grants, Ontario Provincials, sanctioning races to helping host the Canadian Marathon Nationals, the OMCKRA board has been busy! This year we felt that it was necessary to really listen to the voices of membership and their needs. It became apparent that more people were searching for resources (faster boats, better paddles), looking at improving their skills and race tactics. We as a board wanted to make sure that paddlers felt there was a benefit of being a member of OMCKRA, so we created 'OMCKRA Talks.' My vision for OMCKRA this year was to increase exposure and create community.

Exposure:

Social Media - increased exposure on social media using Facebook, Instagram and Twitter as our platforms.

Website - redesigned and more user friendly; website to provide resources to members and non-members; Thanks Kim Snell for your hard work in re-creating the website.

Toronto Adventure Show - set up a booth alongside H2O Canoe Company. Our goal in attending this show was to promote Marathon Racing and OMCKRA as an association. Opportunity to meet new people within the paddling community.

Paddling Magazine promotion - We spent money this past year advertising our races and our Nationals in an Ontario based paddling magazine and using its social media efforts. It's unlikely that we will make this expenditure again.

Race Roster - met with the developers of Race Roster to create resource for people to register as OMCKRA members. Also encouraged race organizers to use Race Roster for a more seamless registration process.

2018 Masters Indigenous Games Gala at Royal Ontario Museum -attended the opening gala for the Indigenous Games. Amazing experience to just be part of an incredible organization.

Community:

Continued to develop, promote and represent marathon paddling; to create a community of paddlers.

Introduced '**OMCKRA Talks**' - Recognized the need to provide benefits for OMCKRA Members to attend events to learn and enhance their paddling techniques. Solomon Carriere event was well attended.

Coaching Clinics - with the increase in membership, paddlers were looking for more education, more assistance with learning the proper technique to marathon, or just to learn how to paddle faster - so we needed more coaches. Two separate training weekends were held this year. Ryan Stepka provided training for the coaches.

Continued developing **relationships** with OMCKRA's member organizations **CKO and CKC**. Attended CKO Annual General Meeting and CKC's Summit in Ottawa.

Building relationships with **Race Organizers** - Met with race organizers of North of 7 River Run in Bancroft - provided support for the race organizers; gave advice; explained different boat classes.

Ontario Marathon Provincials

This year Provincial Championships were held at three existing races; Mixed C2 at the Marsh Mash near Bradford in May, and [Mens and Womens] C1 races at the North of 7 River Run Race in Bancroft in early July, and Mens and Womens C2 at the Mattawa River Race in late July. The new board is instructed to discuss how well this program is perceived to have worked and to plan for next year based on feedback from membership.

Canadian Marathon Nationals held in Ontario

Nationals were held in Sudbury in late August. The turnout counted 96 paddlers plus, three times the turnout in 2017. The Marathon Canoe Racing Council has honoured Sudbury's application to host the 2019 Nationals on the same late August weekend.

Don Stoneman and Kim Snell, Aaron Hutchings and the Sudbury Canoe Club did a phenomenal job at organizing, promoting and coordinating this event. Thank you to all the paddlers that attended.

Youth Race

Last fall we reported that it was unlikely that the Youth Race would take place in 2018. Past organizer Mike Kennedy had retired from his teaching position and could not find another teacher to take on the project. That changed when Mike McIntyre, another teacher from the Toronto District Catholic School Board contacted OMCKRA in early April asking about the race. Mr. McIntyre took over organizing the event on a smaller scale and on May 4 an instruction session took place for students from his school in Toronto followed by a short race. Mr. McIntyre indicated that he wanted to continue in 2019. Circumstances have changed as a Toronto teacher was charged following the death of a student on a school canoe trip in 2017. At this time, it is unlikely that the Youth Race will happen in 2019. But again, things might change.

Race Secretary Report below was presented by Paula Loranger

There were 1,196 day-of-event (non-member) participants in 2018 season which is an increase compared to 2017 where there were 972 day-of-event participants. OMCKRA pays fees to CKO and insurance for these participants. There were 19 racing events reviewed by the sanctioning committee of OMCKRA in 2018. The Sydenham River Race was cancelled because of high water.

The Race Secretary's report also included a table showing participation counts by race.

Discussion: ensured brainstorming how to get non-member race participants to become members and how to get better advertising for the events. No actions on either other than that Christine mentioned actions on advertising came out of the Race Organizer meeting.

Discussion: Heather asked if races are required to send in the forms every year. **Response:** Yes. Races do need to send in forms every year as the sanctioning req form is an **agreement document** for that year only. Each year the insurance policy is renewed plus the race description, date, EAP, or the OMCKRA or insurance policy information can change each year. Subsequent reviews by the sanctioning committee are quicker for renewing events but the new information and a new agreement form must be provided.

Discussion: Stephen mentioned his primarily recreational club is a bit more interested in competition; they hold an "Epic Paddle" race going 100K on the Grand River and he wonders if OMCKRA would sanction the race. **Response:** Probably yes. Send information to the sanctioning committee to review and confirm.

ACTION: Kim to send Stephen the website link to documents (omckra.com/home/documents/). **Stephen** to fill in a sanctioning request form describing his event and send to Paula; **Paula** to review with sanctioning committee and then let Stephen know if can be sanctioned.

Treasurer's Report below was presented by Kim Snell

Review of Engagement by RLB for ending fiscal April 1, 2017 to March 31, 2018

A Review of Engagement was completed by RLB accountants and approved by the board at the August 13, 2018 board meeting. Reports below was copied from the Review of Engagement document. Assets of boats etc. are listed as having a value of \$9,733; their decreasing value shown as amortization expense of \$1,199 in the year. Grant income increased again compared to 2017 due to Ministry combining multiple grants into one making Marathon programs better recognized.

Current fiscal April 1, 2018 to March 31, 2019 to date

“Nationals” grant is a onetime grant. We got higher membership numbers for full racing members than anticipated due in part to Nationals. Projects income is coach training, OMCKRA Talks and SWAG. Expenditures from these are in Development Stream or Leadership Development for coach training.

