ECKAN Head Start:
Serving Pregnant Women and Children, Ages Birth to Five Years
1320 S. Ash St.
Ottawa, Kansas 66067
(800)242-7450
ECKAN CEO: Richard Jackson & Crystal Anderson
Head Start Director: Clara Cox
ECKAN’s Mission:
To identify and focus available resources that enable eligible families and individuals to attain critical skills, knowledge and attitudes necessary to achieve self-sufficiency.

ECKAN’s Vision:
To eliminate poverty in ECKAN’s service area through individual and organizational dedication, collaboration, and innovation.

Our Head Start Parent, Family, Community Engagement (PFCE) Outcomes:
- Family Well-Being
- Positive Parent-Child Relationships
- Families as Lifelong Educators
- Families as Learners
- Family Engagement in Transitions
- Family Connections to Peers and Community
- Families as Advocates and Leaders

Our Locations and Options to Serve 397 Children:
- ECKAN (grantee) served 244 children through Head Start (ages 3 to 5) center-based services in 13 classrooms throughout the service area, including Anderson, Douglas, Franklin, Lyon and Miami Counties, with a variety of times to fit families’ needs, ranging from 6 to 10 hours each weekday.
- ECKAN, also provided home-based Head Start services for 20 children throughout Coffey, Franklin, Lyon, and Osage Counties.
- Early Head Start center-based services were provided through family childcare homes and community childcare centers for 31 infants and toddlers in Emporia and 17 more in Lawrence. ECKAN also has Early Head Start home-based services in the above counties for 85 pregnant women, infants, and toddlers.
  - Anderson County Head Start Center, 707 Queens Highway, Garnett (785) 448-2815
  - Osawatomie Head Start Classroom, 1901 Parker, Osawatomie (913) 755-2018
  - Ottawa Head Start Center, 225 E 2nd St., Ottawa (785) 242-4405
  - Paola Head Start Classroom, 110 E Peoria St, Paola (913) 294-4880
  - Emporia Head Start Center, 1130 Scott St, Emporia (620) 343-3270
  - Lawrence Head Start Classrooms at Plymouth UCC, 925 Vermont, Lawrence (785) 842-2515
  - Lyon County Early Head Start Office, 215 W. 6th Ave., Emporia (620)342-2304
  - Franklin County EHS/HS Home-Based Office, 1320 S. Ash St., Ottawa (785) 242-74506
  - Coffey County EHS/HS Home-Based Office, 409 Neosho, Burlington (620) 203-0778
  - Miami County EHS Home-Based Office, 110 E. Peoria, Paola (913) 294-4880
  - Douglas County EHS Home-Based Office, 2518 Ridge Court, Lawrence (785) 727-8352
  - Osage County EHS/HS Home-Based Office, 530 Holiday Street, Osage City (785) 528-5184
  - Anderson County EHS Home-Based Office, 707 Queens Highway, Garnett (785) 448-2815
  - USD #252 Neosho Rapids Partnership Classroom (Early Learning Community Grant) - (620) 392-5519
School Readiness Goals:

**DOMAIN: PHYSICAL DEVELOPMENT & HEALTH:**

A. Physical Health Status
The maintenance of healthy and age-appropriate physical well-being.

B. Health Knowledge and Practice
The understanding of healthy and safe habits and practicing healthy habits.

C. Gross Motor Skills
The control of large muscles for movement, navigation, and balance.

D. Fine Motor Skills
The control of small muscles for such purposes as using utensils, self-care, building, and exploring.

**DOMAIN: SOCIAL & EMOTIONAL DEVELOPMENT**

A) Social Relationships
The healthy relationships and interactions with adults and peers.

B) Self-Concept & Self-Efficacy
The perception that one is capable of successfully making decisions, accomplishing tasks, and meeting goals.

C) Self-Regulation
The ability to recognize and regulate emotions, attention, impulses, and behavior.

D) Emotional & Behavioral Health
A healthy range of emotional expression and learning positive alternatives to aggressive or isolating behaviors.

**DOMAIN: APPROACHES TO LEARNING**

A) Initiative & Curiosity
An interest in varied topics and activities, desire to learn, creativeness, and independence in learning.

