



Read the daily bible verse and journal or reflect on how God will get you through the sorrowful times in life.

Day 1: Nehemiah 8:10

Day 2: Revelation 21:4

Day 3: Psalm 34:18

Day 4: Joshua 1:9

Day 5: Matthew 5:4

Day 6: Isaiah 41:10

Day 7: 1 Peter 1:6

Day 8: Psalm 6:1-7

Day 9: Ecclesiastes 3:4

Day 10: John 16:22

Day 11: Psalm 30:5

Day 12: Romans 15:13

Day 13: Psalm 34:18

Day 14: 2 Corinthians 1:3-4

Day 15: Psalm 30:11

Day 16: Psalm 119:28

Day 17: 1 Thessalonians 4:13

Day 18: John 14:27

Day 19: Matthew 11:28-30

Day 20: Philippians 4:6-8

Day 21: 2 Corinthians 7:10

Day 22: Isaiah 51:11

Day 23: Psalm 23:4

Day 24: John 14:1

Day 25: Romans 8:18

Day 26: Isaiah 57:1-2

Day 27: Ephesians 4:30

Day 28: Psalm 55:22

Day 29: John 16:20

Day 30: Isaiah 25:8

Day 31: Psalm 18:28