Treasurer’s report also included financial reports from previous fiscal and balance sheet for current fiscal to date.

Discussion: Ryan asked if it was required to be at a zero balance in the bank by end of fiscal and if the elite programs committee has until the end of the fiscal to use the budgeted amount. **Response:** Kim explained that it is not required to be at a zero balance and OMCKRA has tended to carry around 10 – 12K in the bank, though this year due to Nationals we did dip to around 5K. What is important is that funds be demonstrated as being used for programs benefiting the sport and we spend as close as possible to what was budgeted. Committees do have until the end of the fiscal March 31, 2019 to use their budget but should provide sub-budget/plans early in the fiscal for better planning.

Discussion: Rama had not been aware OMCKRA pays membership and insurance fees to CKO and asked when this began. **Response:** Don explained that OMCKRA has been a member association of CKO and paid these fees since CKO’s inception in 1977. The insurance policy OMCKRA pays for is through CKO and shared by the three affiliate disciplines, (Marathon, Sprint & Whitewater) who make up the CKO organization. **Discussion:** on the amount of the fees paid to CKO; described by questioner as members paying fees to CKO. **Response:** Kim responded that fees paid to CKO are not for individual persons membership, but are for OMCKRA’s membership, in CKO. The fees are calculated based on the numbers of members and participants; not all of whom are then CKO members. Insurance fees vary by year; CKO fees, including insurance, are estimated at \$6 for participants and \$9 for OMCKRA members. Membership fees to OMCKRA are not directly tied to the amounts paid out for fees or programming costs. There is also a \$10 fee to CKC based on the count of members, plus web, advertising, coaching and other programs costs supporting members. **Discussion:** went on to multidiscipline clubs in Ontario doing Marathon activities whose counts are not attributed to Marathon which in turn affects the grant moneys awarded to OMCKRA; **Response:** OMCKRA’s primary focus is getting paddlers into boats to the extent that this year we spent around 20K to develop a Marathon program at SCC a “Sprint” club. SCC is Marathon supportive, very multi-disciplined, with Marathon, Sprint and Whitewater programs. Even though their members are counted only as Sprint we help them with this as it meets our mandate to promote distance paddling in Ontario. **Discussion:** Rama asked if club or individual memberships provides the greater income to OMCKRA. **Response:** Kim responded individual membership provides the greater income.

Chair Christine asked to go on to next agenda item as questions were about items that would be covered in the next report.

Membership Secretary’s Report below was presented by Kim Snell

There was increase in members this year in part due to Nationals occurring in Ontario. There was also an increase in the number of families and family members. There’s been an increase in the number of females overall mainly due to club members. When looking at non-club membership there are still almost twice as many males compared to female members. There were 114 renewing members over the three years. There were 35 new to OMCKRA members (excluding club members) in 2018.

Fees are paid to National, Provincial and Insurance bodies for Racing Members. They are voting members of OMCKRA, provincial and national association members, and are eligible for medals in nationals. Included in these is one voting representative from each club.

Fees are paid to Provincial and insurance bodies for members of clubs. One rep from each club is a voting member of OMCKRA; club members are full members of CKO, not members of the National association and not eligible for medals if participating in nationals.

Nova Scotia: There were 8 people in NS Marathon Association. OMCKRA collects a minimal \$5 fee to cover the insurance [and some program costs] but must not count them as members of CKO so there is no PSO fee. They pay the NSO fee directly.

Membership Secretary’s report also included a table showing total membership for 2018 season as 374 of which 159 were Racing Members; the table also compared three years counts for ages, genders etc. There was no further discussion.

Canoe Kayak Ontario (CKO) report below was presented by Don Stoneman

OMCKRA has been a member of Canoe Kayak Ontario (CKO) since the organization formed around 1977. In the last two years CKO gained recognition by the Ontario government as the provincial sport organization (PSO) that is the collective voice for canoeing in Ontario. Government of Ontario prefers to deal almost exclusively with CKO rather

than OMCKRA for funding. OMCKRA sought and was awarded directly a National Championship Hosting Grant but again as a requirement to receive the funding OMCKRA had to obtain a letter of recommendation from CKO. The insurance policy race and event organizers enjoy through OMCKRA is also provided under a joint policy through CKO. CKO is made up of three affiliates being Marathon (OMCKRA), Sprint (OCSRA) and Whitewater (WO). OMCKRA pays membership fees to CKO as well as the insurance fees making members of OMCKRA also members of CKO. A paid part-time Executive Director, Orest Stanko, meets regularly with a consultant from the Ministry of Tourism, Culture and Sport. The CKO chair role rotates among the affiliates and in 2018 has been Dave Gillespie, president of Whitewater Ontario.

CKO restructured a year ago. Each affiliate, Marathon, Whitewater and Sprint, has up to four members on the board and "Marathon" has four members, Christine Archer, Oliver McMillan, Kim Snell (who acts as CKO Treasurer) and me, "Vice-President of Marathon." Sprint has four members and WO named three representatives. Each affiliate is autonomous within its own sphere of paddle sport. That is important.

Monthly telephone conference meetings are scheduled but quorums are difficult to achieve. This year two meetings failed to achieve a quorum, so they were information only meetings; no business was accomplished.

One of the accomplishments in CKO this year was to engage the Sport Law & Strategy Group to do an audit of the insurance policy we all use. Recommendations for tweaking coverage were made. Also, as a result, several policies are being brought into place regarding harassment, abuse, "return to play" and concussion policies. Other recommendations regarding cyber-attack, human rights case and staff impacting insurance are being discussed as not all will be as useful.

Another accomplishment of CKO was an update to the CKO website at canoekayakontario.ca. The intention is to eventually have these updated policies posted. Certain policies must be developed to satisfy requirements of Ministry funding and accepted and adopted by the affiliates including OMCKRA.