B) Persistence & Attentiveness
The ability to begin and finish activities with persistence and attention.

C) Cooperation
An interest and engagement in group experience.

**DOMAIN: LANGUAGE DEVELOPMENT**

A) Receptive Language
The ability to comprehend or understand language.

B) Expressive Language
The ability to use language.

**DOMAIN: LITERACY KNOWLEDGE & SKILLS**

A) Book Appreciation and Knowledge
The interest in books and their characteristics, and the ability to understand and get meaning from stories and information from books and other texts.

B) Phonological Awareness
An awareness that language can be broken into words, syllables, and smaller pieces of sound.

C) Alphabet Knowledge
The names and sounds associated with letters.

D) Print Concepts & Conventions
The concepts about print and early decoding (identifying letter-sound relationships).

E) Early Writing
The familiarity with writing implements, conventions, and emerging skills to communicate through written representations, symbols, and letters.

**DOMAIN: ENGLISH LANGUAGE DEVELOPMENT**

A) Receptive English Language Skills: The ability to comprehend or understand the English language.

B) Expressive English Language Skills: The ability to speak or use English.

C) Engagement in English Literacy Activities: Understanding and responding to books, storytelling, and songs presented in English.

“Too often we give our children answers to remember rather than problems to solve.”

-Roger Lewin
DOMAINT: MATHEMATICS KNOWLEDGE & SKILLS

A) Number Concepts & Quantities
   The understanding that numbers represent quantities and have ordinal properties (number words represent a rank order, particular size, or position in a list).

B) Number Relationships & Operations
   The use of numbers to describe relationships and solve problems.

C) Geometry & Spatial Sense
   The understanding of shapes, their properties, and family and community.

"The research clearly demonstrated high-quality early childhood opportunities help children succeed."

Tim Kaine

"By failing to prepare you are preparing to fail"
**Strategic Plan updates 2019-24:**
Goals were updated from the following strengths and needs identified in the 2018-19 Self-Assessment.

**Some Strengths Identified**
- **Head Start Early Learning Outcomes:**
  1. Parents reported they were included in setting goals for their child’s education.
  2. Children met desired outcomes and were “on-track” to kindergarten readiness.
  3. CLASS scores averaged across ECKAN were higher than the average scores across the nation.
  4. The program has excellent facilities, playgrounds and an abundance of materials were available for children’s learning.
  5. Research-based curriculum and assessment is used in all children’s educational settings across all program options.

- **PFCE Framework:**
  1. Outcomes showed the majority of parents improved their parenting skills.
  2. Most parents reported 100% parent satisfaction in their program services.
  3. Community partnerships continue to be increased and improved to meet community needs.
  4. There were improved parent committee meetings at most locations.
  5. Continue to maintain long-lasting, high-quality childcare partnerships in Douglas and Lyon Counties.

- **Program Design and Management:**
  1. Consistent staff meetings have been held throughout the program, with content documented and shared.
  2. Governing Body and Policy Council representatives reported they received all required reports and additional info.
  3. ECKAN assumed responsibility of the delegate services in Lawrence, including 15 staff, 60 children and 3 classrooms.
  4. Each Head Start classroom continues to have at least 2.5 staff in each classroom of 20 children.
  5. Family Services Workers participated in a family development credential process and obtained required credentials.

**Needs:**
- **Child Outcomes:**
  1. Improve school readiness scores in the areas of math and science.
  2. Improve CLASS scores in the areas of concept development and quality of feedback.

- **Parent Outcomes:**
  1. Identify specific PFCE outcomes to be measured as part of the grant process.
  2. Improve documentation of PFCE outcomes.

- **Community Partnerships:**
  1. Develop additional childcare providers throughout the service area.
  2. Improve understanding and reputation of the Head Start program throughout the service area.

- **Program Design and Management:**
  1. Need updated PFCE and School Readiness Goals.
  2. CDA dollars are wasted on staff who leave before they obtain credentials, especially in the childcare partner centers.
  3. Cost of new requirements are exorbitant, e.g. fingerprinting staff.