Two years ago, funding to CKO was boosted and some grants collapsed into just one application. This resulted in OMCKRA also getting a substantial increase in grant income. The big boost continued in 2018, although OMCKRA received a couple of hundred dollars less than before. The difference was insignificant to the board's plans. The funding comes through a program called Ontario Amateur Sports Fund (OASF). OMCKRA along with the other affiliates in CKO must make a new application to this grant in the winter for future seasons.

This year CKO also developed and will soon pass a branding policy. Affiliates agreed to put the CKO logo on their websites and on letterhead to help highlight the work done by CKO to support our programs in funding, policy and insurance needs. We are still working on obtaining the actual logo to use but look out soon to see this highlighted.

Don highlighted that the greatest value of CKO to OMCKRA members is the **insurance policy** shared by the three affiliates. Another value is **policy development**; CKO created a branding policy for the CKO logo and is working on policies and processes in Ontario for Harassment & Abuse, Concussion etc. taking a lead from CKC policies. Don also reminded Race Organizers that **waivers must be kept** for 2 years for adult participants and for kids must be kept for 2 years after they have reached age of majority i.e. 18. So basically, keep them **for a long time**.

Canoe Kayak Canada (CKC) reports below were presented by Darryl Bohm and Don Stoneman respectively

Ontario Representative to MCRC Report presented by Darryl Bohm

The Marathon Canoe Racing Council had approximately four council meetings over the year, the main outcome being the support for the making the Canadian Marathon Championships the "Premier Event in Canada". We still have a long way to go, but thanks to the hard work put in by Don Stoneman and Kim Snell, the 2018 Canadian Marathon Championships was a great success, and a huge improvement compared to 2017 and earlier years.

Quebec has joined the MCRC (also thanks to Don who orchestrated this).

2019 Canadian Marathon Championships will be hosted by Sudbury and building on the experience they have had in 2017 and 2018, it should be even better.

2018 ICF (International Canoe Federation) World Marathon was represented by a Canadian team – which was organized through MCRC.

Eight Canadian athletes took part in the competition that was held in Prado Vila Verde in Portugal from September 6 to 9. Nova Scotian Marlee MacIntosh won gold in the Junior Women's C1 event.

Ontario's Representative to MCRC, Darryl's, report also had a table of all members of the International team showing 4 from Winnipeg, 1 from Kamloops and 2 from Halifax. Darryl explained that there is usually more from Ontario but the one person who was interested pulled out due to school commitments. Balmy Beach club is usually the most supportive of Marathon Worlds.

Darryl further relayed that it is MCRC's hope for Nationals to eventually have Interprovincial Championships; that MCRC is the driving force for the Marathon NCCP coaching program and policies

Discussion: Rama asked if the specifications for the Marathon Worlds could be changed to allow for sit-down paddlers. **Response:** Darryl responded that International Canoe Federation (ICF) specifications are based on the boat not on if the paddler sits or high kneels and that for example Don participated in Marathon Worlds in Rome sitting. The reason North American style sit-down paddlers tend not to compete in International's is that ICF changed the course lengths to be shorter and so favour high-kneeling paddlers. **Discussion:** Rama asked if OMCKRA board could have the ICF rules changed to make Internationals something sit-down paddlers would succeed in. **Response:** Don responded that the ICF rules were changed in 1985 and so have been entrenched for some time and that OMCKRA is not at the level to influence International rules.

Minute takers NOTE: OMCKRA working with MCRC continues to raise the profile of high-level sit-down marathon races in Ontario and Internationally as well as to help train and bring Ontario paddlers to Marathon Worlds through participation in Ontario Marathon races. Both sit-down and high kneel styles are part of OMCKRA specifications. **Discussion:** Rama said she purchased an ICF boat in Australia and converted it to a sit-down boat for training and was told it was a boat used in Marathon Worlds so wants to know if it fits the ICF specifications. Discussion began on ICF specifications and if her boat fits them.

Chair Christine asked to go on to next agenda item of the AGM and asked that those involved table further discussion on ICF boat specifications to another a meeting of their own.

Canadian Marathon Nationals (CKC) Report presented by Don Stoneman

Nationals are over. They were a success. Time to move on. Wait a minute, time for a review. (Sigh) It's taken almost two months for me to get around to being able to think about this. It was a long hard haul. There was constant emailing and texting and calls between Kim Snell, myself and co-chair Aaron Hutchings, with feet on the ground in Sudbury.

Looking quickly at the results, I count just shy of 100 paddlers racing one or more times over two days. That doesn't include some last-minute drop-ins who filled spaces in North Canoes and an Outrigger on the last afternoon. The results, if you haven't seen them, are available on the website of the Sudbury Canoe Club. So, we met our numbers goal as predicted when we applied for a hosting grant to the Ontario Ministry of Tourism, Culture and Sport. Furthermore, we surpassed our requirement for paddlers from a minimum of six jurisdictions. We enjoyed participation from British Columbia, Saskatchewan, Manitoba, Ontario (of course), Quebec, Nova Scotia and Belize. That's eight <Actually 7. Don can't count.> We helped get BC paddlers to Sudbury by giving Aeroplan miles. We helped MCRC chair Kris Archibald get there with an airplane ticket.

Getting Belizean paddlers here was a bit of a challenge. As co-chair of Nationals I wrote letters of invitation to selected Belizean paddlers to help them to get visas necessary to travel to Canada. We linked participation in Nationals to racing La Classique in Quebec. When here they were billeted at the home of Bob Vincent in Dorchester and Rama Gilverson and her sister Samantha in Acton. In Sudbury they were billeted at the home of very gracious SCC members Eion and Joanne MacCallum.

Following Nationals, I drove Amado Cruz, Chris Guydis and Rudolph Gentle to Quebec where we were billeted by Guillaume and Karol-Ann La Montagne, paddlers from St-Etienne-Des-Gres north of Trois Riviere. Thank you to officials at La Classique who waived the registration fee for Chris and Rudolph. That meant a lot.

Amado finished 10th overall racing with Kyle Mynar of Texas. Chris and Rudolph placed 24th paddling a canoe lent by and set up by Bob Vincent. Chris and Amado went on to compete in a Pan Am Games sprint kayak qualifying event in Dartmouth Nova Scotia. That's a lot of paddling in one trip to Canada. Bob, Rama, Sam, Karol-Ann and Guillaume, thank you so much for your help in making this a success.

Back to the Nationals. Last winter Kim Snell and I applied for a Nationals hosting grant of up to \$20,000 from the province. We purchased for the Sudbury Canoe Club two pro boats and a stock canoe from the H2O Company and some FX paddles from Chris Prater. As well, three coaches were trained as NCCP Entry Level Competitive Coaches by learning facilitator Ryan Stepka. The aim is to leave a legacy of marathon at this widely diverse club. A final report to the ministry is due before February.

And then we will do it all again, but in a less stressful manner in 2019 because there won't be a grant involved, and because we learned a lot this year. See you in Sudbury on Aug. 24-25 for Nationals 2019.

Don further highlighted that he sent out 8 letters of invitation to Belizean paddlers and that 3 attended; these paddlers were than able to participate in the Quebec race La Classique and in International Trials in Nova Scotia. The

discussions Don had with the Quebec associations and La Classique organizers linking Canadian Marathon Nationals to La Classique timing was part of what helped in getting Quebec back in as a member of the Marathon Canoe Racing Council of CKC. Quebec has two main Marathon paddling groups; one which is for C2 only paddlers and the other for Rabassca (R9) paddlers; this year these two groups became one and joined MCRC.

Discussion: Rob Marcolini of Sudbury Canoe Club (SCC) reported on Nationals at this point from his perspective as the hosting group. Rob reported that in 2017 there were 30 and in 2018 over 100 paddlers so much improved. Date change to tie into La Classique helped; the course change and reduced portage length helped. The 'one fee and paddle as many races as you like' structure was well received. Thank you to OMCKRA for encouraging North Canoe so a Sudbury Outrigger team also came. Downside was a wedding had been scheduled at the same time so that SCC lost access to the hall and had to have the banquet offsite. In 2019 the date will be in Aug; the hall has been secured and the course will be reversed to have the portage later. We are already working on sponsorships for 2019. Rob is wondering about tying into Sprint Nationals in Regina and asked if the committee would consider changing the date to end of September to occur at the same time as the last Ontario cup for Canoe Ontario Sprint ICF. **Response:** Don indicated that the Aug date and tie into La Classique is a priority so can't be changed to September.

By-law change – Resolution to change Kayak specifications – Darryl Bohm presenting

A committee to review and recommend Kayak Specifications was struck at the first meeting of the board following the AGM with Darryl as the lead. The new specifications are based on rules one of the American races developed; that race maintains a list of the boats fitting each spec. After several months of consultation, the committee recommended below to the board; the board passed this recommendation and it is at this AGM for members to ratify.

MOTION from Kayak specs committee lead by **Darryl Bohm**

Seconded by Oliver; Motion **passed by members after discussion**

Kayak Specifications. (The following bylaw has been passed by the board)

Whereas with the increase in participation of paddlers in kayaks at the OMCKRA sanctioned races, it has become necessary to define some categories of boats to ensure a more fair and competitive experience for our participants.

The following guideline is being rolled out to the race organizers:

1. HPK – high performance kayak, L:W ratio >10.99:1
2. FK - fast kayaks L:W ratio between 9.25:1 to 10.99:1
3. Long Recreational Kayaks L > 4.27m (14ft) and L:W ratio < 9.25:1
4. Short Recreational Kayaks L < 4.27m (14ft) and L:W ratio < 9.25:1

L = waterline length

W = waterline width

(L and W are based on 150lb weight in the boat)

Discussion: Darryl was asked if the list of boats could be provided that fit specifications; Darryl responded that as there are so many new kayaks it would be difficult to maintain this list however it will become easy over time to know which boats fit which specification and in the meantime if a RO or participant needs help they can send an email to info@omckra.com for Darryl or another kayak committee member to advise. Materials can be developed to help RO.

Vote and motion on new Kayak Specifications passed by membership.

ACTION: advice to the new board to have Darryl's Kayak committee develop materials on kayak specification for the website.

ACTION: Advice to new board: Ensure by-laws, boat specifications document, sanctioning request document and website are updated for changes to specifications.

Other Business

Work with MCRC/CKC and Coaches Association of Canada to have them develop an **Outrigger** component to the **Marathon NCCP certification** program **ACTION:** added to instructions to new board

Create a **youth representative** role to the board. **ACTION:** added to instructions to new board

SWAG committee – Mike reporting. Mike reported that he is looking after OMCKRA SWAG such as toques, hats and shirts to use as giveaways, prizes and to sell. Rob suggested a web shop such as the SCC has and to contact Aaron at SCC for information on it. Pat asked if a Race could have their logo put on the SWAG. Response: Mike said email him with ideas and he would look into any questions/opportunities.

Instructions to new board

Share **Code of Conduct** with Race Organizers

See how well the **provincials** split over several races is perceived to have worked and to plan for next year based on feedback from membership. Review **age categories** per a member email asking that they be reviewed with the intention of more break-outs for older paddlers. Put forward a suggestion to the board of MCRC/CKC to develop an **Outrigger** component to the **NCCP certification**; add Ontario representative to any committee formed for this. Review engaging **youth representation** on board or committee work. Develop material for RO on **Kayak specifications** and add this to the "how to" information already on the website for other boat classes. Review **paddler standings application** created by Vadim Lawrence for use in recognizing paddler excellence and coaching support. **Ensure by-laws**, boat specifications document, sanctioning request document and website are **updated for changes** to kayak specifications.