All areas are being addressed and goals are set in the Strategic plan, which can be viewed on [www.eckan.org](http://www.eckan.org).

“The family is one of nature's masterpieces.”

*George Santayana*
Program Highlights:

2018-2019 ECKAN PIR (Program Information Report) Data:

<table>
<thead>
<tr>
<th>Metric</th>
<th>Head Start (HS)</th>
<th>Early Head Start (EHS)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Number children served:</td>
<td>300</td>
<td>177</td>
</tr>
<tr>
<td>Total Number of Pregnant women served:</td>
<td>NA</td>
<td>19</td>
</tr>
<tr>
<td>% of Head Start children up-to-date on a schedule of prevention and primary health care:</td>
<td>84%</td>
<td>80%</td>
</tr>
<tr>
<td>% of Head Start children with a dental home:</td>
<td>76.3%</td>
<td>53.1%</td>
</tr>
<tr>
<td>% of Head Start children up-to-date, or all possible immunizations:</td>
<td>98%</td>
<td>88.1%</td>
</tr>
<tr>
<td>% of Head Start children needing medical treatment at end of enrollment:</td>
<td>12.6%</td>
<td>3.4%</td>
</tr>
<tr>
<td>% of Head Start children receiving medical treatment:</td>
<td>11.6%</td>
<td>2.8%</td>
</tr>
<tr>
<td>% of Head Start children with health insurance:</td>
<td>94%</td>
<td>97.2%</td>
</tr>
<tr>
<td>% of Children with an IEP (HS) or IFSP (EHS):</td>
<td>20%</td>
<td>13.8%</td>
</tr>
<tr>
<td>% of teachers with a required ECE or related degree:</td>
<td>77.6%</td>
<td>18.75%</td>
</tr>
<tr>
<td>% of teachers working toward an ECE or related degree:</td>
<td>22.4%</td>
<td>6.25%</td>
</tr>
<tr>
<td>% of staff (working with families) whom have a related degree, credential or certification:</td>
<td>100%</td>
<td>92.86%</td>
</tr>
<tr>
<td>% of 5 year-olds whom are prepared for kindergarten:</td>
<td>92%</td>
<td>NA</td>
</tr>
<tr>
<td>% of children whom have made progress to meet or exceed their expected development:</td>
<td>100%</td>
<td>98%</td>
</tr>
<tr>
<td>% of families that elected to participate in the family partnership agreement process:</td>
<td>84%</td>
<td>89%</td>
</tr>
<tr>
<td>% of families, that participated in the family partnership process, who made progress:</td>
<td>100%</td>
<td>100%</td>
</tr>
</tbody>
</table>

"Play is the highest form of research."

- Albert Einstein
Parent Engagement:

Parents, as their child’s most important advocate, are encouraged to be engaged in their child’s education. Recognizing that parent engagement is an ongoing process that varies from parent to parent, a variety of opportunities are provided to ensure parent participation. These opportunities include:

- Contributing to their child’s individual goal development by the completion of a developmental checklist at the beginning of the year.
- Following through on home activities to help children meet individual goals.
- Providing ideas for implementation of curriculum goals.
- Participation in curriculum goals through home activities.
- Participation in literacy activities.
- Volunteering in the classroom.
- Participating in home visits and parent/teacher conferences throughout the year.
- Ensuring the child attends calls on a regular basis.
- Communicating with classroom staff regarding home events that may effect the child’s classroom performance.
- Participating in Parent events.
- Participating in parent and child activities in the classroom.
- Parents visiting the classroom during mealtime.
- Participating in continuous self-assessment of program.
- Serving on Policy Council.
- Read! Read! Read!
- School Readiness.

Empowering Parents!