Awards Presentations

Points awards - Paula reporting

<i>Bantam Female Paddler - Addison Archer</i>	<i>Bantam Male Paddler - Isaac Adams</i>
<i>Junior Female Paddler - Not Awarded</i>	<i>Junior Male Paddler - Not Awarded</i>
<i>Open Female Paddler - Jennifer Courville</i>	<i>Open Male Paddler - Sebastien Courville</i>
<i>Masters Female Paddler - Gwyn Hayman</i>	<i>Masters Male Paddler - Vadim Lawrence</i>
<i>Recreational Female - Jennifer Siren</i>	<i>Recreational Male - Not Awarded</i>

Discussion: Points are awarded only if 3 races attended so not all categories got awards. Ryan questioned this. He can understand wanting to encourage participation in more than one race but why 3 and not for example 2 races?

Response: That is what is stated in the by-laws from a while ago so unless there is a request to have a motion for change it stands.

ACTION: Tuques with printing indicating that they are points winners to be sent to winners. **Don** to coordinate with **Mike** to determine wording and have printing and shipping done.

AWARDS TO BE VOTED ON

Race of the Year: Races recommended by meeting attendees were **Jock River** (big participation with many boat types and well run), **Nationals** (fun and community feeling with participants able to join multiple events on site) & **Kawartha Paddle Quest** (festival atmosphere at park setting, professionally run esp. for first year). Secret ballot slips were passed around for voting. Awarded Race of the Year: **Kawartha Paddle Quest**

Recommendations were received and awarded for: Sportsmanship Award

Awarded to Don Stoneman for facilitating Nationals participation and Quebec association involvement.

Award of Merit: **Discussion:** suggestions included Paul and Sue Adams for their support of the OMCKRA Talks series and of the Coach Training in Washago however voting gave awards to others. **Awarded** to both **Kim Snell** for work on Nationals and to **Vadim Lawrence** for his work compiling data on races and paddler standings and developing an application that can be used to measure paddler excellence and for coaching team support.

Adult-Child Award **Discussion:** One suggestion was Colin Coil and 8-year-old son who participated in the Ottawa race; son was so joyful and father supporting. However, as they were not members cannot be awarded.

Awarded to **Paul and Issac Adams** and to **Sue and Nolan Adams** for strong participation in high level Ontario Races.

ACTION: Kim to create certificates and sent to winners. **Christine & Oliver** to publish in next HUT!

Election of new Officers for 2019

Under the Constitution, board positions are for two years so the only positions to be voted on in 2019 are: Race Secretary and Recording Secretary

Positions declared open at 3:35 p.m.

Don Stoneman chaired the nominations starting with Race Secretary.

Don nominated Paula for Race Secretary, Paula accepted and was acclaimed.

Nominations closed.

Heather nominated Kim for recording secretary, Kim declined.

Heather nominated Mike Hayes for recording secretary, Mike accepted and was acclaimed

Nominations closed.

Meeting adjourned

President made a motion to close the meeting at 3:45p.m.

Presidents Report

The 2019 racing season has come and gone, another successful year. I came to the presidency early in the year after Christine Archer had to step down for personal reasons. We were short a board member until late spring when Mike Bender agreed to come on as our 7th member. Treasurer Kim Snell expressed that she would like to move out of the position so she worked with Mike to take her place.

We attended the Toronto outdoor adventure show again this year. With our own booth for our race organizers to promote their races and to gain exposure for the organization and marathon canoe racing as a sport.

Our Provincial championships this year were the Kawartha paddle quest in Peterborough for mixed C2, Northbay to Mattawa for C2 men's and women's, and the North of 7 River run for C1.

Marathon nationals was held in Ontario for the third straight year! it was more amazing weather and competition at the Sudbury canoe club this time around. Thank you to everyone who came out and raced.

As a board we discussed what makes an elite paddler and what we can do to help more Ontario paddlers become elite and help those already competing at the highest level. As a board we decided that "elite" means competing at the most competitive races in North America. We decided to help our elite athletes by reimbursing the cost of early entry to any of the Triple Crown races that OMCKRA members attended.

END

Race Secretary Report

In addition to reviewing 4 club agreements and activities these racing events were reviewed by the sanctioning committee of OMCKRA in 2019. The Toronto 2 Niagara was cancelled because of the weather.

	Race	#	M	F	Mem	Sprint	Non	fee
1	Thames River Classic	11	11	2	9	0	2	16
2	Upper Jock River Race	180	126	54	22	0	158	1264
3	That Dam Hespeler Race	51	32	19	23		28	224
4	High Water Run Race	NO LONGER A SANCTIONED RACE						
5	Marsh Mash Canoe Race	76	52	24	28	25	23	184
6	AO The OX	69	46	23	31	0	38	304
7	Canoe the Nonquon	106	58	48	1	0	105	840
8	Saugeen Paddlers	28	16	12	14	0	14	112
9*	Little Current to Killarney	Have followed up with them on 3 occasions, with the last being October 31. Replied they would have the information to me before the meeting.						
10	Kawartha Paddle Quest	54	39	15	20	0	34	272
11	North of 7 River Run	33	17	16	20	0	13	104
12	Kingston to Ottawa (K2O)	Cancelled in 2019						
13	Toronto to Niagara	Cancelled due to weather in 2019						
14	Mattawa River Canoe Race	120	92	28	28	0	92	736
15	Wai Nui Why Not	55	25	30	7	0	48	384
16	Nationals (insurance only)	39	22	17	20	6	13	waived
17	Muskoka River X	115	86	29	30	0	85	680
18*	Great Muskoka Paddling Experience	163						
19	Ottawa River Paddle Challenge	Not sanctioned in 2019						
	Totals	1,100					653	5066

Please note that two races are still outstanding with their results and fees paid. Overall 1,100 participants in OMCKRA Races.

END

Treasurers Report (Mike Bender, Kim Snell)

Review of Engagement by RLB for ending fiscal April 1, 2018 to March 31, 2019

A Review of Engagement was completed by RLB accountants and approved by the board on September 9, 2019. Reports below was copied from the Review of Engagement document. Full document is printed for review at the AGM and available to members upon request.

ONTARIO MARATHON CANOE RACING ASSOCIATION			ONTARIO MARATHON CANOE RACING ASSOCIATION		
STATEMENT OF FINANCIAL POSITION			STATEMENT OF OPERATIONS AND CHANGES IN NET ASSETS		
AS AT MARCH 31, 2019			FOR THE YEAR ENDED MARCH 31, 2019		
(Unaudited - See Independent Practitioner's Review Engagement Report)			(Unaudited - See Independent Practitioner's Review Engagement Report)		
	2019	2018		2019	2018
ASSETS			REVENUES		
CURRENT			Grant income	\$ 34,754	\$ 15,467
Cash	\$ 11,755	\$ 18,228	Membership revenue	10,000	7,606
Prepaid expenses	8,711	6,229	Race and event day fees	9,355	8,063
	20,466	24,457	Project income	2,162	0
			Miscellaneous income	702	98
CAPITAL ASSETS (note 4)	11,253	9,733		56,973	31,234
	\$ 31,719	\$ 34,190	EXPENDITURES		
LIABILITIES			Provincial and national competitions	26,173	3,514
CURRENT			Program support	11,492	10,794
Accounts payable and accrued liabilities	\$ 1,900	\$ 5,500	Leadership development	6,595	4,885
Deferred revenue	1,770	2,130	PSO administration	5,434	3,249
	3,670	7,630	Development stream	3,074	5,355
			Amortization	1,380	1,199
NET ASSETS			Elite stream training	1,336	0
NET ASSETS	28,049	26,560		55,484	28,996
	\$ 31,719	\$ 34,190	EXCESS OF REVENUES OVER EXPENDITURES for the year		
				1,489	2,238
			NET ASSETS, beginning of year		
				26,560	24,322
			NET ASSETS, end of year		
				\$ 28,049	\$ 26,560

4. CAPITAL ASSETS

	Cost	Accumulated Amortization	Net 2019	Net 2018
Kevlar canoes	\$ 7,945	\$ 6,091	\$ 1,854	\$ 2,384
North canoe	7,000	2,660	4,340	4,620
Trailer	1,821	668	1,153	1,275
Boats	2,900	181	2,719	0
Paddles	3,078	2,360	718	923
Trainer machine	750	281	469	531
	\$ 23,494	\$ 12,241	\$ 11,253	\$ 9,733

Other Notes:

1. Project Income includes fees from coaches training, as well as income from OMCKRA talks and Swag.
2. Miscellaneous Income includes funds from donations and a Non Sufficient Fund reimbursement.
3. Grant income in 2019 included a one time \$20K grant for Nationals

Treasurers Report- continued

Current fiscal April 1, 2019 to March 31, 2020 to date

Ontario Marathon Canoe Kayak Racing Association (OMCKRA)

Balance Sheet with budget

April 1, 2019 to March 31, 2020 (F20)

Bank balance at April 1, 2019 \$11,754.86
 Bank balance at October 31, 2019 \$33,796.70
 Projected balance March 31, 2020 \$19,703.61

REVENUE	Actual		Projected		(Projected-budgeted)		variance
					Budgeted		
Grant income	\$	12,842.95	\$	15,572.08	\$	14,800.00	\$ 772.08
Membership	\$	10,080.00	\$	10,080.00	\$	11,000.00	\$ (920.00)
Mem - racing/club rep	\$	6,345.00	\$	6,345.00	\$	6,500.00	
Membership - club mem	\$	3,735.00	\$	3,735.00	\$	4,500.00	
Day participant fees	\$	5,616.00	\$	6,920.00	\$	9,000.00	\$ (2,080.00)
Project income	\$	478.37	\$	478.37	\$	500.00	\$ (21.63)
misc. income	\$	50.00	\$	50.00	\$	-	\$ 50.00
	\$	29,067.32	\$	33,100.45	\$	35,300.00	\$ 35,300.00
	\$	29,067.32	\$	33,100.45	\$	35,300.00	\$ 35,300.00
EXPENDITURES	Actual		Projected		(Projected-budgeted)		variance
					Budgeted		
Prov/National Competitions	\$	1,280.00	\$	2,080.00	\$	1,750.00	\$ 330.00
Development Stream	\$	3,660.91	\$	5,970.53	\$	6,000.00	\$ (29.47)
NC/Rebassa	\$	-	\$	-	\$	-	
OMCKRA Talks	\$	-	\$	-	\$	2,000.00	
Race promotion	\$	3,330.95	\$	3,330.95	\$	3,500.00	
SWAG	\$	-	\$	-	\$	-	
member support (cards/stickers)	\$	329.96	\$	329.96	\$	500.00	
clinics intermediate	\$	-	\$	2,309.62	\$	-	
Elite Stream Training (Coaching)	\$	986.00	\$	1,226.00	\$	2,000.00	\$ (774.00)
Elite competitions/camps	\$	986.00	\$	1,226.00	\$	2,000.00	
clinics high performance	\$	-	\$	-	\$	-	
Leadership Development	\$	590.00	\$	1,790.00	\$	2,600.00	\$ (810.00)
Coaching Development	\$	545.00	\$	1,745.00	\$	1,600.00	
Officials Development	\$	45.00	\$	45.00	\$	500.00	
Volunteer Development	\$	-	\$	-	\$	500.00	
PSO Administration	\$	598.66	\$	598.66	\$	2,700.00	\$ (2,101.34)
Professional fees	\$	-	\$	1,900.00	\$	1,900.00	\$ -
Program Support	\$	7,360.36	\$	11,760.36	\$	11,801.00	\$ (40.64)
CKC mem	\$	1,420.00	\$	1,420.00	\$	1,400.00	
CKO mem	\$	5,301.00	\$	5,301.00	\$	5,301.00	
CKO insur	\$	-	\$	4,400.00	\$	4,400.00	
Property insur	\$	639.36	\$	639.36	\$	700.00	
misc	\$	-	\$	-	\$	-	
	\$	14,475.93	\$	25,325.55	\$	28,751.00	\$ 28,751.00
	\$	14,475.93	\$	25,325.55	\$	28,751.00	\$ 28,751.00
		actual		projected		budgeted	variance
Period net income (expenses)	\$	14,591.39	\$	7,774.90	\$	6,549.00	\$ 1,225.90