The ECKAN program offers parent involvement/parent support activities. Free childcare is provided at all activities as well as a meal or snack.
Parent & Community Support

ECKAN needs the support of each child’s family and members or the local communities we serve in order to operate each year. Federal grants only fund 80% of the Head Start program; the remaining 20% is obtained locally through “In-Kind.” In-Kind is parent and community participation in the form of donated time, services, supplies or funding. Families and other community members have multiple opportunities to participate and contribute towards meeting our goal. They can:

- Work at home with their child to reach targeted goals
- Attend parent meetings/serve as an officer
- Identify needs in the program and provide feedback to the local site
- Serve on Policy Council
- Serve on the Health Advisory Committee
- Help with the program Self-Assessment
- Answer phones or other office duties
- Help with parent information boards
- Be a Classroom Helper
- Other positions needed in the center
- Serve on school readiness committee
- Provide a training or share a skill with children or parents
- Serve as a member on the staff recruitment and screening team
- Assist with recruiting eligible children and families
- Connect with local parent committee members to provide support as needed for other parents to participate in the program
- Serve on a local or regional committee as a Head Start representative
- Participate in parent-teacher home visits/conferences
- Assist with choosing and implementing developmentally appropriate curricula and instructional materials for their child’s program
- Assist with planning and implementing socialization activities
- Help arrange and attend training for parents, staff, and community members
- Provide interpretation services for families that speak a language other than English
- Assist with developing a joint family development partnership process with Head Staff
- Learn about and implement strategies for parents to become successful advocates in their communities

Any person who volunteers on a regular basis, will be required to complete a background check and TB skin test.

We cannot pretend to work for the best interests of children while ignoring the needs of their parents.

-Joyce L. Frett
Parent, Family and Community Engagement Framework (PFCE):

- Family Well-Being
- Positive Parent Child-Relationships
- Families as lifelong Educators
- Families as Learners
- Family Engagement in Transitions
- Family Connections to Peers and Community
- Families as Advocates and Leaders

Other reports that can be viewed on www.eckan.org

- Community Needs Assessment
- Strategic Plan 2019-24
- PIR (Program Indicator Report)
Budgetary Expenditures for Each Program:

**Head Start/EHS**

Same budget is needed for the fiscal year: 2018-2019

**Federal Program 20 (training) - $29,321**

- Travel/Training - $27,059
- Contractual - $0
- Supplies - $932
- Other - $1,330

**Federal Program 22 (program) - $2,373,474**

- Additional Reimbursements:
  - USDA (reimbursement for child food) - $167,390
  - Interest - $10.00
  - Salaries/Wages - $1,367,955
  - Fringe - $425,754
  - Travel/Training - $7,193
  - Contractual - $70,313
  - Supplies - $58,563
- Includes: Classroom and Office Supplies.
  - Child Services - $19,877
  - Buildings - $43,320
- Includes: Building/Liability Ins., Repairs maintenance, Rent, Mortgage Payment.
  - Vehicles - $14,699
  - Other - $158,812
- Includes Printing and Advertising:
  - Indirect - $207,306

**Federal EHS Program 25 - (training/program) - $316,197**

- Salaries/Wages - $106,923
- Fringe - $32,822
- Travel/Training - $52,349
- Contractual - $50,645
- Includes: Child care providers, Mental Health, Medical and Dental and Parent Services.
- Supplies - $37,342
- Includes: Supplies for Home visits and Childcare providers.
  - Vehicle - $5,030
  - Other - $10,757
- Includes: printing and advertising.
  - Indirect - $20,329

Full Audit report can be viewed on www.eckan.org
Budgetary Expenditures Cont.

Head Start/Early Head Start

State Early Head Start KS Home Visitation  - $449,213.91

Salaries/Wages  - $280,612.66
Fringe  - $79,016.67
Contractual  - $3781.35
Buildings  - $22,438.51

Includes: Rent, Insurance building, liability, repairs and maintenance.

Supplies  - $13,741.47
Includes: Homebased and Childcare supplies.
Travel—$10,117.91
Indirect  - $39,5050.34

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State Early Head Start KS Child Care Partnership  - $581,873.45

Salaries/Wages  - $210,180.48
Fringe  - $52,748.78
Contractual  - $252,701.93
Buildings  - $6,616.65

Includes: Rent, Insurance building, liability, repairs and maintenance.