Notes: OMCKRA Talks line was not used. Board decided to hold a stroke assessment clinic under clinics intermediate in October to bring Development Stream closer to budget. Elite competition line was grants covering entrance fees given to members attending Triple Crown events. Leadership development line is falling behind and will not match budget. There is a need for volunteers to help with programming.

END

Membership Report

Added current year to the comparisons from last year plus a breakdown on ages. Year of birth (as well as name and city) is required information for insurance, reporting and soon now too for Rowan's Law. Going forward OMCKRA will be following up on those clubs who have not provided full information.

Comparison over 4 years	2019	2018	2017	2016
Ontario Members	346	374	259	227
details of Ontario Members below				
Female	194	187	113	93
Male	152	187	132	134
Racing members	132	159	128	91
Clubs	4	4	3	5
Club members	214	55	66	121
Family members total count	38	45	30	15

Age breakdowns	racing members	club members	totals
Masters1 (40 to 49)	32	12	44
Masters2 (50 to 59)	24	22	46
Masters3 (60 to 69)	31	22	53
Masters4 (70 to 79)	4	15	19
Masters5 (80 to 89)	1	3	4
Senior (20 to 39)	19	49	68
U20	4	3	7
U17	5	3	8
U14	12	7	19
unkown		78	78
total	132	214	346

Fees are paid to National, Provincial and Insurance bodies for Racing Members. They are voting members of OMCKRA, provincial and national association members, and are eligible for medals in nationals. Included in these is one voting representative from each club.

Fees are paid to Provincial and insurance bodies for members of clubs. One rep from each club is a voting member of OMCKRA; club members are full members of CKO, not members of the National association and not eligible for medals if participating in nationals.

Nova Scotia: There were 7 people in NS Marathon Association. OMCKRA collects fees to cover the insurance but must not count them as members of CKO so there is no PSO fee. They pay the NSO fee directly.

END

Canoe Kayak Ontario (CKO) Report

Don Stoneman reporting

When Christine Archer resigned from the OMCKRA board for personal reasons in December, we were pleased to have Karen Bender of Aurora take her place on the CKO board, joining Oliver McMillan, Kim Snell and myself. Welcome Karen! Kim Snell is the Treasurer of CKO. I am VP of Marathon. Sprint has four reps on the CKO board, Whitewater has three reps. The president of CKO is Dave Gillespie of Peterborough, also president of WO. Meetings are held monthly in the winter using Go To Meeting and telephone conferencing; not so often in the summer.

Concussion Protection, Awareness, and a Change in the Culture of Sports

On July 1, "Rowan's Law" came into effect in Ontario, affecting the province's 65 "Recognized Sports," including Canoe and Kayak racing. Under this provincial law, administered by our funding body, Ontario Ministry of Tourism, Culture and Sport, athletes 25 years of age and under must not be registered by a sport unless they have signed off that they have read and understand documents pertaining to concussions within the past 12 months, so this signing off must happen every year.

Background: In 2014, Rowan Stringer, an 18-year-old female rugby player, died from brain swelling after suffered a series of concussions in competitions over the period of a week or two. The Province is determined to change the culture of sport so that injured competitors are not sent back into play before they are healed. Ontario intends to be the Canadian sport leader. A similar law may be coming to your province or territory.

<https://www.ontario.ca/page/rowans-law-concussion-awareness-resources>

Above is the link to Concussion Awareness Resources that athletes, parents, coaches, team trainers and officials (race organizers and directors) are required to review. Athletes 25 years old and under, must confirm that they have reviewed these Resources in the last 12 months. (There are separate "Resource" documents, each one 10 to 14 pages long, for kids 10 and under, age 11-14, and 15 years old and up) Parents of athletes under age 18 are required to confirm separately that they have reviewed the Resources. "Instructional" activities that do not include competition, such as recreational canoeing, will likely face the same Rowan Law requirements.

There is an extra wrinkle for coaches who are required to talk to athletes before and after EVERY practice and race about how concussions might be, or might have been, avoided.

These stringent requirements were presented to a CKO representative via a webinar on June 18. Not a lot of time to react to a law coming into effect less than two weeks later. Some of our race organizers conformed quickly. In the future, OMCKRA will try to fit these signoffs into an online process for members registering at the start of the season. It may be more difficult for races where there is a high percentage of "walk in" or "day of event" registrations. In 2018 nearly 1,200 non-members participated in OMCKRA associated events. The number aged 25 or less is unknown. Some events have 90 per cent

or more of their participants as “walk ins” and registration takes place the night before as well as day of-the-race, posing a challenge for the race organizer.

OMCKRA and Canoe Kayak Ontario will be establishing Removal and Returning to Sport protocols, as well as rules for sport that will help avoid such injuries. A comprehensive “etiquette for marathon racing” document would be helpful. While there are relatively few reported concussions sustained while marathon canoe training and racing it’s important to remember that aerobic activity can exacerbate the effects of a concussion. An athlete injured in another sport or at school should not take part in a paddling activity without “return to sport” permission. Also see this: <https://www.ontario.ca/page/rowans-law-information-sports-organizations-and-schools#section-1>

Other issues with CKO this year: In the summertime, monthly meetings were reduced to every other month. Things seemed to work fine. Several board members attended the WW Nationals at Minden and got a sense of the facility and the attendance at the event. Nationals was dumped in Ontario’s lap at the last minute and no provincial grants were available. WO requested and received a \$3,000 grant from CKO to pay for permits and make the budget work for WW Nationals.

The annual funding from the Provincial Government was delayed by several months. The transfer was made in the last week of October. The delay did not affect OMCKRA operations.

END

Marathon Canoe Racing Council of CKC Reports

Ontario Representative to MCRC Report

Darryl Bohm reporting

The Marathon Canoe Racing Council had approximately 4 council meetings over the year.

One of the main topics was trying to agree on a guide specification for the Stock C2 - a spec has not been agreed – the main point of contention is the wording regarding the width of the craft. OMCKRA and others wanting the “ Width: minimum of 14.4 per cent of length at the four (4) inch waterline, (i.e. 32 inches for 18’6” length, 29.4 for 17’ length);” compared to the only specifying a 32” minimum width.

The Age Categories guideline for competition were also updated, the agreed being:

Age is as of January 1st, the year of competition:

- a. U14 years
- b. U17 years
- c. U20 years
- d. Open - 20 years or older
- e. Master I - 40 years or older
- f. Master II - 50 years or older
- g. Master III - 60 years or older

Master will continue in 10-year increments.

All paddlers in one boat must comply with the age criteria.

MCRC provided input into various CanoeKayak Safe Sport Policies that have eventually lead up to the adoption and roll out.

MCRC is looking at developing a website; developing an advanced (stage 2) coaching course and a Long Term Athlete Development (LTAD) policy.

To cover the increases in the MCRC costs it has been agreed to increase the membership fees to MCRC by \$5 - in a staged approach over the next 3 years (ie %1 for 2020 /\$2 for the years 2021 and 2022.

The 2019 Marathon Nationals were hosted by Sudbury Canoe Club (SCC has hosted the Nationals for 3 consecutive events – 2017, 2018 and 2019). Thanks to the help and input by Don and Kim from OMCKRA, the event went off well and was a success. The participation numbers were a disappointment, down from the 2018 numbers. 44 boats participated in the event. The majority of the boats being from OMCKRA and Quebec, unfortunately the other provincial organizations were not well represented. We still have a long way to go to make this event a premier marathon race.

Nationals will be in Saskatchewan in 2020. Date and location yet to be communicated.

MCRC organized and selected a Canadian team of 2 junior paddlers (both from OMCKRA) to represent Canada at the 2019 World Marathon Championships held in China in October.

The agm for MCRC takes place on the evening of Nov. 6 via telephone conference call.

At the 2019 Summit in Dartmouth, a draft Safe Sport policy manual is expected to be finalized. The 64 page manual covers a wide range of policies that affect all three Canoe Kayak disciplines. If some of the draft rules are approved, Some of them will be difficult to follow considering Marathon's one on one, riverside mentoring style of coaching. Concerns have been passed to the MCRC and higher up the chain of decision-making. An example of a problematic policy is The Rule of Two.

Concerns have been passed to the MCRC and higher up the chain of decision-making. An example of a problematic policy is The Rule of Two.

“According to the Responsible Coaching Movement website, this means that the coach is never alone or out of sight with your child.(or other ‘vulnerable’ athlete for that matter.)

“Two NCCP trained or certified coaches should always be present with an athlete, especially a minor athlete, when in a potentially vulnerable situation such as in a locker room or meeting room. All one-on-one interactions between a coach and an athlete must take place within earshot and in view of the second coach except for medical emergencies.

“One of the coaches must also be of the same gender as the athlete.

“Should there be a circumstance where a second screened and NCCP trained or certified coach is not available, a screened volunteer, parent, or adult can be recruited.”

Source: <https://www.coach.ca/3-steps-to-responsible-coaching-p161376>

END

Change to Articles (Constitution)

MOTION: Membership to elect required number of board members rather than elect to roles.
The New board to assign executive roles.

Election procedures of OMCRA as outlined in its Constitution shall be changed to read as follows:

a. Election of Executives

- The election of board members shall be at the Fall Annual General Meeting,
- Nominations of board members shall be received from members in good standing of OMCRA, and
- If there is no nomination from the members of OMCRA, and an existing member wishes to remain on the Board of Directors for another term, that officer may request a vote of confidence.
- At the first meeting following the AGM, The Board shall elect from its members a President, Vice President, Recording Secretary, Treasurer and Race Secretary from its members.

b. Terms of Service

- Each member of the Board of Directors will serve a two-year term.
- In the event that a member of the Board is voted in or appointed mid-term, the term will end at the next Fall Annual General Meeting.

Motion by:

Seconded by:

Other Business

Items added to the agenda at the beginning of the meeting will be discussed here.

-

Instructions to new board

Each new new board is instructed to:

- review strategic and operational plans and set goals and budget for the year
- update the Form 1 for not-for-profit
- set new signatories with bank
- set and communicate fees
- review and approve organization documents
- determine where provincials will be held
- report to the Ministry
- add any coming from membership and AGM

Awards Presentations

Award winners names will be in final report available at the meeting

AWARDS BASED ON POINTS (see full list of standings later in HUT!)

Bantam Female Paddler:

Bantam Male Paddler:

Junior Female Paddler:

Junior Male Paddler:

Open Female Paddler:

Open Male Paddler:

Masters Female Paddler:

Masters Male Paddler:

Recreational Female:

Recreational Male:

→ Meeting to identify a volunteer who can send OMCKRA Hats to winners.

AWARDS TO BE VOTED ON

Race of the Year

Sportsmanship Award:

Award of Merit:

Adult-Child Award:

→ Meeting to identify a volunteer to create and send certificates to winners.

Election of new Officers for 2019

There are five (5) board members elected by membership to the board. Board positions are for two years. Two positions were voted on in 2018 leaving three (3) board members to be elected in 2019.

Adjourn AGM

First Meeting of the new board to follow immediately.