Supplies  - $16,144.68
Includes: Homebased and Childcare supplies.
Travel—$5,251.02
Indirect  - $38,229.61

Additional Donated dollars or Non-Federal Share all Grants: $679,749
NFS recorded  - $504,749
*Waiver requested for NFS shortfall—$175,000

Head Start Monitoring Report most recent:

From 4/1/2015 to 3/31/2016 - The Administration for Children and Families (ACF) conducted a Fiscal review event 12/7/ 2015 for the ECKAN Head Start and Early Head Start programs. Based on the information gathered, One area of non-compliance was found in Part 74—Financial and Program Management 74.23 Cost sharing or matching (Non-federal share). On 8/24/2016 ACF conducted a follow up review to determine if the identified findings had been corrected. Based on the information gathered during the review, the previous identified finding was resolved, no further action was required. Also on 12/5/2016 the Administration for Children and Families (ACF) conducted a CLASS review at this time no findings have been noted.

Funding Sources for 2017-2018 Fiscal year:

• Administration for Children and Families HHS
• US Department of Health and Human Service
• Department of Children and Families (State of Kansas)
• USDA (Child Care and Adult Food Program)

Results of our March 2018 A-133 Audit showed no areas of non-compliance. For more information of the 990 Audit, please contact rmehrtens@eckan.org. The complete audit report is posted on the eckan.org website.
Collaborations and Community Resources

- Allen Co. Community College
- Anderson Co. Health Department
- Building Blocks Child Care Center
- Burlington Recreation Center
- Centro De Hispano (Douglas Co.)
- Childcare Aware
- City of Osage
- Cradles to Careers
- Cross Winds Mental Health Center
- Douglas Co. Dental Clinic
- Douglas County Tiny-K
- Dr. Frank/Dr. Campbell - Optometrist
- Elizabeth Layton
- Emporia Childcare
- Emporia Library
- Emporia State University
- Emporia Zoo “David Trailor”
- Family Preservation
- First Presbyterian Church (Paola)
- Flint Hills Community Health Center
- Flint Hills Technical College
- Foster Grandparents
- Franklin Co. Early Childhood
- Franklin Co. Extension Office
- Franklin Co. Health Department
- Franklin/Osage Co. ICC
- Inter-Agency Coordinating Council
- Iola Dental Clinic
- Jeff/Kerri Zorn
- Just Food
- Kansas Cavity Free Kids
- Kansas Children’s Service League
- Kansas Department of Children and Families
- Kansas Head Start Association
- Kansas Medical Assistance
- Kansas Medicare/Kan Care
- Kansas State Health Department
- KDHE Clinical Lab
- Kiwanis
- KU
- Lake Mary Tiny-K
- Lawrence Art Center
- Lawrence Fire Dept.
- Lions Club
- Lyon Co. Extension Office
- Lyon Co. ICC
- Maternal & Infant Health
- Miami Co. Extension Office
- Miami Co. Health Department
- My Father’s House
- Neosho County Community College
- Osage County Senior Center
Collaborations and Community Resources

- Ottawa Fire Dept.
- Ottawa Library
- Ottawa Police Dept.
- Ottawa Recreation Commission
- Ottawa University
- Paola Library
- Parent as Teachers (all counties served)
- Pediatrics & Associates Lawrence
- Plymouth United Congregational Church – Lawrence
- Ransom Memorial Hospital
- Residential Housing Authority
- Safe Home – Miami Co
- Sorting Hats Childcare
- SOS, Inc. Lyon Co
- Special Blessings Childcare
- St. Francis
- Stacy Hook Childcare
- Success of Six
- Sunflower Piece Makers Quilters Guild - Ottawa
- Three Lakes Special Education Cooperative
- Tri-Ko – Miami Co
- USD #243 Lebo-Waverly
- USD #244 Burlington
- USD #245 Leroy-Gridley
- USD #253 Emporia School District
- USD #287 West Franklin School District
- USD #288 Central Heights
- USD #290 Ottawa
- USD #365 Garnett – Anderson Co.
- USD #367 Osawatomie School District
- USD #368 Paola School District
- USD #420 Osage City
- USD #421 Lyndon
- USD #434 Santa Fe Trail
- USD #454 Burlingame
- USD #456 Marias De Cygne Valley
- USD #497 Lawrence
- WIC
- YMCA – Miami Co